

## Rediscover Our Why

from message on Jan. 14

I. God gave Daniel and his three friends wisdom in natural things like language and literature.

A. He did so because there was a greater purpose than just being wise.

1. Understand the Babylon was a pantheistic (multiple gods) nation. They believed in gods, but they had no knowledge of the One True God.

2. God did signs and wonders, Daniel interpreted dreams, Shadrach, Meshach and Abednego were thrown into a fiery furnace all for one purpose. To introduce a king to the God of the Israelites.

B. Nebuchadnezzar wrote chapter 4 of Daniel.

1. He bragged about what he had accomplished, how powerful and mighty his kingdom was and then God showed him the truth.

2. Nebuchadnezzar was nothing without God in his life.

II. Basal Ganglia (where habits are formed)

A. Our brain is constantly looking for patterns. When it recognizes a pattern, our brain “downloads” it into the basal ganglia to create a habit.

1. Cue, Routine, Reward – this is how habits are formed

2. Habits can be intentionally created.

III. Church in its simplest form.

A. Read John 3:16, Luke 19:10 and Acts 1:8

1. Here we see the “why” of God, Jesus and Holy Spirit

Rediscovering Our Why as a church.

Mission Statement for LifeSpring: We exist to connect people to the life-changing power of Jesus Christ.

## Suggested Discussion Questions

1. Think through the stories of the Old Testament? Can you see the same pattern in the story of Moses, Abraham, David & Goliath, Gideon, etc. What does this tell you about the heart of God?

2. Discuss how Nebuchadnezzar's thoughts of “I did this on my own” still exist in our hearts today.

3. Discuss some of your habits (good or bad). What were the cues, routine and reward that produced that habit? How can you use the same process to produce good, healthy habits?

4. Fear and anxiety are a huge part of our culture today. Discuss some habits you can develop to overcome these issues.

5. Discuss how knowing your “Why” help your life choices. Why did you get married? Why did you want kids? Why did you go to college or not go to college? Why do you attend LifeSpring Christian Church?

6. Discuss John 10:10, our founding scripture. Are you living the abundant life Christ died to give you? If not, Why?

7. Discuss, repeat together and memorize our newly edited mission statement.

**We exist to connect people to the life-changing power of Jesus Christ.**

8. Discuss how we can make that happen in our everyday life. And as a church.