



Spouse Caregiver Social

When: First Wednesday of each month

11:45am-1:00pm

Where: WUMC Parlor

Why:

As a spouse, your challenges are unique. Would you like an opportunity to discuss candidly, what is on your mind with other spouses that bring their partners to Respite? Bring your loved one to Respite Care (even if it is not their scheduled day) and enjoy some time with others in your situation.

Bring a bag lunch from home for your loved one if they are attending Respite during the meeting.

If it is not your loved one's day to attend Respite, pick them up by 1pm, there will be no charge assessed. Please use the second door by the restrooms for drop off and pick up to reduce disruption for others staying all day.

RSVP to Carolyn if you plan to attend and if you are bringing your loved one. 229-1771 ext 354 or cyowell@williamsburgumc.org