



MESSIAH EPISCOPAL CHURCH

**Third Sunday In Lent
March 8th, 2026 8:30 and 11 am
Rite I Eucharist**

Worship Emphasis for Lent 2026.

Our Lenten Theme is "Lord Have Mercy Upon Us & Incline our Hearts", which comes from the recitation of the Decalogue in the Prayer Book tradition. Archbishop Thomas Cranmer, the first Protestant Archbishop of Canterbury, like Luther and Calvin, began the liturgy for Holy Communion with a recitation of the Ten Commandments. In our tradition the Presider begins, "God spake these words and said", followed by each of the Ten Commandments, with the congregation replying, "Lord, have mercy upon us, and incline our hearts to keep this Law". As Protestant Christians we hear the Law, reminding us of the grace of the Gospel, and the promise of the Holy Spirit to follow Jesus. As the prophets promised: "I'll pour pure water over you and scrub you clean. I'll give you a new heart, put a new spirit in you. I'll remove the stone heart from your body and replace it with a heart that's God-willed, not self-willed. I'll put my Spirit in you and make it possible for you to do what I tell you and live by my commands", Ezekiel 36:26-27 (MSG).

We also return to the traditional language of Rite I, in the Book of Common Prayer, for Lent. It's not so much the traditional language that I so value about Rite I as it is its theology. Keeping close to the intention of the English Reformation, the Rite I liturgy of Holy Communion takes seriously both our sin, and, even more, God's grace in Jesus and in the pouring out of the Holy Spirit in our hearts. While the language is traditional, this Lent our focus is on "heart religion", what theologian Simeon Zahl calls Thomas Cranmer's "technology of the heart". As Ezekiel prophesied God saying to his people, "I will remove the heart of stone from their flesh and give them a heart of flesh". Again, this Lent we'll begin the week with liturgies from the Book of Common Prayer: by saying the Great Litany at 8:15am on Sunday mornings in the Church, and Compline on our YouTube Channel Sundays at 9pm. Also look for the Stations of the Cross to return on Lent IV through Holy Week!

With every blessing,

Rev. Dave+

An Episcopal Church in the Anglican Communion

THE WORD OF GOD

All stand.

OPENING HYMN

I Want Jesus To Walk With Me

In temp - ta - tion, Lord walk with me;
In temp - ta - tion, Lord walk with me;
All a - long my pil - grim jour - ney,
Lord I want Je - sus to walk with me.

Words: Traditional; Music: Negro Spiritual

Please turn in the Book of Common Prayer to p. #323.

OPENING ACCLAMATION

BCP p. 323

Leader Bless the Lord who forgiveth all our sins;

All His mercy endureth for ever.

COLLECT FOR PURITY

Leader Almighty God, unto whom all hearts are open...

...and worthily magnify thy holy Name; through Christ our Lord.

All Amen.

Please kneel as you are able.

THE DECALOGUE

BCP p. 317-318

Leader God spake these words, and said...

All ...and write all these thy laws in our hearts, we beseech thee.

KYRIE ELEISON

Hymnal S-96

Lord, have mercy. Lord, have mercy.
Christ, have mercy. Christ, have mercy.
Lord, have mercy. Lord, have mercy.
Lord, have mercy. Lord, have mercy.

All stand.

COLLECT OF THE DAY

BCP p. 167

Leader The Lord be with you.

All And with thy spirit.

Leader Let us pray.

Almighty God, who seest that we have no power...
...and the Holy Spirit, one God, for ever and ever.

All Amen.

All sit.

THE LESSONS

BCP p. 325

OLD TESTAMENT LESSON

(Exodus 17:1-7)

Bible OT p. 64

Please turn in your pew Bible to OT p. # 64.

After the reading:

Reader The word of the Lord.

All Thanks be to God.

Psalm 95: Now With Joyful Exultation

1. Now with joy - ful ex - ul - ta - tion, let us to the Lord sing praise;
 2. For, how great a God, and glo - rious, is the Lord of whom we sing;
 3. To the Lord, such might re - veal - ing, let us come with rev - 'rence meet,
 4. While He of - fers peace and par - don, let us hear His voice to - day,

to the Rock of our sal - va - tion loud ho - san - nas let us raise;
 o - ver i - dol gods vic - to - rious, great is He, our God and King.
 and, be - fore our Mak - er kneel - ing, let us wor - ship at His feet.
 lest, if we our hearts should har - den, we should per - ish in the way;

thank - ful trib - ute glad - ly bring - ing, let us come be - fore Him now,
 In His hand are earth's deep plac - es, His the strength of all the hills;
 He is our own God who leads us, we the peo - ple of His care;
 lest to us, so un - be - liev - ing, He in judg - ment should de - clare:

and, with psalms His prais - es sing - ing, joy - ful in His pres - ence bow.
 His the sea whose bounds He trac - es, His the land His boun - ty fills.
 with a shep - herd's hand He feeds us as His flock in pas - tures fair.
 "You, so long My Spir - it griev - ing, nev - er in My rest can share."

Words: *The Psalter*, 1912, alt.
 Music: Julius Dietrich, 1894
 Words this version © 2020 Grace Immanuel Bible Church

DIETRICH
 87 87 D

All stand.

THE HOLY GOSPEL

(John 4:7-26)

Bible NT p.95

Please turn in your pew Bible to NT p. # 95.

Reader The Holy Gospel of our Lord Jesus Christ according to ...

All Glory be to thee, O Lord.

After the reading:

Reader The Gospel of the Lord.

All Praise be to thee, O Christ.

All sit.

THE SERMON

the Rev. Dave Langille

All stand.

THE NICENE CREED

BCP p. 327-328

Please turn in the Book of Common Prayer, p. #327, as we profess our faith in the words of the Nicene Creed.

**All I believe in one God
 the Father Almighty,
 maker of heaven and earth...
 ...and I look for the resurrection of the dead,
 and the life of the world to come. Amen**

Please kneel as you are able.

THE PRAYERS OF THE PEOPLE: FORM V

BCP p. 389-391

Leader In peace, let us pray to the Lord, saying, "Kyrie eleison"
 For the holy Church of God, that it may be filled...
 ...we pray to you, O Lord.

Here and after every petition the People respond, "Kyrie eleison".

CONFESSION OF SIN

BCP p. 330-331

Leader Ye who do truly and earnestly repent you of your sins...

All **Almighty God,
Father of our Lord Jesus Christ...
...through Jesus Christ our Lord. Amen.**

All stand.

ABSOLUTION & COMFORTABLE WORDS

BCP p. 332

Leader Almighty God, our heavenly Father, who of his great mercy...

Leader Hear what comfortable words our Saviour Christ saith unto all who truly turn unto him...

THE PEACE

BCP p. 332

Leader The peace of the Lord be always with you.
Maw Ywa, ata ghu ta poe, oh taw thu da kay.

All **And with thy Spirit.
Maw oh taw, na thar da kay.**

Please take a moment to share the sign of peace with those around you.

All sit.

WELCOME AND ANNOUNCEMENTS

A greeting from our clergy to Messiah members and our guests; we'll also share news for the Messiah community.

THE HOLY COMMUNION

THE OFFERTORY

Leader Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God. *Ephesians 5:2*

The bread and wine are brought forward and the offering is received.

OFFERTORY HYMN

Jesus Is The Answer/ Seek Ye First

Festival Choir

(Words & Music: A. Crouch/ K. Lafferty; Arranged by: B. Harlan)

All stand as offering is brought forward.

Leader All things come of thee, O Lord.

All **And of thine own have we given thee.**

THE GREAT THANKSGIVING: EUCHARISTIC PRAYER II **BCP p. 340-343**

Please turn in the Book of Common Prayer to p. # 340.

Leader The Lord be with you.

All **And with thy spirit.**

Leader Lift up your hearts.

All **We lift them up unto the Lord.**

Leader Let us give thanks unto our Lord God.

All **It is meet and right so to do.**

Please kneel as you are able.

Leader It is very meet, right, and our bounden duty...

...Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

SANCTUS

Ho - ly, ho - ly, ho - ly, Lord, God of power and might, —
Ho - ly, ho - ly, ho - ly, Lord God of power and might —
hea - ven and earth are full, — full — of your glo - ry
Ho - san - na in the high - est Ho - san - na in the high - est.
Bless - ed is he who comes — in the name of the Lord. —
Ho - san - na in the high - est Ho - san - na in the high - est.

Setting: From Deutsche Messe, Franz Peter Schubert (1797-1828); arr. Richard Proulx (b. 1937)

Leader All glory be to thee, O Lord our God, for thou didst create...
... By whom, and with whom, and in whom, in the unity of the Holy Ghost all honor and glory be unto thee, O Father Almighty, world without end. **AMEN.**

THE LORD'S PRAYER

Leader And now, as our Savior Christ hath taught us, we are bold to say:

THE LORD'S PRAYER (spoken with traditional language) **BCP p. 336**

THE BREAKING OF THE BREAD

BCP p. 337-338

Please turn in the Book of Common Prayer to p. #337.

COMMUNION FRACTION ANTHEM

Hymnal #S164

Jesus, Lamb of God

Jesus, Lamb of God: have mercy on us,
Jesus, bearer of our sins: have mercy on us,
Jesus, redeemer, redeemer of the world:
Give us your peace, give us your peace.

Leader Christ our Passover is sacrificed for us;

All Therefore let us keep the feast.

PRAYER OF HUMBLE ACCESS

BCP p. 337-338

Leader We do not presume to come to this thy Table ...
... That we may evermore dwell in him, and he in us. **Amen.**

Leader The Gifts of God for the People of God...

All are invited to kneel in prayer at the Communion. The ushers will release you, one pew at a time, to kneel at the Altar Rail to receive Holy Communion. All baptized believers in Jesus are welcome to receive the Eucharist. A special note to visitors: If you are accustomed to receiving Holy Communion in your home Church, no matter what its denomination, you are also welcome to receive Holy Communion. After receiving the bread, one is free to receive the chalice. If you would prefer to receive the bread only, simply cross your arms in front of you. And, if you would prefer to receive a blessing only, please also signify by crossing your arms. Thank you.

8:30 am service: Healing team members Deb Baird and Jean Smidt are available for prayer during communion.

11 am service: Healing team members Libby Johnson and Christy Libbus are available for prayer during communion, concurrent with Joanne Slinger & Jennifer Wilson available for prayer by calling 612-803-9020.

All sit or kneel.

COMMUNION MUSIC

All Who Are Thirsty

All who are thirst - ty, All who are weak,
 Come to the foun - tain; Dip your heart in the stream of
 life. Let the pain and the sor - row Be washed a - way
 In the waves of His mer - cy, As deep cries out to deep, we sing
 1. 2. Come, Lord Je - sus, come. Come, Lord Je - sus,
 come. Come, Lord Je - sus, come. *D.C.* All who are thirst -
 3. Ho - ly Spi - rit, come. *Repeat ad. lib.*
 Gra - cious Fath - er, come.

Words & Music: Brenton Brown & Glenn Robertson; ©1998 Vineyard Songs (UK/EIRE). Used by permission, CCLI # 167557

Behold The Lamb

1. Be - hold the Lamb who bears our sins a - way, slain for us:
 2. The bo - dy of our Sav - ior, Je - sus Christ, torn for you:
 3. The blood that cleans - es ev - ery stain of sin, shed for you:
 4. And so with thank - ful - ness and faith We rise to re - spond:
 and we re - mem - ber the prom - ise made that all who
 eat and re - mem - ber the wounds that heal, the death that
 drink and re - mem - ber He drained death's cup that all may
 and to re - mem - ber our call to fol - low in the
 come in faith find for - give - ness at the cross. So we
 brings us life, paid the price to make us one. So we
 en - ter in to re - ceive the life of God. So we
 steps of Christ as His bo - dy here on earth. As we
 share in this Bread of Life, and we drink of His sac - ri - fice, as a
 share in this Bread of Life, and we drink of His sac - ri - fice, as a
 share in this Bread of Life, and we drink of His sac - ri - fice, as a
 share in His suf - fer - ing, we pro - claim: Christ will come a - gain! And we'll
 sign of our bonds of peace a - round the ta - ble of the King.
 sign of our bonds of love a - round the ta - ble of the King.
 sign of our bonds of grace a - round the ta - ble of the King.
 join in the feast of heav'n a - round the ta - ble of the King.

Words and Music: Keith Getty, Kristyn Getty, Stuart Townend; © 2007 Thankyou Music/Adm. by worshipertogether.com SongsUsed by Permission CCLI #167557

At Messiah we generally stand for the last Communion song, the Altar party will stand first.

God With Us (Our Deliverer)

1. Oh, You've come to bring peace, to be Love,
2. Oh, You've come to be Hope to this world,

to be near - er to us. You've come to bring life,
for Your hon - or and name. And You've come to take sin,

to be Light, to shine bright - er in us. Oh, Em -
to bear shame, and to con - quer the grave.

man - u - - - el, God with us.

Chorus
Our De - liv - er - er, You are Sav - ior. In Your pres - ence we
find our strength o - ver ev - 'ry - thing, our Re - demp - tion,
God with us, You are God with us.

Bridge
You are here. You are ho - ly. We are stand - ing in Your glo - ry.
in Your glo - ry, Lord.

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All kneel.

POST COMMUNION PRAYER

BCP p. 339

Please turn in the Book of Common Prayer to p. #339.

Leader Almighty and everliving God, we most heartily thank thee ...
...Holy Ghost, be honor and glory, world without end.

All Amen.

THE BLESSING

BCP p. 339

The Celebrant offers a blessing to the people in the name of God: Father, Son and Holy Spirit.

All stand.

CLOSING HYMN

Come Thou Fount

Come thou fount of ev'ry blessing, tune my heart to sing thy grace!
Streams of mercy never ceasing, call for songs of loudest praise.
Teach me some melodious sonnet, sung by flaming tongues above.
Praise the mount! I'm fixed upon it, mount of thy redeeming love.

Here I raise mine Ebenezer; hither by thy help I'm come;
and I hope by thy good pleasure, safely to arrive at home.
Jesus sought me when a stranger, wand - 'ring from the fold of God;
he to rescue me from danger, interposed his precious blood.

Oh, to grace how great a debtor daily I'm constrained to be!
Let thy grace Lord, like a fetter, bind my wand - 'ring heart to thee;
prone to wander, Lord, I feel it, prone to leave the God I love;
here's my heart, Lord, take and seal it, seal it for thy courts above.

Arrangement by John Wyeth and words by Robert Robinson
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THE DISMISSAL

BCP p. 340

Please turn in the Book of Common Prayer to p. #340.

Leader Let us go forth into the world, rejoicing in the power of the Holy Spirit.

All Thanks be to God.



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