Bereavement Support Group

“Honoring the Journey”

When: Second Wednesday of each month from February to May
12noon-1:00pm

February 12 - Introductions & Story-Sharing
March 11 - The Unpredictable Journey of Grief
April 8 - Healing of Mind, Body and Spirit
May 13 - Soul-tending Practices

Where: Williamsburg United Methodist Church
500 Jamestown Road
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Why: While bereavement support group is created for those who have experienced the loss of a loved one to extended illness, all are welcome. You can come for any session. While there planned topics, we keep an open forum: brief devotion, reflections on the day’s topic, open conversation, and a brief closing prayer. We find healing through sharing our stories with one another but we respect an individual’s desire to listen without sharing. Healing, hope and renewal can be found through honoring each individual’s unique grief process, recognizing that it is a journey that takes as long as it takes. For questions about the Support Group, contact a facilitator: Deacon Francis Roettinger, froettinger@bedeva.org, Nancy Rivero 206-1943, or Pastor Meghan Roth Clayton, mclayton@williamsburgumc.org 229-1771 ext 261.