

ECC ANNUAL RETREAT

November 7-9, 2025, YMCA Wu Kai Sha





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Chinese YMCA of Hong Kong 2 香港中華基督教青年

SATURDAY SCHEDULE

<u>8 NOVEMBER 2025</u>

Time	Activity
8:00—8:45am	Breakfast for Friday overnight participants
	(Canteen)
10:00—11:00	Welcome & Icebreaking activity
11:00—11:10	Break
11:10—1pm	Praise & Worship; Teaching session 1, Group Discussion and Testimony
1:15—2:15pm	Lunch
	(Canteen)
2:15—4:30pm	Camp Activity Time
	- High Rope Course
	- Free Camp Activities
	- Arts & Crafts
4:30—5:00pm	Break & Room Check-in
5:00—6:15pm	Teaching session 2, Group Discussion and Testimony
6:15-6:30pm	Break / Collect food from canteen for BBQ
6:30—8:30pm	BBQ Dinner
8:30pm onwards	Free / Quiet time

SUNDAY SCHEDULE

<u>9 NOVEMBER 2025</u>

Time	Activity		
8:00am—8:45am	Breakfast		
	(Canteen)		
10:00am—11:30am	Sunday Service		
11:30am—12:00pm	Photo Time		
12:00pm—1:00pm	Lunch		
	(Canteen)		
1:00—1:30pm	Break / Room Check-out for overnight participants		
1:30—2:45pm	Sharing & Reflection Time		
3:00—5:00pm	Camp Activity Time		
	- Rock Climbing		
	- Archery		
	- Arts & Crafts		
	- Free camp activities		
5:00	Depart Camp Site		

ABOUT OUR RETREAT SPEAKER



Matt Tyler (ThM, The Southern Baptist Theological Seminary) is the Lead Pastor of Bangkok City Baptist Church in Thailand, an English-speaking church planted in August 2021. He is also a missionary with Reaching and Teaching International Ministries and a founding board member of the Saphan Siam Foundation, a ministry dedicated to strengthening Thai churches through biblical resources. He and his wife, Emily, are always joyfully tired due to their three energetic and crazy boys: Samuel (7), Calvin (6), and Owen (2). The baby of the family, Lucy, tries to calm things down.

SESSION 1—SATURDAY MORNING

"Jesus Serves You" Mark 10:45 (NIV)

⁴⁵ For even the Son of Man came not to be served but to serve, and to give his life as a ransom for many."

Discussion questions

- 1. Mark 10:45—What surprises you most about this statement? Consider what it says about God's character and how it contrasts with how power is typically used in the world.
- 2. Read Mark 10:35-45 together. What misunderstandings do the disciples have about greatness, and how does Jesus correct them? How does this help you rethink what "success" or "importance" looks like as a Christian?
- 3. Matt mentioned 8 ways Jesus serves us: Jesus creates you, sustains you, reveals God, teaches what God wants us to know, redeems, intercedes, gives gifts, and will serve us forever. Which of these aspects of Jesus' service is hardest for you to believe or remember in daily life? Why?

SESSION 1—SATURDAY MORNING

"Jesus Serves You" Mark 10:45 (NIV)

- 4. Think about a moment in the Gospels where Jesus served someone personally (for example, the Samaritan woman in John 4, washing the disciples feet in John 13, one of his healing miracles such as in Mark 10:46-52, etc.) Read that passage together. What does that moment reveal about the heart of God?
- 5. Jesus didn't serve us so we can pay him back. Where do you see "transactional relationships" in your life, and what changes when you remember that Jesus serves you freely?
- 6. Read Philippians 2:3-8. How does Jesus' humility speak into areas of pride or entitlement in your own heart?
- 7. How does remembering that Jesus continues to intercede for you (Romans 8:33-35; Hebrews 7:25) change the way you view prayer, guilt or spiritual weakness? (How might this truth give you rest instead of pressure?)

SESSION 2—SATURDAY AFTERNOON

Scripture passage—Ephesians 4:1-16 (NIV)

¹ As a prisoner for the Lord, then, I urge you to live a life worthy of the calling you have received. ² Be completely humble and gentle; be patient, bearing with one another in love. ³ Make every effort to keep the unity of the Spirit through the bond of peace. ⁴ There is one body and one Spirit, just as you were called to one hope when you were called; ⁵ one Lord, one faith, one baptism; ⁶ one God and Father of all, who is over all and through all and in all.

⁷ But to each one of us grace has been given as Christ apportioned it. ⁸ This is why it says:

"When he ascended on high, he took many captives and gave gifts to his people."

⁹ (What does "he ascended" mean except that he also descended to the lower, earthly regions? ¹⁰ He who descended is the very one who ascended higher than all the heavens, in order to fill the whole universe.)

SESSION 2—SATURDAY AFTERNOON

Ephesians 4:1-16 (NIV)

¹¹ So Christ himself gave the apostles, the prophets, the evangelists, the pastors and teachers, ¹² to equip his people for works of service, so that the body of Christ may be built up ¹³ until we all reach unity in the faith and in the knowledge of the Son of God and become mature, attaining to the whole measure of the fullness of Christ.

¹⁴Then we will no longer be infants, tossed back and forth by the waves, and blown here and there by every wind of teaching and by the cunning and craftiness of people in their deceitful scheming. ¹⁵Instead, speaking the truth in love, we will grow to become in every respect the mature body of him who is the head, that is, Christ. ¹⁶From him the whole body, joined and held together by every supporting ligament, grows and builds itself up in love, as each part does its work.

SESSION 2—SATURDAY AFTERNOON

"Jesus Equips You To Serve" Ephesians 4:1-16 (NIV)

Discussion questions

- 1. How does the imagery of the body (verses 4-6) help us understand unity and diversity in the church? What are specific ways you can help preserve the unity that the Spirit has given ECC?
- 2. Verses 11-12 say that leaders equip the saints for ministry. How does this shift responsibility from "a few leaders serve the church" to "every member serves?"
- 3. According to verses 13-16, what is the goal of all this equipping and serving? Where do you see that happening in our church? Where do you long to see it more?
- 4. What are some barriers that prevent people from using their gifts in the church? What might help overcome those?
- 5. How has someone in the church helped you grow spiritually?

SESSION 3 – SUNDAY SERVICE ORDER

Call To Worship Psalm 100 (ESV) Songs Of Worship Yet Not I But Through Christ In Me Take My Life **Pastoral Prayer** Fighter verses Sermon Text Reading Romans 12:3-12 (NIV) Pastor Matt Tyler Sermon Response Song Servant King **Discussion Time** Benediction 1 Corinthians 15:58 (ESV)

CALL TO WORSHIP

Psalm 100 (ESV)

Make a joyful noise to the Lord, all the earth! Serve the Lord with gladness! Come into his presence with singing! Know that the Lord, he is God! It is he who made us, and we are his; we are his people, and the sheep of his pasture. Enter his gates with thanksgiving, and his courts with praise! Give thanks to him; bless his name! For the Lord is good; his steadfast love endures forever, and his faithfulness to all generations.

FIGHTER VERSES

Last week's Fighter Verse: November 2, 2025

"Out of my distress I called on the Lord; the Lord answered me and set me free. The Lord is on my side; I will not fear. What can man do to me? The Lord is on my side as my helper; I shall look in triumph on those who hate me. It is better to take refuge in the Lord than to trust in man."

— Psalm 118:5-8

This week's Fighter Verse: November 9, 2025

"But godliness with contentment is great gain, for we brought nothing into the world, and we cannot take anything out of the world."

— 1 Timothy 6:6-7

SESSION 3—SUNDAY SERVICE

Scripture reading—Romans 12:3-16 (NIV)

³ For by the grace given me I say to every one of you: Do not think of yourself more highly than you ought, but rather think of yourself with sober judgment, in accordance with the faith God has distributed to each of you. ⁴ For just as each of us has one body with many members, and these members do not all have the same function, ⁵ so in Christ we, though many, form one body, and each member belongs to all the others. 6We have different gifts, according to the grace given to each of us. If your gift is prophesying, then prophesy in accordance with your faith; ⁷ if it is serving, then serve; if it is teaching, then teach; 8 if it is to encourage, then give encouragement; if it is giving, then give generously; if it is to lead, do it diligently; if it is to show mercy, do it cheerfully. ⁹ Love must be sincere. Hate what is evil; cling to what is good. ¹⁰ Be devoted to one another in love. Honor one another above yourselves. 11 Never be lacking in zeal, but keep your spiritual fervor, serving the Lord. 12 Be joyful in hope, patient in affliction, faithful in prayer. 13 Share with the Lord's people who are in need. Practice hospitality. ¹⁴ Bless those who persecute you; bless and do not curse. ¹⁵ Rejoice with those who rejoice; mourn with those who mourn. ¹⁶ Live in harmony with one another. Do not be proud, but be willing to associate with people of low position. Do not be conceited.

SESSION 3—SUNDAY SERVICE

"How To Serve The Church" Romans 12:3-16 (NIV)

Discussion questions

- 1. How does remembering that your gifts are given by gracenot earned-change the way you serve others?
- 2. Romans 12:9 says, "Love must be sincere." What does sincere, grace-motivated love look like? In what ways have you experienced sincere love at ECC?
- 3. When have you seen another believer "Joyful in hope, patient in affliction, faithful in prayer (verse 12)?" How did their perseverance help strengthen your faith?
- 4. Paul commands hospitality and practical generosity (verse 13). What are some real-life barriers that keep us from opening our homes or sharing our resources? What would it look like to take a small step toward practicing hospitality this month?

SESSION 3—SUNDAY SERVICE

- 5. What specific actions can you take in the coming weeks to "love one another with brotherly love, honor one another above yourselves, rejoice with those who rejoice, mourn with those who mourn, and/or live in harmony with one another?"
- 6. "Rejoice with those who rejoice; mourn with those who mourn. (Verse 15)." Which of these is harder for you personally, and why? What does this reveal about where God might be stretching your love for others?
- 7. Take some time to pray for one another. Begin by praising God for all the way he serves and cares for you. Then ask God to help one another and the church as a whole grow in gracemotivated service towards one another.

SONGS OF WORSHIP

And Can It Be

Verse 3

He left His Father's

Verse 1 throne above

And can it be that I should gain So free so infinite His grace

An interest in the Savior's blood Emptied Himself of all but love Died He for me And bled for Adam's

Died He for me And bled for Adam's who caused His pain helpless race

For me who Him 'Tis mercy all immense and free

to death pursued For O my God it found out me

Amazing love how can it be

That Thou my God

no more

shouldst die for me Verse 4

No condemnation now I dread

Refrain

Jesus and all in Him is mine

Amazing lave have an it has

Alive in Him my living Head

Amazing love how can it be Alive in Him my living Head

That Thou my God And clothed in

shouldst die for me righteousness divine

Verse 2 Bold I approach th'eternal throne

'Tis mystery all th'Immortal dies And claim the crown through

Who can explore His Christ my own

strange design

In vain the firstborn seraph tries

To sound the depths

Charles Wesley, Thomas Campbell

CCLI Song #25280

of love divine © Words: Public Domain; Music: Public Domain

'Tis mercy all let earth adore For use solely with the SongSelect® Terms of

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Let angel minds inquire

17

As We Gather

Chorus

As we gather may Your Spirit work within us As we gather may we glorify Your name Knowing well that as our hearts begin to worship We'll be blessed because we came We'll be blessed because we came

Mike Fay, Tom Coomes
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How Great Is Our God

Verse 1

The splendor of the King; Clothed in majesty Let all the earth rejoice; All the earth rejoice He wraps Himself in light; And darkness tries to hide And trembles at His voice; And trembles at His voice

Chorus

How great is our God Sing with me How great is our God And all will see how great How great is our God

Verse 2

And age to age He stands; And time is in His hands Beginning and the End; Beginning and the End The Godhead three in one; Father Spirit Son The Lion and the Lamb; The Lion and the Lamb

Bridge

Name above all names; Worthy of all praise My heart will sing; How great is our God

Chris Tomlin, Ed Cash, Jesse Reeves
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I Am Not My Own

Verse 1

The one who made the heavens made my heart and soul Before I drew a breath I was loved and known I am His creation the Maker's masterpiece And all that He designs will be done in me

Verse 2

My body is a temple of the Living God I'll worship in this house that His blood has bought As I bear His image O may I not profane The holiness I hold in this earthly frame

Chorus

I belong to the Lord O I am not my own I belong to the Lord I am not my own I will honor Him for this I know I belong to the Lord I am not my own

Verse 3

And if He has redeemed me I am not my own The measure of my worth is His love alone He declares my standing and He declares my state So I will know myself by the name He gave

Verse 4

I am not my own and now my heart is free O Maker come and make what You will of me There is nothing broken that You can not repair So Lord I leave my life in Your loving care

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In Christ Alone

Verse 1

In Christ alone
my hope is found
He is my light my strength
my song
This Cornerstone
this solid Ground
Firm through the fiercest
drought and storm
What heights of love
what depths of peace
When fears are stilled
when strivings cease
My Comforter my All in All
Here in the love of
Christ I stand

Verse 2

In Christ alone
who took on flesh
Fullness of God in
helpless babe
This gift of love
and righteousness
Scorned by the ones
He came to save
Till on that cross as Jesus died
The wrath of God was satisfied
For every sin on Him was laid
Here in the death of
Christ I live

Verse 3

There in the ground
His body lay
Light of the world by
darkness slain
Then bursting forth
in glorious Day
Up from the grave He
rose again
And as He stands in victory
Sin's curse has lost
its grip on me
For I am His and He is mine
Bought with the
precious blood of Christ

Verse 4

No guilt in life no fear in death
This is the power of
Christ in me
From life's first cry
to final breath
Jesus commands my destiny
No power of hell
no scheme of man
Can ever pluck
me from His hand
Till He returns or calls me home
Here in the power of
Christ I'll stand

Keith Getty, Stuart Townend CCLI Song #3350395; © 2001 Thankyou Music Ltd For use solely with the SongSelect® Terms of Use. All rights reserved. www.ccli.com

The Servant King

Verse 1

From heav'n You came helpless babe Enter'd our world Your glory veil'd Not to be served but to serve And give Your life that we might live

Chorus

This is our God the Servant King He calls us now to follow Him To bring our lives as a daily offering Of worship to the Servant King

Verse 2

There in the garden of tears My heavy load He chose to bear His heart with sorrow was torn Yet not my will but Yours He said

Verse 3

Come see His hands and His feet The scars that speak of sacrifice Hands that flung stars into space To cruel nails, Surrendered

Verse 4

So let us learn how to serve And in our lives enthrone Him Each other's needs to prefer For it is Christ we're serving

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Take My Life And Let It Be

Verse 1

Take my life and let it be Consecrated Lord to Thee Take my hands and let them move At the impulse of Thy love At the impulse of Thy love

Verse 2

Take my feet and let them be Swift and beautiful for Thee Take my voice and let me sing Always only for my King Always only for my King

Verse 3

Take my silver and my gold Not a mite would I withhold Take my moments and my days Let them flow in ceaseless praise Let them flow in ceaseless praise

Verse 4

Take my will and make it Thine It shall be no longer mine Take my heart it is Thine own It shall be Thy royal throne It shall be Thy royal throne

Frances Ridley Havergal, Henri Abraham Cesar Malan CCLI Song #1390
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Yet Not I But Through Christ In Me

Verse 1

What gift of grace is Jesus my redeemer There is no more for heaven now to give He is my joy my righteousness and freedom My steadfast love my deep and boundless peace

To this I hold my hope is only Jesus For my life is wholly bound to his Oh how strange and divine I can sing all is mine Yet not I but through Christ in me

Verse 2

The night is dark but I am not forsaken For by my side the Saviour he will stay I labour on in weakness and rejoicing For in my need his power is displayed

To this I hold my Shepherd will defend me Through the deepest valley he will lead Oh the night has been won and I shall overcome Yet not I but through Christ in me

Continues on next page

Verse 3

No fate I dread I know I am forgiven The future sure the price it has been paid For Jesus bled and suffered for my pardon And he was raised to overthrow the grave

To this I hold my sin has been defeated Jesus now and ever is my plea Oh the chains are released I can sing I am free Yet not I but through Christ in me

Verse 4

With every breath I long to follow Jesus For he has said that he will bring me home And day by day I know he will renew me Until I stand with joy before the throne

To this I hold my hope is only Jesus All the glory evermore to him When the race is complete still my lips shall repeat Yet not I but through Christ in me

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UPCOMING EVENTS AND GATHERINGS

Date Every Wednesday	Time 10:30am	Event Women's Bible Study	V enue 4/F *MC
Every Wednesday Night	7:30pm	Adult Education: Bible Study	4/F *MC
November 30	12:30pm	Church Chat and AGM	4/F *MC



Ways To Give

^{*}Ministry Center, Metropole Building

CONTACT US

If you have any questions for our staff or need assistance in any way, please email us.

Elders (elders@ecchk.org)

Adam McCulloch (Pastor)

Gideon Chee

Jackson Cheng

Rickie Hung

Staff (info@ecchk.org)

Adam McCulloch — Pastor

Ellen Ibarra — Women's Ministry Senior Associate

Grace Tang — Accounting & Administration Manager (Part-time)

Greg Ng — Senior Worship Associate

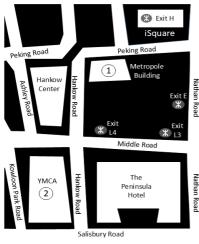
Joey Keung — Administration (Part-time)

Kathy Wong — Director of Administration

Rebecca Pesquera — Children's Ministry

Shannon Brown — Director of Ministries

ECC LOCATIONS



ECC Office

6/F, Metropole Building,
53 Peking Road, Tsim Sha Tsui, Kowloon

ECC Ministry Center (Metropole MC) 4/F, Unit 401-403, Metropole Building, 53 Peking Road, Tsim Sha Tsui, Kowloon

YMCA
(Sunday Worship Service)
4/F, Assembly Hall,
41 Salisbury Road, Tsim Sha Tsui, Kowloon



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Church Retreat Feedback Form