

This Week At FCC

Sunday	9:00 am	Sunday School
	10:00 am	Worship Service
Wednesday	6:00 pm	Bible Study (Tom Frisbie)

Sonshiners Trip– September 25th

Adults 50+ are invited to take a trip to Rowell's Apple House & Rocking Horse Antique gallery in Crossville, TN on Thursday, September 25th. The bus will leave the church at 9:00 am. The cost is \$4.00 per person to ride the bus plus the cost of your own lunch at Forte's. For more information and to sign up, visit the Information Table in the main hallway.

Sign up for Trunk or Treat!

Are you interested in being a part of Trunk-or-Treat this year on Friday, October 31st? In order to put this event on this year we need at least 13 vehicles committed by Sunday, September 28th. If you are interested in participating please sign-up at the Information Table. The theme for this year's Trunk-or-Treat is TV Shows.



Cookeville Rescue Mission Donation Drive

We are currently collecting donations for the Cookeville Rescue Mission, a mission we support, to provide various items for the men, women, and children staying at the shelter. A full list of items is listed on the Information Board and there are postcards available to take the list with you. All donations are due by Sunday, September 28th and can be brought to EDW 101 or dropped in the bin under the Information Table. If you have any questions please speak to Steve Owens (931-319-7784)

NEXT Steps: Plugged-In Class (two part class)

On October 5th & 12th, at 9:00 am, Pastor Brad will offer the Plugged-In class. In this class you will learn all about First Christian Church; where we come from, our mission, vision, core beliefs, and how you can plug in and grow as part of this church family. If you would like to attend please let us know in the "Leave a message for the staff" section of the yellow connection card or through the YouVersion online connection card.

September 14, 2025

OUR VISION AT FIRST CHRISTIAN CHURCH

Making Disciples in Cookeville, Putnam County, and to the ends of the earth.



Today's Sermon:

Everyone wrestles with occasional worry and stress, but in recent years anxiety has taken hold of our society in epidemic proportions. Thankfully, God's Word is filled with wisdom and insight on this topic that is both relevant and timely for us today. This series will equip and encourage you to trust in God like never before!

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TO LEARN MORE ABOUT US AND WHAT WE BELIEVE VISIT US AT

Social Links



Connect Card



Message Notes 9/14/2025

ANXIOUS FOR NOTHING 02 Praying Through the Pain

Brad Windlan First Christian Church

Learn more: fcc-cookeville.org

Philippians 4:4-7 (NIV) “Rejoice in the Lord always. I will say it again: Rejoice! Let your gentleness be evident to all. The Lord is near. Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.”

1 Peter 5:6-8 (NIV) “Humble yourselves, therefore, under God’s mighty hand, that he may lift you up in due time. Cast all your anxiety on him because he cares for you. Be alert and of sober mind. Your enemy the devil prowls around like a roaring lion looking for someone to devour.”

LESSON from 2020: “I don’t always have the power to control but I always have the power to _____!”

1 Peter 5:6-7 (NIV) “Humble yourselves, therefore, under God’s mighty hand, that he may lift you up in due time. Cast all your anxiety on him because he cares for you.”

TALK IT OVER

1. Do you ever hold back how you’re feeling from God? How could being honest with Him help in times of anxiety?
2. Read 1 Peter 5:6-8. Why is it important to focus on God’s ability to care for you, rather than on the threats of the enemy?
3. What steps can you take to surrender to God and break the cycle of anxiety this week?