

## Joy for the Journey

Psalm 94:12-13a NLT - “Joyful are those you discipline, LORD, those you teach with your instructions. You give them relief from troubled times...”

*MSG: How blessed the man you train, GOD, the woman you instruct in your Word, providing a circle of quiet within the clamor of evil...God will never walk away from His people...*

### 1. Allow Jesus to Reaffirm your Calling.

In Mark 1:8, John the Baptist preached, saying, “I have baptized you with water but He will baptize you with the Holy Spirit.”

Mark 1:16-18 - Passing alongside the Sea of Galilee, He saw Simon and Andrew casting a net into the sea, for they were fishermen. And Jesus said to them, “Follow me, and I will make you become fishers of men.” And immediately they left their nets and followed Him.”

Mark 2:13-14 - “He went out again beside the sea, and... he saw Levi...sitting at the tax booth, and he said to him, ‘Follow me.’ And he rose and followed Him.”

Philippians 4:4 - “Rejoice in the Lord always; again I will say, rejoice.”

### 2. Slip Away with Jesus

Mark 1:35 - “And rising very early in the morning, while it was still dark, he departed and went out to a desolate (solitary) place, and there he prayed.”

Mark 2:27-28 - “The Sabbath was made for man, not man for the Sabbath. So the Son of Man is lord even of the Sabbath.” *MSG: The Sabbath was made to serve us.*

Mark 6:30 - “Come away (with me) by yourselves to a desolate place and rest a while.”

Mark 7:11-13, “The Pharisees came and began to argue with him, seeking from him a sign from heaven to test him. And [Jesus] sighed deeply in his spirit (provoked) and said, ‘Why does this generation seek a sign? Truly I say to you, no sign will be given to this generation.’ And he left them, got into the boat again, and went to the other side.”

### 3. Rekindle Joy

Psalm 51:12 - "Restore to me the joy of Your salvation."

Proverbs 17:22 - "A merry heart does good like medicine, but a broken spirit dries the bones."

Psalm 34:5 - "Those who look to Him for help will be radiant with JOY. No shadow of shame will darken their faces. "

Philippians 4:1 - "Therefore, my brothers and sisters, whom I love and long for, my joy and crown, stand firm thus in the Lord, my beloved."

*There's nothing more universally healing than to not feel alone in our pain. We long for connections.* (Cindy Westcott).

Hebrews 12:28-29 - Therefore, since we are receiving a kingdom that cannot be shaken, let us be thankful, and so worship God acceptably with reverence and awe, for our God is a consuming fire." - MSG: *...Not only thankful, but brimming with worship, deeply reverent before God.*