
First Baptist Dyersburg • Sermon Notes

He Will Hold Me Fast

Sunday, September 20, 2026 • Mike Hickman, Senior Pastor

- ¹ O LORD, you have examined my heart
and know everything about me.
- ² You know when I sit down or stand up.
You know my thoughts even when I'm far away.
- ³ You see me when I travel
and when I rest at home.
You know everything I do.
- ⁴ You know what I am going to say
even before I say it, LORD.
- ⁵ You go before me and follow me.
You place your hand of blessing on my head.
- ⁶ Such knowledge is too wonderful for me,
too great for me to understand!
- ⁷ I can never escape from your Spirit!
I can never get away from your presence!
- ⁸ If I go up to heaven, you are there;
if I go down to the grave, you are there.
- ⁹ If I ride the wings of the morning,
if I dwell by the farthest oceans,
- ¹⁰ even there your hand will guide me,
and your strength will support me.
- ¹¹ I could ask the darkness to hide me
and the light around me to become night—
¹² but even in darkness I cannot hide from you.
- To you the night shines as bright as day.
Darkness and light are the same to you. (Psalm 139:1-12, NLT)

- God _____ about you!
- God _____ you!
- God is _____ with you! You cannot ever
_____ from Him. You are not _____!

Encouragement from God's Word:

Even if my father and mother abandon me, the LORD will hold me close. (Psalm 27:10, NLT)

Don't be afraid, for I am with you.

Don't be discouraged, for I am your God.

I will strengthen you and help you.

I will hold you up with my victorious right hand. . . .

. . . .¹³ For I hold you by your right hand—I, the LORD your God.

And I say to you, 'Don't be afraid. I am here to help you.

(Isaiah 41:10 and 13, NLT)

²³ Yet I still belong to you;

you hold my right hand.

²⁴ You guide me with your counsel,
leading me to a glorious destiny.

²⁵ Whom have I in heaven but you?

I desire you more than anything on earth.

²⁶ My health may fail, and my spirit may grow weak,
but God remains the strength of my heart;
he is mine forever. (Psalm 73:23-26, NLT)

⁵ LORD, you alone are my inheritance, my cup of blessing.

You guard all that is mine.

⁶ The land you have given me is a pleasant land.

What a wonderful inheritance!

⁷ I will bless the LORD who guides me;

even at night my heart instructs me.

⁸ I know the LORD is always with me.

I will not be shaken, for he is right beside me.

⁹ No wonder my heart is glad, and I rejoice.

My body rests in safety.

¹⁰ For you will not leave my soul among the dead
or allow your holy one to rot in the grave.

¹¹ You will show me the way of life,
granting me the joy of your presence
and the pleasures of living with you forever.
(Psalm 16:5-11, NLT)

O God, you are my God;
I earnestly search for you.
My soul thirsts for you;
my whole body longs for you
in this parched and weary land
where there is no water.
² I have seen you in your sanctuary
and gazed upon your power and glory.
³ Your unfailing love is better than life itself;
how I praise you!
⁴ I will praise you as long as I live,
lifting up my hands to you in prayer.
⁵ You satisfy me more than the richest feast.
I will praise you with songs of joy.
⁶ I lie awake thinking of you,
meditating on you through the night.
⁷ Because you are my helper,
I sing for joy in the shadow of your wings.
⁸ I cling to you;
your strong right hand holds me securely. (Psalm 63:1-8, NLT)

²⁷ My sheep listen to my voice; I know them, and they follow me. ²⁸ I give them eternal life, and they will never perish. No one can snatch them away from me, ²⁹ for my Father has given them to me, and he is more powerful than anyone else. No one can snatch them from the Father's hand. ³⁰ The Father and I are one." (John 10:27-30, NLT)