



## Navigator Discipleship Tool

# 5x5x5

## *New Testament Reading Plan*

**Read through the New Testament in ⑤ days a week, ⑤ minutes a day.**

### 5 MINUTES A DAY

If you're not used to reading the Bible daily, start with this easy to use 5 minutes a day. This reading plan will take you through all 260 chapters of the New Testament, one chapter per day. The Gospels are read throughout the year to weave in the story of Christ all year long.

### 5 DAYS A WEEK

Determine a time and location to spend 5 minutes a day for 5 days a week. It is best to have a consistent time and a quiet place where you can regularly meet with the Lord.

### 5 WAYS TO DIG DEEPER

Pause in your reading to dig into the Bible. Below are 5 different ways to dig deeper each day. These exercises will encourage meditation. Try a single idea for a week to find what works best for you. Remember to keep a pen and paper ready to capture God's insights.

- ① Underline or highlight key words or phrases in the Bible passage. Use a pen or highlighter to mark new discoveries from the text.
- ② Put it in your own words. Read the passage or verse slowly, then rewrite each phrase or sentence using your own words.
- ③ Ask and answer questions. Questions unlock new discoveries and meanings. Ask questions about the passage using these words: who, what, why, when, where, or how. Jot down your answers to these questions.
- ④ Capture the big idea. God's Word communicates big ideas. Periodically ask: What's the big idea in this sentence, paragraph, or chapter?
- ⑤ Personalize the meaning. Respond as God speaks to you through the Scriptures. Ask: How could my life be different today as I respond to what I'm reading?

## January

DATE	✓	CHAPTER
		Mark
1	<input type="checkbox"/>	1
2	<input type="checkbox"/>	2
3	<input type="checkbox"/>	3
4		Reflection
5		Reflection
6	<input type="checkbox"/>	4
7	<input type="checkbox"/>	5
8	<input type="checkbox"/>	6
9	<input type="checkbox"/>	7
10	<input type="checkbox"/>	8
11		Reflection
12		Reflection
13	<input type="checkbox"/>	9
14	<input type="checkbox"/>	10
15	<input type="checkbox"/>	11
16	<input type="checkbox"/>	12
17	<input type="checkbox"/>	13
18		Reflection
19		Reflection
20	<input type="checkbox"/>	14
21	<input type="checkbox"/>	15
22	<input type="checkbox"/>	16
		Acts
23	<input type="checkbox"/>	1
24	<input type="checkbox"/>	2
25		Reflection
26		Reflection
27	<input type="checkbox"/>	3
28	<input type="checkbox"/>	4
29	<input type="checkbox"/>	5
30	<input type="checkbox"/>	6
31	<input type="checkbox"/>	7

## February

DATE	✓	CHAPTER
1		Reflection
2		Reflection
3	<input type="checkbox"/>	8
4	<input type="checkbox"/>	9
5	<input type="checkbox"/>	10
6	<input type="checkbox"/>	11
7	<input type="checkbox"/>	12
8		Reflection
9		Reflection
10	<input type="checkbox"/>	13
11	<input type="checkbox"/>	14
12	<input type="checkbox"/>	15
13	<input type="checkbox"/>	16
14	<input type="checkbox"/>	17
15		Reflection

16		Reflection
17	<input type="checkbox"/>	18
18	<input type="checkbox"/>	19
19	<input type="checkbox"/>	20
20	<input type="checkbox"/>	21
21	<input type="checkbox"/>	22
22		Reflection
23		Reflection
24	<input type="checkbox"/>	23
25	<input type="checkbox"/>	24
26	<input type="checkbox"/>	25
27	<input type="checkbox"/>	26
28	<input type="checkbox"/>	27
29		Reflection

## March

DATE	✓	CHAPTER
1		Reflection
2	<input type="checkbox"/>	28
		Hebrews
3	<input type="checkbox"/>	1
4	<input type="checkbox"/>	2
5	<input type="checkbox"/>	3
6	<input type="checkbox"/>	4
7		Reflection
8		Reflection
9	<input type="checkbox"/>	5
10	<input type="checkbox"/>	6
11	<input type="checkbox"/>	7
12	<input type="checkbox"/>	8
13	<input type="checkbox"/>	9
14		Reflection
15		Reflection
16	<input type="checkbox"/>	10
17	<input type="checkbox"/>	11
18	<input type="checkbox"/>	12
19	<input type="checkbox"/>	13

20	<input type="checkbox"/>	Galatians 1
21		Reflection
22		Reflection
23	<input type="checkbox"/>	2
24	<input type="checkbox"/>	3
25	<input type="checkbox"/>	4
26	<input type="checkbox"/>	5
27	<input type="checkbox"/>	6
28		Reflection
29		Reflection
		James
30	<input type="checkbox"/>	1
31	<input type="checkbox"/>	2

## April

DATE	✓	CHAPTER
1	<input type="checkbox"/>	3
2	<input type="checkbox"/>	4
3	<input type="checkbox"/>	5
4		Reflection
5		Reflection
		Matthew
6	<input type="checkbox"/>	1
7	<input type="checkbox"/>	2
8	<input type="checkbox"/>	3
9	<input type="checkbox"/>	4
10	<input type="checkbox"/>	5
11		Reflection
12		Reflection
13	<input type="checkbox"/>	6
14	<input type="checkbox"/>	7
15	<input type="checkbox"/>	8
16	<input type="checkbox"/>	9
17	<input type="checkbox"/>	10
18		Reflection
19		Reflection
20	<input type="checkbox"/>	11
21	<input type="checkbox"/>	12
22	<input type="checkbox"/>	13
23	<input type="checkbox"/>	14
24	<input type="checkbox"/>	15
25		Reflection
26		Reflection
27	<input type="checkbox"/>	16
28	<input type="checkbox"/>	17
29	<input type="checkbox"/>	18
30	<input type="checkbox"/>	19

## May

DATE	✓	CHAPTER
1	<input type="checkbox"/>	20
2		Reflection
3		Reflection
4	<input type="checkbox"/>	21
5	<input type="checkbox"/>	22
6	<input type="checkbox"/>	23
7	<input type="checkbox"/>	24
8	<input type="checkbox"/>	25
9		Reflection
10		Reflection
11	<input type="checkbox"/>	26
12	<input type="checkbox"/>	27
13	<input type="checkbox"/>	28
		Romans
14	<input type="checkbox"/>	1
15	<input type="checkbox"/>	2
16		Reflection
17		Reflection

18	<input type="checkbox"/>	3
19	<input type="checkbox"/>	4
20	<input type="checkbox"/>	5
21	<input type="checkbox"/>	6
22	<input type="checkbox"/>	7
23	Reflection	
24	Reflection	
25	<input type="checkbox"/>	8
26	<input type="checkbox"/>	9
27	<input type="checkbox"/>	10
28	<input type="checkbox"/>	11
29	<input type="checkbox"/>	12
30	Reflection	
31	Reflection	

## June

DATE	✓	CHAPTER
1	<input type="checkbox"/>	13
2	<input type="checkbox"/>	14
3	<input type="checkbox"/>	15
4	<input type="checkbox"/>	16
		<b>Ephesians</b>
5	<input type="checkbox"/>	1
6	Reflection	
7	Reflection	
8	<input type="checkbox"/>	2
9	<input type="checkbox"/>	3
10	<input type="checkbox"/>	4
11	<input type="checkbox"/>	5
12	<input type="checkbox"/>	6
13	Reflection	
14	Reflection	
		<b>Philippian</b>
15	<input type="checkbox"/>	1
16	<input type="checkbox"/>	2
17	<input type="checkbox"/>	3
18	<input type="checkbox"/>	4
		<b>Colossians</b>
19	<input type="checkbox"/>	1
20	Reflection	
21	Reflection	
22	<input type="checkbox"/>	2
23	<input type="checkbox"/>	3
24	<input type="checkbox"/>	4
		<b>Philemon</b>
25	<input type="checkbox"/>	1
		<b>Luke</b>
26	<input type="checkbox"/>	1
27	Reflection	
28	Reflection	
29	<input type="checkbox"/>	2
30	<input type="checkbox"/>	3

## July

DATE	✓	CHAPTER
1	<input type="checkbox"/>	4
2	<input type="checkbox"/>	5
3	<input type="checkbox"/>	6
4	Reflection	
5	Reflection	
6	<input type="checkbox"/>	7
7	<input type="checkbox"/>	8
8	<input type="checkbox"/>	9
9	<input type="checkbox"/>	10
10	<input type="checkbox"/>	11
11	Reflection	
12	Reflection	
13	<input type="checkbox"/>	12
14	<input type="checkbox"/>	13
15	<input type="checkbox"/>	14
16	<input type="checkbox"/>	15
17	<input type="checkbox"/>	16
18	Reflection	
19	Reflection	
20	<input type="checkbox"/>	17
21	<input type="checkbox"/>	18
22	<input type="checkbox"/>	19
23	<input type="checkbox"/>	20
24	<input type="checkbox"/>	21
25	Reflection	
26	Reflection	
27	<input type="checkbox"/>	22
28	<input type="checkbox"/>	23
29	<input type="checkbox"/>	24
		<b>1 Corinthians</b>
30	<input type="checkbox"/>	1
31	<input type="checkbox"/>	2

## August

DATE	✓	CHAPTER
1	Reflection	
2	Reflection	
3	<input type="checkbox"/>	3
4	<input type="checkbox"/>	4
5	<input type="checkbox"/>	5
6	<input type="checkbox"/>	6
7	<input type="checkbox"/>	7
8	Reflection	
9	Reflection	
10	<input type="checkbox"/>	8
11	<input type="checkbox"/>	9
12	<input type="checkbox"/>	10
13	<input type="checkbox"/>	11
14	<input type="checkbox"/>	12
15	Reflection	
16	Reflection	
17	<input type="checkbox"/>	13

18	<input type="checkbox"/>	14
19	<input type="checkbox"/>	15
20	<input type="checkbox"/>	16
		<b>2 Corinthians</b>
21	<input type="checkbox"/>	1
22	Reflection	
23	Reflection	
24	<input type="checkbox"/>	2
25	<input type="checkbox"/>	3
26	<input type="checkbox"/>	4
27	<input type="checkbox"/>	5
28	<input type="checkbox"/>	6
29	Reflection	
30	Reflection	
31	<input type="checkbox"/>	7

## September

DATE	✓	CHAPTER
1	<input type="checkbox"/>	8
2	<input type="checkbox"/>	9
3	<input type="checkbox"/>	10
4	<input type="checkbox"/>	11
5	Reflection	
6	Reflection	
7	<input type="checkbox"/>	12
8	<input type="checkbox"/>	13
		<b>1 Timothy</b>
9	<input type="checkbox"/>	1
10	<input type="checkbox"/>	2
11	<input type="checkbox"/>	3
12	Reflection	
13	Reflection	
14	<input type="checkbox"/>	4
15	<input type="checkbox"/>	5
16	<input type="checkbox"/>	6
		<b>2 Timothy</b>
17	<input type="checkbox"/>	1
18	<input type="checkbox"/>	2
19	Reflection	
20	Reflection	
21	<input type="checkbox"/>	3
22	<input type="checkbox"/>	4
		<b>Titus</b>
23	<input type="checkbox"/>	1
24	<input type="checkbox"/>	2
25	<input type="checkbox"/>	3
26	Reflection	
27	Reflection	
		<b>1 John</b>
28	<input type="checkbox"/>	1
29	<input type="checkbox"/>	2
30	<input type="checkbox"/>	3

## October

DATE	✓	CHAPTER
1	<input type="checkbox"/>	4
2	<input type="checkbox"/>	5
3		Reflection
4		Reflection
		<b>2 John</b>
5	<input type="checkbox"/>	1
		<b>3 John</b>
6	<input type="checkbox"/>	1
		<b>1 Peter</b>
7	<input type="checkbox"/>	1
8	<input type="checkbox"/>	2
9	<input type="checkbox"/>	3
10		Reflection
11		Reflection
12	<input type="checkbox"/>	4
13	<input type="checkbox"/>	5
		<b>John</b>
14	<input type="checkbox"/>	1
15	<input type="checkbox"/>	2
16	<input type="checkbox"/>	3
17		Reflection
18		Reflection
19	<input type="checkbox"/>	4
20	<input type="checkbox"/>	5
21	<input type="checkbox"/>	6
22	<input type="checkbox"/>	7
23	<input type="checkbox"/>	8
24		Reflection
25		Reflection
26	<input type="checkbox"/>	9
27	<input type="checkbox"/>	10
28	<input type="checkbox"/>	11
29	<input type="checkbox"/>	12
30	<input type="checkbox"/>	13
31		Reflection

## November

DATE	✓	CHAPTER
1		Reflection
2	<input type="checkbox"/>	14
3	<input type="checkbox"/>	15
4	<input type="checkbox"/>	16
5	<input type="checkbox"/>	17
6	<input type="checkbox"/>	18
7		Reflection
8		Reflection
9	<input type="checkbox"/>	19
10	<input type="checkbox"/>	20
11	<input type="checkbox"/>	21
		<b>1 Thessalonians</b>
12	<input type="checkbox"/>	1
13	<input type="checkbox"/>	2
14		Reflection
15		Reflection
16	<input type="checkbox"/>	3
17	<input type="checkbox"/>	4
18	<input type="checkbox"/>	5
		<b>2 Thessalonians</b>
19	<input type="checkbox"/>	1
20	<input type="checkbox"/>	2
21		Reflection
22		Reflection
23	<input type="checkbox"/>	3
		<b>2 Peter</b>
24	<input type="checkbox"/>	1
25	<input type="checkbox"/>	2
26	<input type="checkbox"/>	3
		<b>Jude</b>
27	<input type="checkbox"/>	1
28		Reflection
29		Reflection
		<b>Revelation</b>
30	<input type="checkbox"/>	1

## December

DATE	✓	CHAPTER
1	<input type="checkbox"/>	2
2	<input type="checkbox"/>	3
3	<input type="checkbox"/>	4
4	<input type="checkbox"/>	5
5		Reflection
6		Reflection
7	<input type="checkbox"/>	6
8	<input type="checkbox"/>	7
9	<input type="checkbox"/>	8
10	<input type="checkbox"/>	9
11	<input type="checkbox"/>	10
12		Reflection
13		Reflection
14	<input type="checkbox"/>	11
15	<input type="checkbox"/>	12
16	<input type="checkbox"/>	13
17	<input type="checkbox"/>	14
18	<input type="checkbox"/>	15
19		Reflection
20		Reflection
21	<input type="checkbox"/>	16
22	<input type="checkbox"/>	17
23	<input type="checkbox"/>	18
24	<input type="checkbox"/>	19
25	<input type="checkbox"/>	20
26		Reflection
27		Reflection
28	<input type="checkbox"/>	21
29	<input type="checkbox"/>	22
30		Reflection
31		Reflection