How to Survive a Spiritual Attack

Ephesians 6: 12 (NIV) For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms.

- **1 Peter 5: 8 (NIV)** Be alert and of sober mind. Your enemy the devil prowls around like a roaring lion looking for someone to devour.
 - 1. Loss of spiritual desire.

Psalm 42: 1 As the deer pants for the water brooks, so pants my soul for You, O God.

- 2. Physical Fatigue
- 3. Lack Attack
- 4. Prayer Attack
- 5. Feeling Overwhelmed
- 6. Old iniquities begin to resurface.
- 7. Begin to pull away from godly people.

Psalms 1: 1-6 Blessed is the one who does not walk in step with the wicked or stand in the way that sinners take or sit in the company of mockers, ² but whose delight is in the law of the Lord, and who meditates on his law day and night. ³ That person is like a tree planted by streams of water, which yields its fruit in season and whose leaf does not wither—whatever they do prospers. ⁴ Not so the wicked! They are like chaff that the wind blows away. ⁵ Therefore the wicked will not stand in the judgment, nor sinners in the assembly of the righteous. ⁶ For the Lord watches over the way of the righteous, but the way of the wicked leads to destruction.

- 8. Feel like giving up.
- 9. Find Stimulation/Enjoyment through ungodly methods.

10. Looking back longingly on your former life

4 Principles to Survive the Spiritual Attack

- 1. Do not forsake the place of prayer.
- 2. Do not forsake the place of power.
- 3. Do not forsake the power of partnership.
- 4. Do not forsake pastoral protection.