

World Vision®

30 HOUR
FAMINE

Take a youth group retreat, awesome Bible studies, games, inspirational videos, and more — and mash them all up into an unforgettable day-and-a-half of going without food to raise awareness of people who suffer from hunger.

North Creek Youth

(with Calvin & Snohomish Youth)



When: Friday-Sat., February 22-23, 2019

Meet at NCPC Youth Room at 6:30 PM

Where: North Creek Pres. Church (w/ travel to local service orgs)

Cost: \$0

Required Forms: Permission Slip (below) & NCPC Medical Release

Bring: Sleeping Bag, Pillow, Overnight Bag (toiletries), Bible

Schedule

FRIDAY

12:00 Noon > **Start the famine** (your last meal is lunch...no snacking!).

6:30 PM > Meet at NCPC to join students from three area churches.

SATURDAY

Fun Program & Local Service Opportunities all day

6:00 PM > Break famine with a Special Feast!

7:00 PM > Event Ends

Fasting Safety

While we will be going 30 hours without food, our bodies need plenty of fluids to keep functioning. Drinks that provide nutritional requirements (water, sports drinks, juice) will be available to students throughout the event.

PERMISSION SLIP (complete and bring to event)

Youth Name: _____

Has my permission to travel as per above with North Creek Presbyterian Church

(Parent Printed and Signed Name)

Parent Emergency Phone Number: _____

Current Year Medical Release Form is required. Find one at www.northcreekpres.org (youth page).