

— BUILT ON TRUTH. ROOTED IN CHRIST. —

Follow.

A 12-WEEK DEVOTIONAL JOURNEY

— WITH DAILY BIBLE READING & STUDY QUESTIONS —



TWELVE WEEKS OF
DISCIPLESHIP.



FIVE DAILY
DEVOTIONS.



EIGHT STUDY
QUESTIONS
EACH DAY.



ONE ONGOING
CONVERSATION
WITH JESUS!



TEACHING THEM TO OBSERVE EVERYTHING
I HAVE COMMANDED YOU.

— *Matthew 28:20*

Follow

A 12-Week Discipleship Devotional Journey

With Daily Bible Reading & Study Questions

Translation: Christian Standard Bible (CSB)

Twelve weeks of Discipleship.

Five daily devotions.

Eight study questions each day.

One ongoing conversation with Jesus!

Name: _____

Disciple: _____

Start Date: _____

How This Journey Works

Matthew 28:19-20 – "Go, therefore, and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe everything I have commanded you. And remember, I am with you always, to the end of the age."

- **GO** to pursue the journey on which one has entered.
- **MAKE DISCIPLES** To teach, instruct
- **BAPTIZE** Our public union and identification with Christ
- **TEACH TO OBSERVE** Instill doctrine, to observe/guard
- **I AM WITH YOU** You are not alone with going, making, baptizing and teaching.

This devotional is intended to guide 1-2 disciple(s) and a disciple maker walking together, one week at a time, over twelve weeks. Each week carries one theme and five short devotions — one for each weekday.

Devotion structure:

- **Optional Reading** – a short list of chapters tied to the day's theme, if you want fuller context before, or after, diving in. Reading assignments are given as book and chapter references only, so any Bible or app your group already uses will work — no CSB copy is required to follow the plan.
- **A key verse** – meant to anchor the day.
- **A short devotional reflection**
- **Eight Bible study questions** – each one points to a specific verse. Answer what the text actually says, not how it makes you feel, to build the habit of studying scripture directly.
- **A Reflect question** – to sit with personally.
- **A Journal prompt** - to capture what impacted you.

Once a week, you'll also find a **Memorization prompt** - a chance to identify one verse to carry with you beyond that week.

A Simple Rhythm for Each Devotion

- **Pray** God will speak to you during this time you are committing to growing near to Him.
- **Read** the short devotional reflection and its verse.
- With your **Bible open**, work through the eight study questions, writing your answers directly from the text.
- **Reflect** on the questions and scripture. The best time being immediately after you have completed all the questions, while it's all fresh and your Bible is still open, but also as you go on your day's journey. Keep a journal of additional questions or things to talk through with your disciple maker.
- **Pray** God will give you wisdom and discernment for how to apply what you have read and studied.
- **Optional reading** - If you find yourself longing for more – read the full chapters where the verses were found for more context.

Scripture quotations are from the Christian Standard Bible® (CSB®), Copyright © 2017 by Holman Bible Publishers. Used by permission. All rights reserved.

Contents

- Week 1** A New Life: Burying the Old, Raising the New
 - Week 2** Anchored: Faith and Hope
 - Week 3** An Empowered Journey: The Holy Spirit
 - Week 4** Who's in Charge: Lordship, Obedience & Freedom
 - Week 5** First Things First: Priorities
 - Week 6** Hungering for the Word: Spiritual Satiation and God's Word
 - Week 7** Speaking with God: Prayer & Worship
 - Week 8** Family Ties: Fellowship & Spiritual Family
 - Week 9** News Worth Sharing: Testimony and the Mission
 - Week 10** Following Your Calling: God's Will & Discipleship
 - Week 11** A Full Heart: Biblical Prosperity, Joy & Generosity
 - Week 12** Child of Promise Held by Hope: Resurrection & Judgment
-
- Appendix A** Next Step – Go!
 - Appendix B** Bible Reading Checklist (all 66 books)

Week 1

A New Life: Burying the Old, Raising the New

This week is about naming what separates us from God and receiving what Jesus did to close that gap for good.

Day 1 — What Sin Really Costs

Optional Reading: Genesis 3 • Isaiah 59 • Romans 3 • Psalm 51 • Romans 5 • Romans 6

“For the wages of sin is death, but the gift of God is eternal life in Christ Jesus our Lord.” (Romans 6:23)

Sin isn't just breaking a rule. It's a debt that quietly accumulates every time we choose our own way over God's. As an unbeliever, most people don't feel the weight of that debt day to day — we feel it in the moments we're most honest with ourselves: resentment we can't let go of, the habit we can't break, the distance we feel from God even when we're not sure why.

Scripture doesn't soften this. It calls the wage of sin exactly what it is — death and eternal separation, a never-ending tragedy. But it doesn't stop there. The very same verse pairs that cost with a gift that erases it entirely.

Bible Study Questions

1. Read Genesis 3:1-6. What three things did Eve know about the fruit before she ate it? Who informed Eve?

2. Read Genesis 3:12-13. Who does Adam blame for his sin? Who does Eve blame?

3. Read Isaiah 59:2. What happens as a result of sin?

4. Read Romans 3:23. What happens when we sin?

5. Read Psalm 51:1-2. List the things David asks God to do in these verses. What was David's emotional state?

6. Read Romans 3:24. According to this verse, how are people “justified freely”?

7. Read Romans 5:8. What does this verse say God demonstrated toward us, and when?

8. Read Romans 6:23. What does sin earn us? What has God gifted us?

Reflect: *Where have you felt the quiet cost of sin in your own life lately — in a relationship, a habit, or your sense of distance from God?*

Journal: *What impacted you during this devotion? How will you apply this to your life?*

Day 2 — Grace That Rescues

Optional Reading: Luke 15 • Romans 5 • John 3 • Ephesians 2 • Romans 8 • Titus 3

“For you are saved by grace through faith, and this is not from yourselves; it is God’s gift — not from works, so that no one can boast.” (Ephesians 2:8–9)

Grace – a gift you can’t earn, and a gift you can never lose.

Imagine walking into the most important interview of your life with an empty resume, no references, and a history that disqualifies you on sight – yet being hired anyway, on the spot, no questions asked.

That’s not how anything else in life works, but it’s exactly how God’s grace works.

Bible Study Questions

1. Read Luke 15:11-20. What happens to the father when he sees his son “still a long way off”? What does the father do?

2. Read Luke 15:22–24. What does the father orders his servants to do? Why would he do these things for a son who saw himself as unworthy?

3. Read Romans 5:8. According to this verse, when did Christ die for us? What does this timing have to say about God’s grace?

4. Read John 3:16. What did God give? What happens to everyone who believes in him? Why did God give?

5. Read Ephesians 2:8. Complete the verse: “For you are saved by ____ through ____, and this is not from yourselves; it is God’s ____.”

6. Read Ephesians 2:9. According to this verse, what is salvation not a result of?

7. Read Romans 8:1. Complete the verse: “Therefore, there is now no ____ for those in Christ Jesus.” Why not?

8. Read Titus 3:5. According to this verse, what is the reason God acted? According to Eph 2:4-5 Why would He save us?

Reflect: *What’s one area of your life where you’re still trying to earn something God has already freely given you?*

Journal: *What impacted you during this devotion? How will you apply this to your life?*

Day 3 — Believing vs. Trusting

Optional Reading: John 1 • Hebrews 11 • 2 Cor 5 • Joshua 6 • John 20 • John 14 • Mark 5

“You believe that there is one God. You do well! Even the demons believe — and tremble.” (James 2:19 - NKJV)

You have spent your whole life earning something. Grades were earned by your performance. Paychecks were earned by our labor. A reputation earned – and defended – one decision at a time. In that system, a man-made system, you never catch up.

Grace is not one more system to measure your performance. It is superior! It’s the one gift you cannot earn your way into, and – this is the part that should stop you – cannot lose your way out of. The only requirement – BELIEVE in Jesus Christ. No repayment. It is finished!

Bible Study Questions

1. Read John 1:12. According to this verse, what right is given to those who believe in Jesus?

2. Read Hebrews 11:1. Complete the verse: “Now faith is the reality of what is hoped for, the proof of ____.”

3. Read 2 Cor 5:7. According to this verse, what do believers walk by, and what do they not walk by? What does that mean?

4. Read Joshua 6:2-5 and Heb 11:30. What did Israel do that made no military sense and what does Hebrews 11 say was the reason it worked?

5. Read John 20:27-29. How does Jesus help Thomas overcome doubt? What does Jesus tell Thomas about doubt?

6. Read Mark 5:36. What does Jesus tell Jairus to do instead of being afraid?

7. Read Hebrews 11:6. According to this verse, what two things must anyone who comes to God believe?

8. Read John 14:1. What two things does Jesus tell his disciples to believe in?

Reflect: *Would you pursue something with all you have, if you didn’t believe it existed? How does your current pursuit of Christ reflect your belief in Him?*

Journal: *What impacted you during this devotion? How will you apply this to your life?*

Day 4 — Buried and Raised: What Baptism Means

Optional Reading: Luke 23 • Matthew 3 • Acts 2 • Acts 16 • Romans 6 • Colossians 2

“We were therefore buried with him by baptism into death, in order that, just as Christ was raised from the dead by the glory of the Father, so we too may walk in newness of life.” (Romans 6:4)

Baptism doesn't save you; there's nothing magical about the water — it declares publicly what has already happened privately - between you and God. Going under the water resembles burying an old life; coming up represents being raised into a new one. It's a public physical representation of an invisible spiritual reality.

The water doesn't save you — it exposes you, as someone who already changed sides, following in Christ's footsteps.

Bible Study Questions

1. Read Luke 23:39-43, Rom 10:9. Is baptism required as a part of salvation?

2. Read Matt 3:13-17. If baptism is not required for salvation, why should we be baptized?

3. Read Matthew 3:16. What two things happen immediately after Jesus comes up out of the water?

4. Read Matthew 3:17. Write out the exact words the voice from heaven says. Whose voice comes from heaven?

5. Read Acts 2:38. List the two things Peter tells the crowd to do.

6. Read Acts 16:33. What did the jailer do at about midnight? *(Imagine such excitement to be baptized at midnight!)*

7. Read Romans 6:4. Complete the verse: “We were therefore buried with him by baptism into ____.”

8. Read Colossians 2:12. List the two things this verse says happened “with him” in baptism.

Reflect: *What has changed in your life since coming to salvation? Why is baptism so important?*

Journal: *What impacted you during this devotion? How will you apply this to your life?*

Day 5 — Your New Identity in Christ

Optional Reading: 2 Corinthians 5 • Galatians 2 • Ephesians 1 • Ephesians 4 • Colossians 3 • 1 Peter 2

“Therefore, if anyone is in Christ, he is a new creation; the old has passed away, and see, the new has come!”
(2 Corinthians 5:17)

Old labels are sticky and stubborn. Failure, addiction, shame, whatever name life has pinned on you, whatever name you have pinned on yourself — those labels don't disappear the instant you believe. You won't be perfect overnight. You will still fail, but every one of those labels was for someone who no longer exists.

That person — the one whom the world named — DIED. The person who now LIVES is someone God calls a new creation and has accepted as His child. He has never been wrong about who you are.

Bible Study Questions

1. Read 2 Corinthians 5:17. Complete the verse: “The old has passed away, and see, the _____!”

2. Read 2 Corinthians 5:21. What does this verse say Jesus, “who had no sin,” became for us? Why?

3. Read Galatians 2:20. According to this verse, who now lives in us, after we become crucified with Christ?

4. Read Ephesians 1:5-6. According to this verse, we are what through Jesus Christ?

5. Read Ephesians 4:24. What are we to “put on”? Why?

6. Read Colossians 3:9–10. List what we are to “take off” and then “put on”. Why?

7. Read 1 Peter 2:9. List the titles given to believers in this verse.

8. Read 1 Peter 2:10. What contrast does this verse draw between “once” and “now”? Why?

Reflect: *What old label are you tempted to still believe about yourself, and what does God call you instead?*

Journal: What impacted you during this devotion? How will you apply this to your life?

Memorization: What verse this week impacted you in a way that you should commit it to memory?
