

# This Week At FCC

Sunday	9:00 am	Sunday School
	10:00 am	Worship Service
Wednesday	6:00 pm	Bible Study (Tom Frisbie)
	6:00 pm	Community Practice

## August Prayer Emphasis: Cookeville Pregnancy Clinic

The Cookeville Pregnancy Clinic, a mission we support, is a Christ-centered ministry offering free medical services, counseling, and support to women facing unplanned pregnancies. Their mission is to share the love of Jesus by empowering women to choose life and providing healing for those impacted by abortion. Through education, material support, and compassionate care, they serve as a beacon of hope in our community. This month, we invite you to join us in prayer over this mission as we lift up the staff, the mothers they serve, and the lives they work so faithfully to protect.

## Diaper Drive

As a way to partner with the Cookeville Pregnancy Clinic we will be hosting a diaper drive for the next two weeks to collect size 4 & 5 diapers. Please bring all donations in by Sunday, August 24th. A collection bin will be located under the Information Table.

### Sunday school classes meet at 9:00 am in the following locations

#### Adult Classes

Bible Studies for Life	(Steve Owens)	EDW 101
Letters to the Churches	(Ashley Farley)	EDW 102
Explore the Bible	(Ray Crowe)	EDW 103
Truth Seekers	(Wayne Kirkland)	EDW 105

#### Children & Youth Classes

Preschool	(Kelly Windlan)	Preschool room
K-3th Grade	(Josh Hale)	K-3 room
4-6th Grade	(Kim Snyder)	4-6 room
7-12 Grade	(Daniel Snyder)	Teen room

August 10, 2025

## OUR VISION AT FIRST CHRISTIAN CHURCH

Making Disciples in Cookeville, Putnam County, and to the ends of the earth.



## Current Sermon Series:

What if the greatest threats to your well-being aren't loud or obvious—but quiet and hidden? In this four-part series, we'll uncover the subtle poisons of toxic thoughts, influence, relationships, and religion—and learn how to recognize and remove them before they take root.

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### TO LEARN MORE ABOUT US AND WHAT WE BELIEVE VISIT US AT

Social Links



Connect Card



**Message Notes 8/10/2025**  
**TOXIC—2 TOXIC Influences**  
**Brad Windlan First Christian Church**  
**Learn more: [fcc-cookeville.org](http://fcc-cookeville.org)**

**Proverbs 25:26 (NIV)** “Like a muddied spring or a polluted well is a righteous man who gives way to the wicked.”

**Three Truths To Remember About Influences.**

**#1.** A \_\_\_\_\_ of poison goes a long way.

**1 Corinthians 5:6-7a (NIV, 84)** “Don't you know that a little yeast works through the whole batch of dough? Get rid of the old yeast that you may be a new batch without yeast — as you really are.”

**#2.** Just because the \_\_\_\_\_ loves it, does NOT make it right.

**Romans 12:2 (The MSG)** “Do not become so well-adjusted to your culture that you fit into it without even thinking. Instead, fix your attention on God. You'll be changed from the inside out. Readily recognize what he wants from you, and quickly respond to it. Unlike the culture around you, always dragging you down to its level of immaturity, God brings the best out of you, develops a well-formed maturity in you.”

**#3.** Just because I could doesn't mean I \_\_\_\_\_.

**1 Corinthians 6:12 (NIV)** “‘I have the right to do anything,’ you say—but not everything is beneficial. ‘I have the right to do anything’—but I will not be mastered by anything.”

**1 Thessalonians 5:21-22 (NIV, 84)** “Test everything. Hold on to the good. Avoid every kind of evil.”

**TALK IT OVER**

- 1.** What forms of media or entertainment have you sensed the Holy Spirit prompting you to re-evaluate or let go of? How do you typically discern if something is influencing you in a toxic way?
- 2.** How do we balance living in the world (especially a media-saturated culture) without conforming to it? Where do you personally draw the line between freedom in Christ and compromise with the world?
- 3.** What small, “harmless” things in your life might be acting like “a little bit of poison” in your walk with Jesus? How can we encourage each other to stay sensitive to the Holy Spirit without falling into legalism?