



*Heavenly Father, I thank you for loving me.
I thank you for sending your Son, Our Lord Jesus Christ,
to the world to save and to set me free.*

*I trust in your power and grace that sustain and restore me.
Loving Father, touch me now with your healing hands,
for I believe that your will is for me to be well in mind, body, soul and spirit.*

*Cover me with the most precious blood of your Son, our Lord
Jesus Christ from the top of my head to the soles of my feet.
Cast anything that should not be in me.*

*Root out any unhealthy and abnormal cells.
Open any blocked arteries or veins and rebuild and replenish any damaged areas.*

*Remove all inflammation and cleanse any infection
by the power of Jesus' precious blood.
Let the fire of your healing love pass through my entire body
to heal and make new any diseased areas so that my body
will function the way you created it to function.*

Touch also my mind and my emotion, even the deepest recesses of my heart.

*Saturate my entire being with your presence, love, joy, and peace and draw me
ever closer to you every moment of my life.*

*And Father, fill me with your Holy Spirit and empower me to do your works so that
my life will bring glory and honor to your holy name. I ask this in the name of the
Lord Jesus Christ. Amen.*

— Saint Padre Pio

In Loving Memory of



Thomas Burgess Heestand

February 18, 1954 — August 21, 2025



Thomas Burgess Heestand was born on February 18, 1954 in Portland, OR, and grew up in Lake Oswego. He was the middle child of Robert & Ann (Burgess) Heestand with an older sister and younger brother. He enjoyed playing basketball, scouting, skiing and learned how to fly fish from his maternal grandfather. He also loved spending time at the family cabin on Mt. Hood and at his great aunt's beach house in Lincoln City. At age 18 he climbed Mt. Hood – one mountain was enough for him!

After graduating from Lake Oswego High School in 1972, he attended Whitman College where he met Jean Oldfield, his future wife, in the spring of their sophomore year. Six weeks after their first date, they decided to get

engaged and were married a year later (August 1975) after transferring to the University of Washington to pursue their academic interests.

Tom and Jean joined University Presbyterian Church, were active in University Ministry, taught Sunday School and served as Deacons. Tom graduated from the UW in 1977 with a double major (Communications and Economics). After working some temporary jobs, he was hired by Rainier Bank in University Village and weathered all the changes of name/ownership, retiring from Bank of America after 30 years.

While Tom was beginning his career, Jean was attending graduate school at the UW during which time their daughters, Rebekah & Meredith, were born. The family moved from Seattle to Bothell in 1987 and began attending North Creek Presbyterian Church in Mill Creek. Tom served as a Deacon and was active in Prison Ministry.

For many years Tom drove the Matthew House van from Seattle to Airway Heights Correctional facility once a month, making it possible for inmates' families to visit them. Tom also volunteered at Washington Talking Books & Braille Library as an audio editor for many years. For several years Tom was a volunteer tax preparer for AARP.

Tom enjoyed camping, fly fishing, downhill skiing, hiking, walking, musical theater, and spending time at the family beach house. He especially enjoyed spending time with his children and grandchildren and attended as many sporting or school events as he was able to make and was happy to read them as many stories as they wanted.

Tom was diagnosed with bladder cancer Aug 22, 2018 and passed away Aug 21, 2025. He is survived by his wife Jean; daughters Rebekah (Brad) & Meredith (Mitch); and three grandchildren: Raegan, Casen and Orion. He is also survived by his sister Nancy Savage (Gresham, OR) and brother Bill Heestand (Round Rock, TX).

A Celebration of Life in Memory of

Tom Heestand

North Creek Presbyterian Church, Mill Creek, Washington

Prelude

Family Procession

Welcome & Opening Prayer

Hymn

Be Thou My Vision

Scripture

Psalm 23; Isaiah 41:10; Philippians 4:4-7

Message of Comfort & Hope

Hymn

It is Well With My Soul

Eulogy

Writing Memories

Family Sharing

Rebekah Aeschliman, daughter

Meredith Heestand, daughter

Open Sharing

A Life in Pictures

Closing Prayer

Hymn

Amazing Grace

Benediction

Recessional

Reception to follow in Fellowship Hall

We wish to thank Rev. Kurt Helmcke, Officiant; Kate West and the Media Team; Diana Hunt & the Memorial Team; Kristi Wiant & Adrienne McGruder, Music; Carol Dunham, Flowers.

Memorial gifts may be offered to **Washington Talking Books & Braille Library** (www2.sos.wa.gov/donate/wtbbl) or **The Evergreen Health Foundation Hospice Care**, (12040 NE 128th St, MS 5, Kirkland, WA, 98034) (evergreenhealthfoundation.com/hospice-support).