## Bereavement Support Group "Honoring the Journey"

**When:** First Wednesday of each month from 12n0on-1:00pm

**Where:** Williamsburg United Methodist Church 500 Jamestown Road Den

## Why:

The purpose of this gathering is to provide an opportunity for those who have experienced the loss of a loved one to come together in support of one another and to share in their grief journey. We find healing through sharing our stories with one another but we respect an individual's desire to listen without sharing. Healing, hope and renewal can be found through honoring each individual's unique grief process, recognizing that it is a journey that takes as long as it takes. All are welcome, including families connected through our Respite program.

For questions about the Support Group, contact a facilitator: Deacon Francis Roettinger, <u>froettinger@bedeva.org</u>, Nancy Rivero 206-1943, or Pastor Meghan Roth Clayton, <u>mclayton@williamsburgumc.org</u> 229-1771 ext 261