OCTOBER AM Snack 2025

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			Whole Grain crackers and blueberries	Puff corn and apple slices	Cereal bar and fruit cup	4
5	Peaches and graham crackers	7 Veggie straws and fruit cup	8 Grapes and mini bagels	9 Mini muffins and sliced strawberries	Animal crackers and mandarin oranges	11
12	Pretzels and banana halves	14 Cheerios and pear slices	Whole Grain crackers and blueberries	16 Puff corn and apple slices	17 Cereal bar and fruit cup	18
19	Peaches and graham crackers	21 Veggie straws and fruit cup	22 Grapes and mini bagels	Mini muffins and sliced strawberries	Animal crackers and mandarin oranges	25
26	27 Pretzels and banana halves	28 Cheerios and pear slices	Whole Grain crackers and blueberries	30 Puff corn and apple slices	31 Cereal bar and fruit cup	

OCTOBER LUNCH 2025

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 Hot Dog, Banana, Steamed Corn	Pasta with meat sauce, broccoli, orange slices	Cheese Pizza, mixed veggies, apple sauce cup	4
5	French Toast Sticks, Sausage, apple sauce	7 Chicken Nuggets, Apple slices, Steamed Broccoli	Turkey and cheese roll up, cucumber slices, banana halves	9 CheeseBurger Macaroni, Mixed Fruit cup, Steamed Broccoli	Cheese Pizza, Carrot sticks, Apple Slices	11
12	Nachos with cheese, mixed veggies, orange slices	PB&J Uncrustable, Celery Sticks, Apple Slices	15 Hot Dog, Banana, Steamed Corn	Pasta w/Meat sauce, Grapes, Cucumber slices	Cheese Pizza, mixed veggies, apple sauce cup	18
19	French Toast Sticks, Sausage, apple sauce	21 Chicken Nuggets, Apple slices, Steamed Broccoli	Turkey and cheese roll up, cucumber slices, banana halves	CheeseBurger Macaroni, Mixed Fruit cup, Steamed Broccoli	Cheese Pizza, Carrot sticks, Apple Slices	25
26	Nachos with cheese, mixed veggies, orange slices	28 PB&J Uncrustable, Celery Sticks, Apple Slices	29 Hot Dog, Banana, Steamed Corn	Pasta w/Meat sauce, Grapes, Cucumber slices	31	