Unitarian Universalist
CONGREGATION OF CENTRAL NASSAU



SUNDAY WORSHIP SERVICE

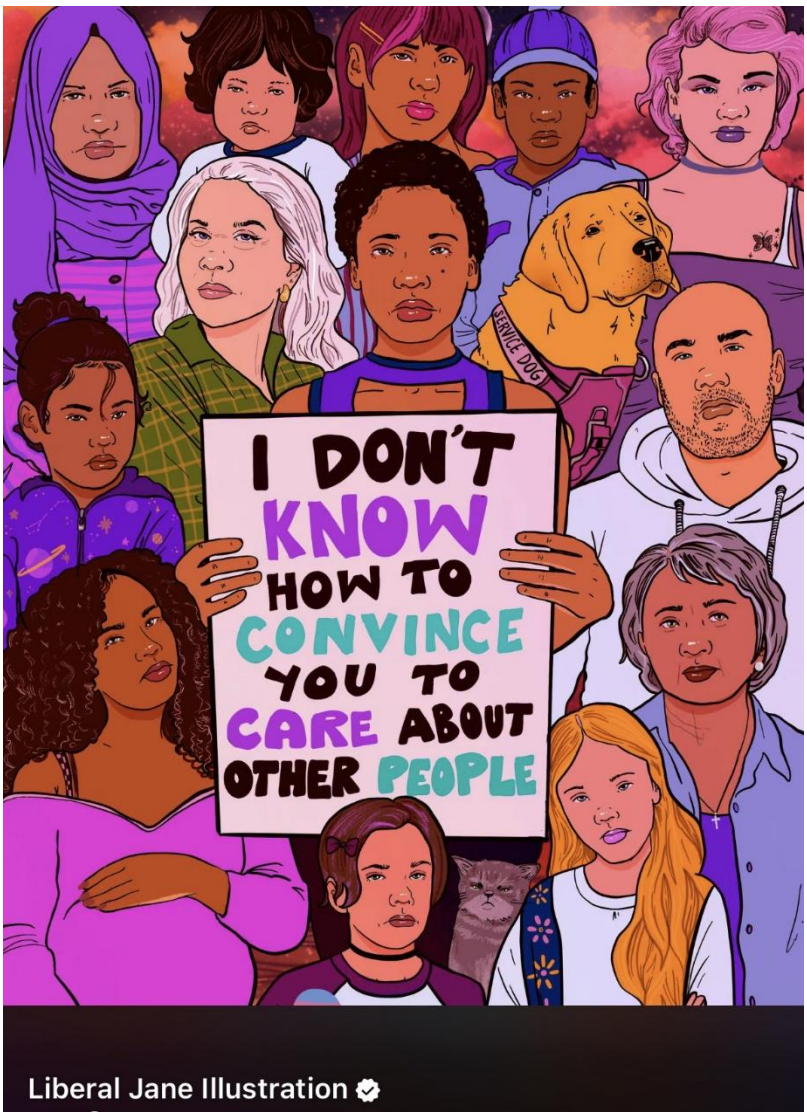
November 15, 2026 at 11:00 am

If you would like to join us virtually the link is down below:
https://www.youtube.com/channel/UC6UHqS_OTHDrNw8hP1OAGnQ

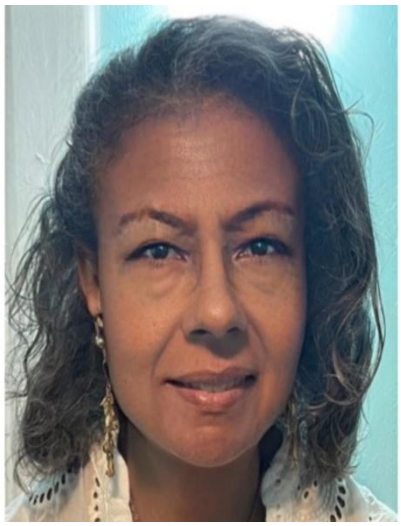
Service will be led by Rev. Carol Huston

SUNDAY WORSHIP SERVICE

See other recent Worship Services on UUCCN's Facebook page.


I DON'T KNOW HOW TO CONVINCE YOU TO CARE ABOUT OTHER PEOPLE
SERVICE DOG
Liberal Jane Illustration

MINISTER'S MESSAGE



Dear UUCCN,
We again want to thank the community who came together to support our annual Pumpkin Patch. It was a great success, thanks to everyone who helped us. We are deeply grateful for your continued support!

Thank you to all who participated in doing your civic duty, which is also our Fifth Principle: participation in the democratic process. Every voice matters and deserves to be heard and respected. What unites us all are paying attention to the issues: Affordability, health care, ending corruption, ending illegal prosecutions and family separation. Ending an illegal war.

On November 22nd after the service, we will have a presentation on Cyber Safety for Seniors. Unfortunately the holiday season also brings out those who look to take advantage of people- and yes, this could be at any time but particularly for the holidays. Bernie Thombs is a qualified security expert and will share his presentation with our congregation. Be sure to come and bring a friend! This will take place during Sweet Tooth, after the service.
Looking forward to having you join us for this important conversation.

I would like to congratulate the members of Long Island Advocates for Police Accountability and The Corridor Counts (TCC) for their efforts in getting out the vote. They made significant gains in Nassau County, working to support the needs of the community.

Thank you to all who attended and worked to make the concert in support of Doctors Without Borders on November 1st. The music was amazing as well as the dinner which followed.

We are so grateful for your support of our community.

Please join us for the Monday evening meetings to stay on top of issues affecting the community.

LIAPA UPDATE

https://us02web.zoom.us/j/85205749096?pwd=VWL9IKFO0ayearK5keKEPxm3waZ3eb.1

In Faith,

Rev. Petra

MINISTER'S OFFICE HOURS:

SPECIAL EVENT!

My office hours will be on Wednesday, December 2nd at 1pm.

SEE PDF Regarding Letter

Our UUCCN Board Members Welcome You!



Anita Coddington- Board Member, House and Grounds, Rentals



Gerri Forrai- Board Member, Stewardship Committee



Dr. Janice Marie Johnson- Board Member, Caring Committee and Outreach Committee



Georgie Collins- Board Member



Adam Marczyk Board Member, Secretary,

UUCCN ANNUAL EVENTS - SAVE THE DATE

Sunday, November 22, 2026 --- Cyber Security Presentation following the service

Sunday, December 6, 2026 — Kwanza

Sunday, February 7, 2027 from 2-5pm at Frantz Hall- Film Screening: Saving Ferris Butler

Saturday, May 16, 2027 — Stewardship Dinner and Service Auction, 5–8 p.m.

Saturday, June 6, 2027 — Religious Education Sunday

Saturday, June 6, 2027 — Annual Meeting after service

Saturday, June 13, 2027 — Juneteenth

Saturday, June 20, 2027 — Father's Day; last day of regular service

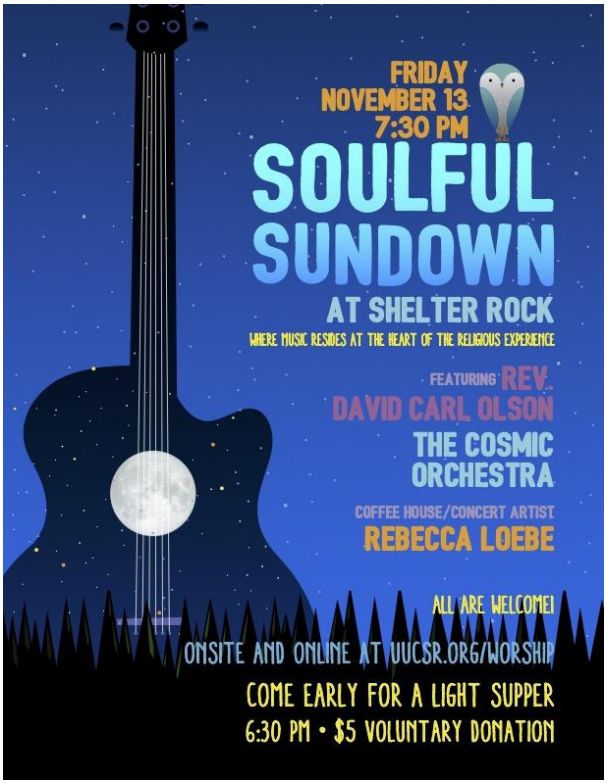
Tuesday, June 23, 2027 — General Assembly

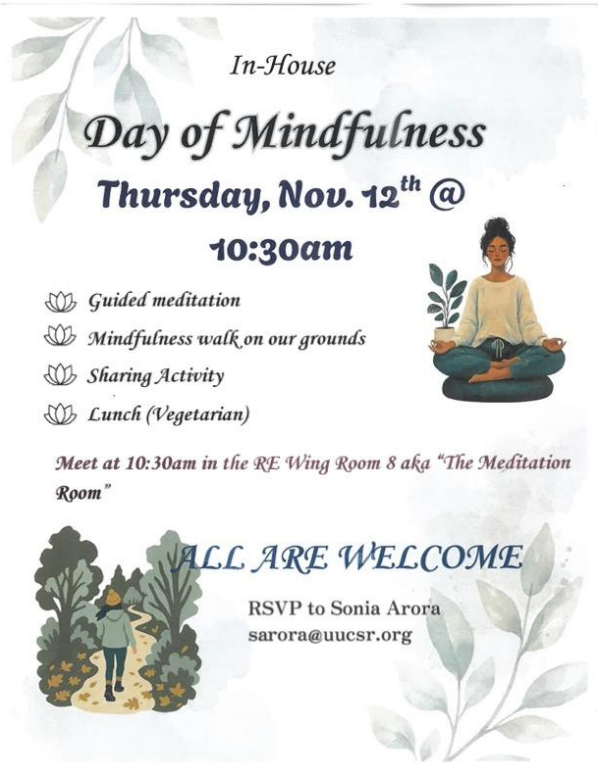
Saturday, June 27, 2027 — Summer Services begin

Social Justice

On Thursday, the Social Justice Committee is having a Day of Mindfulness from 10:30 to 1:00, including a light lunch. The guided meditation will be on bringing mindfulness practice to our work for social justice. It will be an intimate time, and anyone from UU Central Nassau who wishes to attend is entirely welcome. RSVP to Sonia Arora <sarora@uucsr.org>

On Friday evening we have our Soulful simple super, service and featured artist. This month is Rebecca Loebe who is a UU and currently touring UU coffeehouses in New England. It will be a fun time and everyone is welcome. (This is also live-streamed which I think you can access through the Calendar on our website, www.uucsr.org


FRIDAY
NOVEMBER 13
7:30 PM
SOULFUL
SUNDOWN
AT SHELTER ROCK
WHERE MUSIC RESIDES AT THE HEART OF THE RELIGIOUS EXPERIENCE
FEATURING REV.
DAVID CARL OLSON
THE COSMIC
ORCHESTRA
COFFEE HOUSE/CONCERT ARTIST
REBECCA LOEBE
ALL ARE WELCOME!
ONSITE AND ONLINE AT UUCSR.ORG/WORSHIP
COME EARLY FOR A LIGHT SUPPER
6:30 PM • $5 VOLUNTARY DONATION



Doctors Without Borders concert

Our Music Director, Michael Sansonia, organized his talented musician friends to perform a wonderful show in support of Doctors Without Borders. They truly rocked the full house!

The concert was followed by a delicious buffet dinner lovingly prepared by the wonderful women of UUCCN.

Thank you to all who attended, donated, and brought their families and friends. And to those behind the scenes who organized, did the heavy lifting of setting up the event and putting everything away, we deeply appreciate everything you have done.

You help to keep our community going forward!





Pumpkin Patch 2026

We had a visit with Rev. David Olsen from Unitarian Universalist Congregation at Shelter Rock. Our congregation is collaborating with Shelter Rock to support each other

and Unitarian Universalism on Long Island.



Thank You For All The Help With The 2026 Pumpkin Patch!

We want to acknowledge with gratitude the members and friends of UUCCN, who worked tirelessly to make this year's Pumpkin Patch a success for our congregation and the Navajo Nation with whom we partner.

This is our main fundraising event. It truly takes a village to accomplish the goal of sustaining our congregation.

We look forward to having you join us for Sunday services and other events in the near future!

Blessings to you all!

Share The Plate for November

Ramapough Mountain Indians, Inc. was created in 2009 by the tribal leaders as a nonprofit organization. The Ramapough Lenape Community Center has been a place

for the Ramapough people to gather as well as other Indigenous relatives.
We offer programs for adults and youth focused on teaching and learning culture and traditions.
Rev. Petra Thombs has worked with the Ramapough Center for many years. Please give as generously as you can for November's Share the Plate recipient.

Please mail a check made out to UUCCN with "Share the Plate" written on the memo line or go online to: www.uuccn.org/donate**.**

Special Alert- Scammers

Dear Community,
Please be aware that scammers are sending out invitations and or requests for funds. If you receive something like this please delete it. If you are unsure, check with the person directly to confirm that it came from them. We need to take care of each other. Be safe out there!

Helpful Strategies for Dealing with Members of Hate Groups

Dear UUCCN,

I found this information from my friend and colleague, Rev. Kate Lore. Please take the time to read it and reflect on it as it is helpful for addressing the frustration many are experiencing.

How To Deal With Members of Hate Groups: (this is the 2nd of 2 posts on Hate Groups. The prior post deals with WHY people join Hate Groups).

1) PROTECT THOSE WHO ARE TARGETED. The first priority is always the safety of people threatened by hate. That means:

* Enforcing laws against violence, harassment, and intimidation.
* Protecting vulnerable communities.
* Challenging hate speech when it incites violence or dehumanizes others.
* Strengthening democratic institutions and the rule of law.

Compassion for individuals should never come at the expense of the safety of those they target.

2) SEPARATE THE PERSON FROM THE IDEOLOGY. Many people who have left hate groups say that what helped them change was encountering people who refused to reduce them to their worst beliefs while also refusing to excuse those beliefs.

This is different from tolerating hate. It means holding two ideas together:
* Every person has the capacity to change.
* Harmful beliefs and actions must be confronted.

3) DON'T EXPECT FACTS ALONE TO CHANGE MINDS. Research consistently shows that simply presenting more evidence rarely changes deeply held extremist beliefs.

People are more likely to change when:

* Someone they trust asks genuine questions.
* They experience contradictions between the movement's promises and reality.
* They develop meaningful relationships outside the group.

4) REDUCE ISOLATION. Former extremists often describe leaving as incredibly lonely.

Organizations that help people disengage from hate groups focus on helping them build:

* New friendships.
* Employment.
* Purpose.
* A sense of identity beyond the movement.

Without alternatives, people often return to the only community they know.

5) HOLD LEADERS ACCOUNTABLE. There is an important distinction between:

* Someone struggling to leave an extremist ideology.
* Someone recruiting others, organizing violence, or profiting from hate.

The latter requires accountability through legal and civic institutions.

WHAT PEOPLE WHO LEFT HATE GROUPS OFTEN SAY: Former members of extremist organizations frequently describe a similar pattern:

* They were welcomed before they were indoctrinated.
* They found identity and purpose.
* Over time, the ideology became more extreme.
* What finally broke through was often an unexpected act of kindness or a relationship that challenged their assumptions—not because kindness erased accountability, but because it made a different identity imaginable.

Please note: I know this work isn't for everybody. But as Dr. King once said, resisting injustice and loving the person committing it were not opposites. He believed people should resist systems of oppression vigorously while leaving open the possibility of personal transformation. I agree.

When Black Women Gather CAPITAL B: Federal court rules there is no constitutional right to safe drinking water

Federal court rules there is no constitutional right to safe drinking water

A federal appeals court has used a decades-long water crisis in one of the Blackest cities in America to rule that the U.S. Constitution does not guarantee Americans the right to clean and safe drinking water.

Read in Capital B: https://apple.news/AMXxa5732Rb-prcgLs-dS9A

Religious Education

RE Session Summary – November 8, 2026

This Sunday, we continued exploring November's Soul Matters theme of Healing, building on our previous discussion about how memories can help us maintain meaningful connections and carry forward the love and lessons we've received from others. We also introduced this week's focus on healing through kindness.

We began with our chalice lighting before revisiting our Memory Tree, a creative activity carried over from the previous week's lesson. Students ventured outdoors to collect fallen autumn leaves, each representing a meaningful memory, person, or experience that has helped shape their lives.

After returning indoors, we reflected on the significance of the leaves we had collected. Students shared the memories associated with their leaves before attaching them to a sheet of construction paper. As the paper gradually filled with colorful autumn leaves, it became a visual representation of the people, experiences, and relationships that have influenced us.

The activity encouraged students to consider how memories can preserve meaningful connections and how the kindness, wisdom, and love we've received from others can continue to influence our actions. We connected these reflections to the Unitarian Universalist core value of Love, emphasizing that one way to honor those who have shaped our lives is to carry their positive influence forward.

We also explored Diwali, the Festival of Lights, celebrated on November 8 this year. Using a small light as a visual symbol, we discussed how kindness can bring hope, comfort, and encouragement to others, much like a light brightens a dark space.

Our discussion invited students to consider how even small acts of kindness can positively influence someone's day and potentially inspire further kindness. This connected to the UU value of Transformation, reminding us that positive change can begin with seemingly simple actions.

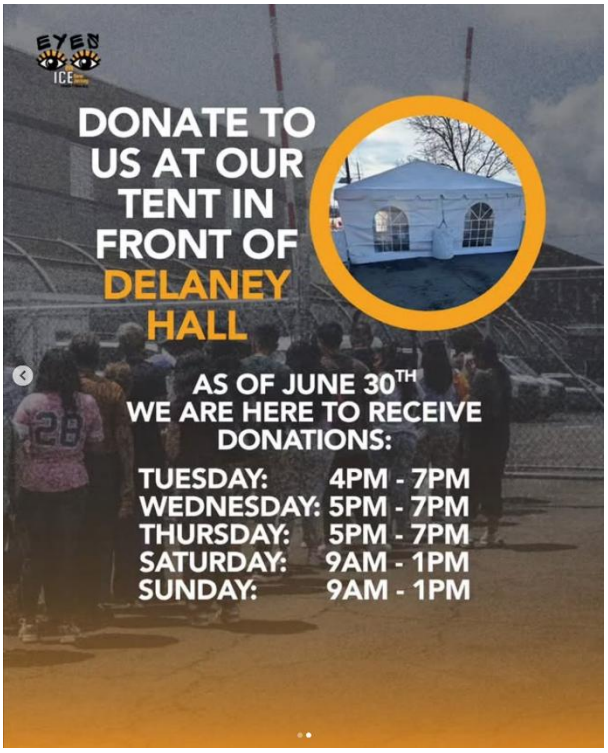
We concluded with our chalice extinguishing and a reminder that we can contribute to healing in our communities by remembering the love we've received and extending that same kindness and compassion to others.

Warmly,

Ashley

IIJA


EYES ICE
THINGS TO DONATE
THIS WEEKEND, VISITORS WILL WAIT OUTSIDE IN DANGEROUS TEMPERATURES ABOVE 100° F TO VISIT THEIR LOVED ONE AT DELANEY HALL. HELP US KEEP PEOPLE COOL BY DONATING THESE ITEMS!
• PEDIALYTE
• PACKETS OF LIQUID IV
• COOLING PACKS
• UMBRELLAS
• CAPRI-SUNS
• HONEST KIDS JUICE BOXES
• BATTERY RUN HAND-HELD FANS



LISTEN: New Performance by Shaina Taub for Immigrant NY - NYCLU

https://www.nyclu.org/resources/campaigns-actions/campaigns/huddled-masses

Does Anyone Have a Piano Lamp?

Michael Sansonia has requested a little bit more light over the piano. A piano lamp would be great!
Please contact Jessica or a Board Member with your donation.

STEWARDSHIP

Please send in your pledge form for the new congregational year.

We are all Stewards of UUCCN. Your pledges and gifts sustain our congregation! We look forward to hearing from you. Contact: **Gerri Forrai** at gerriforrai@gmail.com (516) 567-1066
Anita Coddington at anitagesky@aol.com (516) 581-2603

Once again, it is time for the Stewardship Committee to ask you to join us in supporting our congregation in the coming year. By renewing our financial commitment, we support our mission of making a difference here and in the world. This congregation belongs to each of us. It is our spiritual home and our beloved community.

Your pledge provides the salaries for our minister, religious education teacher, our musical director as well as the administrative assistant. It pays for the utilities, insurance, maintenance and the heating of our building, as well as any capital campaign improvements.

Please review your pledge form, fill it out promptly and return it. You can mail it,

bring it in on Sunday, drop it in the office, or pledge on our website (uuccn.org). Thank you for your support and participation in UUCCN. We couldn't do it without the help of every member and friend.

Donate / Pledge Payment

ARTICLE II AND OUR UU PRINCIPLES

Our congregation has responded to updating our affirmation with this responsive reading shared during our services:

- Love is at the heart of our values.
- *We promise to live our values everyday with love at the center of all things.*
- Equity is the value of our inclusive community.
- *We believe in the inherent worthiness of all.*
- Interdependence teaches us, we are all connected.
- *We will only be made whole when we live as co-inhabitants of the world.*
- Justice is essential for peace and building a Beloved Community.
- *We will work to dismantle racism and other oppressions in ourselves and in our institutions.*
- Generosity expresses compassion, gratitude, and hope.
- *We will offer our faith, ourselves, and our resources.*
- Pluralism encourages respect for diverse beliefs.
- *And allows us to be curious, as we learn from one another.*
- Transformation allows us to adapt to an ever-changing world.
- We are evolving and growing; we are never perfect

Please read updated information regarding Article II.

UU HOUSING

Have you thought about moving? Why not think about living in the vibrant

community of Port Washington on Long Island! How about considering living at Hadley House, a 40 unit apartment building for Independent Seniors for UU members and their families? If you have any questions about the availability of units or how to apply they can be answered by the Social Worker in the building, Susan Bagnini, 516-944-8457. A descriptive brochure is available on request.

RENTERS NEEDED

UUCCN's excellent location makes it a great site for renters. We are looking for new organizations that would be a good partner for UUCCN. Please share this with any interested groups and contact Maria Sutton in the UUCCN office for more information at uuccn@aol.com or call (516) 248-8855.

CARING COMMITTEE

Janet McShea, Phyllis Ross, and Gerri Forrai are serving on UUCCN's new Caring Committee. They will be reaching out to members as we try to uplift and support one another. Let one of them know if you want to talk or need a hand.



RESOURCES AND NEWS FROM THE GREATER COMMUNITY

UUA - CENTRAL EAST REGION

News for November

NOW WHAT: The Gathering for Congregational Leaders

Join the "Side With Love" monthly event to strengthen your spirit, make sense of the threats to democracy, and take meaningful action alongside others.

INFORMATION

UU MINISTRY FOR EARTH (UUMFE)

Where there's a will...

This Opportunity Expires December 31!

Full Moon Gathering

November News

Call Congress TODAY: No on BAAJA

Urgent Action Opposing BAAJA

Recap: National Estate Planning Awareness Week

NO MORE DEATHS:
UPDATES FROM NORTHERN MEXICO PROJECTS

INFORMATION

FERRY BEACH DISCOVERY

Ferry Beach Retreat & Conference Information

JOIN THE UUCCN Private Facebook Group