

All Saints Counseling

Meet our Counselors



Fernando Freitas

Fernando specializes in helping individuals dealing with anxiety and its various consequences, such as the impact on motivation, losses, unemployment, divorces, college-related stress, moving, and other similar situations. Whether you're a young adult or someone in a committed relationship, whether you prefer online or in-person sessions, Fernando is here to assist you.



Mark McKinney

I have a bachelor's degree from Stanford University and a Master's from Princeton Theological Seminary. I worked as a Certified Sexual Addiction Therapist from 2012 to 2023. Since March of 2023 I have been doing the same work I did as a CSAT but this time under my ministerial license which has given me more freedom to speak and counsel biblically. There is a biblical solution to addiction which is simple but not easy. It requires rigorous honesty and true fellowship using 1 John 1:7 as my template. I have worked with over 1,000 couples and have seen the Lord set free those men who are willing to follow this rigorous yet simple path.



Adam Moore

Adam has experience working the last 10 years with individuals (both children and adults), couples, and families dealing with a variety of issues. This ranges from stress and anxiety, relationship and life problems, to even major depression and suicidal thoughts. Past job experiences have led him to the specialization of adolescents struggling in all of these areas, but is able to help people of all ages and backgrounds.

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