Hey God, I'm going to spend some time talking and listening to you for the next four weeks. Will you help me guide me each day? Thinking back over the last week, what are some ways you need God to help you right now?

Whether big or small, what are three things that made you happy today? Thank God for those things

People all over the world might be having a hard day today. Pray that God will watch over and help the people in your city.

Pray for peace in the world where there is conflict. Ask God to help our leaders make good decisions.

Jesus loves everyone, no matter who they are or where they are. Pray for someone in your family who does not know Jesus yet to discover how much Jesus loves them.



We all make mistakes.
Think about a mistake you made this week. Tell God you're sorry and thank Him because He loves and forgives you!

The Bible says, "Be still and know that I am God." Find a quiet place, close your eyes, and try being still for 5 minutes while imagining what God looks like. How did that make you feel?

Pray for our church to be a community where everyone knows and loves God and each other.

Psalm 145 says, "Great is the LORD and most worthy of praise." Thank God for something He's done or something you love about Him. "God, I praise you because..."

30 DAYS OF PRAYER

Every day, we walk by people we know and don't know. Today, ask God to help you see someone who could use your help and then help them.

Some days are harder than others. Is there something making you sad in your own life or the world around you? Tell God about it and ask Him to comfort you and others.

Pray that a neighbor, a friend, or someone at your school would become more curious about God and want to meet Him and learn more about His Big Story.

Sometimes, we can't do things on our own, no matter how much we try. What's something in your life that you could use God's help with?



Ask God to help you think of someone who needs encouragement today. How could you encourage that person?

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Pray for our church's leaders to grow closer to Jesus as they make decisions and lead us. God is always at work. Thank God for something He's done for you or helped you with recently.

> Our cities would not be the same without the people that take care of us. Pray for your city's police officers, firefighters, doctors, and nurses. Ask God to help them and protect them while they help others.

Some people around the world are in danger because of their love for Jesus. Pray that God would protect and care for them as they tell others about Jesus.

Close your eyes and picture your group of friends. Pick one of those friends and pray that God will work in their life and that they will get to know Him more.

Sometimes, we say or do things we wish we had not done. What did you say to someone else today that you wish you could take back? Tell God about it. Ask Him what to do next.



Try taking some deep breaths for a minute or two. As you breathe, thank God for loving and caring for you.

People all over our neighborhood have yet to meet Jesus. Ask God to help our church to love those around us better.

You have some important people in your life right now. Think of one of them now, picturing the things you treasure about them. Thank God for this person, and pray for them.

> For some of you, school is underway. New routines are starting: some will feel familiar, and others will not. Pause for a moment and pray for your teachers and classmates and for a great school year ahead.

become more like Jesus takes time. Pray that God would help you love Him even more and that you would become the kind of person He created you to

To be with Jesus and

Psalm 46 says, "God is our refuge and strength, an ever-present help in trouble." Ask God to show you parts of your day where you need His help



There are a lot of people at church that you don't know yet. Pray that our church family would grow to love each other even more.

3 DAYS OF PRAYER

There are people around the world who have more and less than you. Pray for those who need food and clothing and ask God to provide for them.

Jesus knows everyone, but not everyone knows about Jesus. Pray for people who have never heard about Jesus and for some to tell them about Him!

Praise God for who He is and how He's been at work in your life through these days of prayer.