

# 52 Days (With the Help of Our God)

## Nehemiah's Prayer

**“Nehemiah Cared Enough to Pray”**

**James 1:16, NIV**

*The prayer of a righteous person is powerful and effective.*

### 1. Nehemiah Combines Prayer with Fasting

**Nehemiah 1:4, NIV**

*When I heard these things, I sat down and wept. For some days I mourned and fasted and prayed before the God of heaven.*

### 2. Nehemiah Addresses the God of Heaven

**Nehemiah 1:4, NIV**

*When I heard these things, I sat down and wept. For some days I mourned and fasted and prayed before the God of heaven.*

**Nehemiah 1:5, NIV**

*Then I said: “Lord, the God of heaven, the great and awesome God, who keeps his covenant of love with those who love him and keep his commandments,*

### 3. Nehemiah is Persistent in His Prayer

**Nehemiah 1:6a, NIV**

*let your ear be attentive and your eyes open to hear the prayer your servant is praying before you day and night for your servants, the people of Israel.*

### 4. Nehemiah Intercedes on Behalf of His People

**Nehemiah 1:6b, NIV**

*I confess the sins we Israelites, including myself and my father's family, have committed against you.*

**Nehemiah 1:7, NIV**

*We have acted very wickedly toward you. We have not obeyed the commands, decrees and laws you gave your servant Moses.*

**2 Chronicles 36:21, NLT**

*So the message of the Lord spoken through Jeremiah was fulfilled. The land finally enjoyed its Sabbath rest, lying desolate until the seventy years were fulfilled, just as the prophet had said.*

## **5. Nehemiah Recounts God's Promises**

### **Nehemiah 1:8, NIV**

*"Remember the instruction you gave your servant Moses, saying, 'If you are unfaithful, I will scatter you among the nations,*

### **Nehemiah 1:9, NIV**

*but if you return to me and obey my commands, then even if your exiled people are at the farthest horizon, I will gather them from there and bring them to the place I have chosen as a dwelling for my Name."*

### **Nehemiah 1:10, NIV**

*"They are your servants and your people, whom you redeemed by your great strength and your mighty hand.*

## **6. Nehemiah Asks for God's Favor**

### **Nehemiah 1:11, NIV**

*Lord, let your ear be attentive to the prayer of this your servant and to the prayer of your servants who delight in revering your name. Give your servant success today by granting him favor in the presence of this man." I was cupbearer to the king.*

### **Isaiah 45:12, NLT**

*I am the one who made the earth and created people to live on it. With my hands I stretched out the heavens. All the stars are at my command.*

### **Isaiah 40:12, NLT**

*Who else has held the oceans in his hand? Who has measured off the heavens with his fingers? Who else knows the weight of the earth or has weighed out the mountains and the hills?*

### **Isaiah 40:13, NLT**

*Who is able to advise the Spirit of the LORD? Who knows enough to be his teacher or counselor?*

### **Isaiah 40:14-15, NLT**

*Has the LORD ever needed anyone's advice? Does he need instruction about what is good or what is best? No, for all the nations of the world are nothing in comparison with him.*

**Isaiah 40:28, NIV**

*Do you not know? Have you not heard? The LORD is the everlasting God, the Creator of the ends of the earth. He will not grow tired or weary, and his understanding no one can fathom.*

**Isaiah 40:29-30, NIV**

*He gives strength to the weary and increases the power of the weak. Even youths grow tired and weary, and young men stumble and fall;*

**Isaiah 40:31, NKJV**

*But those who wait on the LORD shall renew their strength; they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint.*