

# Getting “Unstuck”

September 22, 2024

## Introduction

### **Psalms 40:1-3 NLT**

I waited patiently for the LORD to help me,  
and he turned to me and heard my cry.  
He lifted me out of the pit of despair,  
out of the mud and the mire.  
He set my feet on solid ground  
and steadied me as I walked along.  
He has given me a new song to sing,  
a hymn of praise to our God.  
Many will see what he has done and be amazed.  
They will put their trust in the LORD.

Chapter 40 starts off, **I waited patiently for the Lord to help me.** In the AMP bible it says he waited patiently and **EXPECTANTLY**. Not only did he wait patiently but he had an expectation of what God was going to do.

**When we get stuck in our faith we tend to lose our sense of expectation of what God CAN do.(SCREEN)**

**Some of us are confusing a holy delay for a holy snub. (Screen)**

### **Psalm 27:14**

**“Wait patiently for the Lord. Be brave and courageous. Yes, wait patiently for the Lord.”** Waiting takes bravery and courage

### **Psalm 37:7**

“Be still in the presence of the Lord, and wait patiently for him to act. Don’t worry about evil people who prosper or fret about their wicked schemes.”

We can’t get caught up in people who are not in muddy pits and use wicked schemes to prosper.

### **Isaiah 40:31**

“But those who trust in the Lord will find new strength. They will soar high on wings like eagles. They will run and not grow weary. They will walk and not faint.”

### **Lamentations 3:25-26**

“The Lord is good to those who depend on him, to those who search for him. So it is good to wait quietly for salvation from the Lord.” The Lord is good to those who wait on him

### **Micah 7:7**

“As for me, I look to the Lord for help. I wait confidently for God to save me, and my God will certainly hear me.” We must wait with confidence knowing that the God of the universe will hear me!

Let me show you what happens when we cry out to the Lord and wait patiently for him to act in the midst of our getting stuck. When you are trying to get unstuck..

#### **1. He Will Respond.**

“He turned to me and heard my cry”

**Realize that when you cry out to the Lord you have his full attention.**

(screen)

### **Psalm 91:15 NLT**

When they call on me, I will answer; I will be with them in trouble. I will rescue and honor them.

Isaiah 49:8 NLT

"At just the right time, I will respond to you.

Isaiah 65:24 NLT

I will answer them before they even call me. While they are still talking about their needs, I will go ahead and answer their prayers!

There are things God is working on for you that you haven't even asked for yet.

**There is nothing you have done that would keep God from listening to you today! (screen)**

The second thing God will do if you wait patiently on him

## **2. He Will Rescue**

He lifted me out of the pit of despair, out of the mud and the mire.

### **Psalm 34:17**

"The Lord hears his people when they call to him for help. He rescues them from all their troubles."

### **2 Samuel 22:2**

"The Lord is my rock, my fortress, and my savior; my God is my rock, in whom I find protection. He is my shield, the power that saves me, and my place of safety."

**God rescues us....**

Psalm 46:1 says, "God is our refuge and strength, an ever-present help in trouble."

As Isaiah 40:31 says, "Those who hope in the Lord will renew their strength."

Proverbs 3:5-6 reminds us to trust in God, who will direct our paths.

### **3. He Will Restore**

v.2 He set my feet on solid ground and steadied me as I walked along.

#### **How does he restore?**

1 John 1:9 says, "If we confess our sins, He is faithful and just to forgive us our sins and purify us from all unrighteousness."

Psalms 147:3 says, "He heals the brokenhearted and binds up their wounds."

Isaiah 40:31 promises that those who hope in the Lord will "renew their strength."

Jeremiah 29:11 reassures us that God has plans to give us "hope and a future."

Psalms 30:11 says, "You turned my wailing into dancing; you removed my sackcloth and clothed me with joy."

Matthew 11:28 says, "Come to me, all who are weary and burdened, and I will give you rest."

He graciously restores our faith and trust in Him as we seek Him (Psalm 51:10).

God will set your feet upon the rock, he will make you stronger.

### **4. He Will Be Revered**

v.3 He has given me a new song to sing, a hymn of praise to our God.

The normal reaction to being rescued and restored should be praise!!

1 Thess 5:18

**Be thankful in all circumstances**, for this is God's will for you who belong to Christ Jesus.

John 4:24

For God is Spirit, so those who worship him must worship in spirit and in truth."

Lastly, when you cry out to the Lord and wait patiently for him... he responds, he rescues, he restores, he's revered, lastly

## **5. He Will Be Revealed**

Many will see what he has done and be amazed. They will put their trust in the LORD.

God reveals himself to us in many ways..

### **1. Through Creation**

- Psalm 19:1 says, "The heavens declare the glory of God; the skies proclaim the work of His hands."

### **2. Through the Bible**

- 2 Timothy 3:16 says, "All Scripture is God-breathed and is useful for teaching, rebuking, correcting, and training in righteousness."

### **3. Through Jesus Christ**

- John 1:14 says, "The Word became flesh and made His dwelling among us. We have seen His glory, the glory of the one and only Son, who came from the Father, full of grace and truth."

### **4. Through the Holy Spirit**

- John 16:13 says, "When the Spirit of truth comes, He will guide you into all the truth."
- As 2 Corinthians 5:17 says, "If anyone is in Christ, the new creation has come: The old has gone, the new is here!"