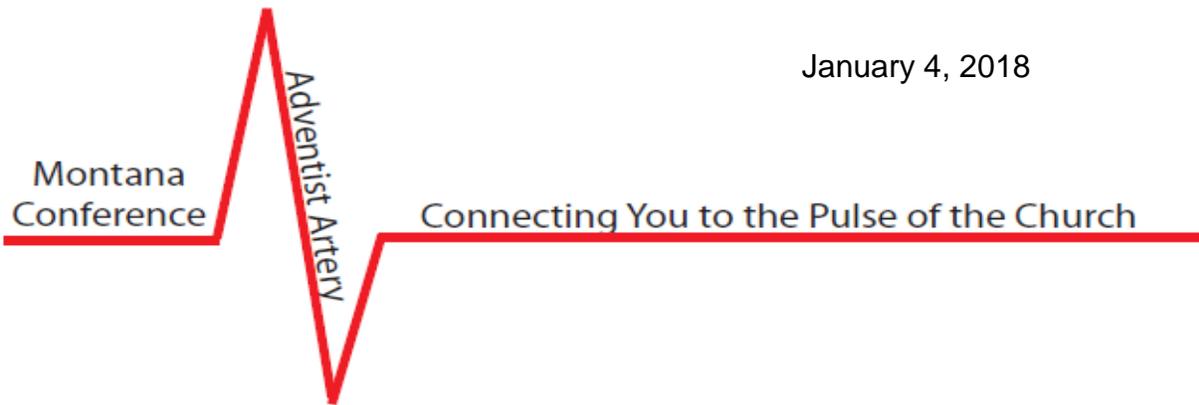


January 4, 2018



## MONTANA



**PARENTING SEMINAR:** "Save the date: January 18-20 "Raising Tech Safe Kids" The Pathfinder club at the Billings Adventist church is partnering with Project patch to present this FREE information-packed seminar for parents, grandparents, and mentors. Join us January 18-20 as Chuck Hagele, CEO of Project Patch will teach skills to counter the risks of technology including pornography, gaming addictions and social media. You will come away feeling even more confident with your role in helping raise great adults. For more information, call 406-860-6717 [www.projectpatch.org/billings](http://www.projectpatch.org/billings)." See attached announcement.

Meeting schedule:

Thursday, January 18, 6:30-8:30pm - Raising Life Ready Kids

- Friday, January 19 during the school day, session for students.
  - 9:00 am Grades K-2
  - 9:25 am Grades 3-6
  - 10:10 am Grades 7-12
- Friday 6:30-8:30 - Raising tech Safe Kids #1
- Sabbath, Jan 20, 10:45 am - I can't do it
- Sabbath 2-5 pm - Raising tech Safe Kids #2

**GOSPEL MUSIC JAM SESSION:** The Livingston SDA Church is hosting a gospel music jam session, January 20, 2018 at 2:00 pm. They will have their regular church service in the morning with a potluck to follow. Then the music begins. Anyone who would like to bring an instrument and join in is welcome. For more information contact Verlyn Grange at 360-649-1230.

**ACS DISASTER RESPONSE:** Have a bag of winter survival items in your car as you travel. Candles and matches, flashlight, blankets, water, and some nutrition bars. Keep copies of important documents on a jump drive or save them to the cloud so they are available to you if you have an emergency at your house. Being prepared helps keep you calm in stressful situations.

**CARING FOR MARRIAGE SEMINAR:** Don't miss out on this opportunity! Spend quality time as a couple away from the busyness of daily living. Approximately 100 marriages have been blessed here in Montana over the last 5 years by participating in this special weekend get-away. The next Caring for Marriage Seminar will be February 16-18, 2018 in a beautiful setting near Stevensville, Montana. There will be good food, comfortable accommodations, helpful ideas to enrich your marriage, opportunity to meet other couples as well as time for just the two of you. The cost for the weekend is still only \$150 per couple. This includes expenses except transportation to and from the seminar location. We need to have 7 couples register in order to have this event so hurry – the registration deadline is Wednesday, February 7. Register as soon as possible by contacting Laryssa at [Laryssa.barlow@mc.npuc.org](mailto:Laryssa.barlow@mc.npuc.org) or call 406-587-3101.



**STEWARDSHIP:** One verse in every six in the first three Gospels relates, either directly or indirectly, to money. Sixteen of our Lord's 44 parables deal with the use or misuse of money. A loving, joyful, liberal giving to the Lord's work is an acid test of a spiritual heart, pleasing to God. William E. Allen, Alliance Witness magazine. \*taken from <http://www.brethren.org/stewardship/documents/stewardship-Quotes.pdf>.

## MONTANA CONFERENCE CALENDAR

### January

- 14-17: Pastors' Meetings
- 18-20: Parenting Seminar – Billings Church
- 20: Gospel Music Jam Session-Livingston Church
- 28: Pinewood Derby-Missoula School

### February

- 16-18: Caring for Marriage Seminar
- 18-21: MEA Ski the Summit



## HEALTH TIP

**BERRIES FOR YOUR BELLY:** Blueberries, strawberries and raspberries contain plant nutrients known as anthocyanidins, which are powerful antioxidants. Blueberries rival grapes in concentrations of resveratrol. Resveratrol is believed to help protect against heart disease and cancer.

## FUN FACT

The first place in the United States to be struck by the sun's rays each morning during most of the year is Maine's Cadillac Mountain in Acadia National Park.

**QUICK LINKS:** [Sunset Calendar](#) | [Offering Calendar](#) | [Submit a Story](#) | [Subscribe](#)

**Adventist Artery: Connecting You to the Adventist World.** Copyright ©2012 by Montana Conference of Seventh-day Adventists®.  
175 Canyon View Rd, Bozeman Montana, 59715. Phone: (406) 587-3101.

Please share this newsletter. Director: \_\_\_\_\_, Editor: Bette Wheeling.