



CONNEXIONPOINT
C H U R C H

WEEKLY LESSON: 11/20/16



THEME: Made for More!

MEMORY VERSE: “You say, “I am allowed to do anything”—but not everything is good for you. And even though “I am allowed to do anything,” I must not become a slave to anything. 1 Corinthians 6:12 (NLT)

*****Remember to listen to this week’s sermon, review the Sermon Notes Sheet and complete the discussion questions before attending your Connection Group.**

INTRODUCTION:

It is so tempting to give in to our physical cravings. Set things in reverse. Pretend it won’t matter. But it does matter and not just for the physical and mental setback. It’s the denial of a fundamental spiritual truth: *We were made for more than this.*

In this week’s sermon and Connexion Group Lesson we will discover that *we were made for more* than being ruled by our physical cravings and a continuous cycle of failures. We were made for victory!

OPENING DISCUSSION QUESTIONS

What is your response to the idea that we grow closer to God when we deny ourselves something that is permissible but not beneficial?

GROUP LESSON DISCUSSION

1. What was most helpful, encouraging, or challenging from this week’s sermon?
2. “*I was made for more*” is a spiritual truth that unlocks great power for Christians. When you think of your past failures and your current struggles with food, sex, or other physical cravings, how do you hope this truth might help you?
3. When you introduce yourself to someone you don’t know, how do you define yourself? By your family relationships (as a wife or husband, mother or father, married or single)? By a professional title, or lack of one? By where you live or go to church?

What might your introduction reveal about how you understand your own identity?

4. Often we define our identity by our circumstances: from a broken home, a minority, sexually abused, grew up in poverty, a single parent, or some other circumstance. Have you ever felt your identity was defined by your circumstances?

If so, what would be on your identity list?

5. Read Ephesians 1:17-20 and reflect on the key themes of the passage using the following questions.
 - a. **Never give up:** *“I keep asking.”* Do you have any reservations about asking God for wisdom and power each day to help you on this Christian journey? How do you hope persistent prayer might help you?
 - b. **Embrace your true identity:** *“Glorious Father.”* With what untruths about your identity have you struggled? How might your life change if you could embrace the truth of your identity as a child of God?
 - c. **Seek a deeper relationship:** *“So that you may know him better.”* How might God use your journey towards healthy physical living as a way to help you get to know Him better?
 - d. **Discover the ultimate hope and power:** *“That the eyes of your heart might be enlightened.”* To what degree do you feel like everything depends on you—your willpower and determination? A little, or a lot?

To what degree do you believe that the same power that raised Jesus from the dead is also available to you? A little, or a lot?

next steps

This week as you begin each day and determine whether you will rely on your own strength or God’s strength, read the following verse:

- Day 1: Ephesians 1:15-18
- Day 2: Ephesians 1:19-23; 31
- Day 3: 1 Corinthians 10:12-13
- Day 4: James 1:2-8
- Day 5: James 1:12-15
- Day 6: 1 Corinthians 6:12-14
- Day 7: 1 Corinthians 6:15-20