



MESSIAH EPISCOPAL CHURCH

**Fifth Sunday In Lent
March 22nd, 2026 8:30 and 11 am
Rite I Eucharist**

Worship Emphasis for Lent 2026.

Our Lenten Theme is "Lord Have Mercy Upon Us & Incline our Hearts", which comes from the recitation of the Decalogue in the Prayer Book tradition. Archbishop Thomas Cranmer, the first Protestant Archbishop of Canterbury, like Luther and Calvin, began the liturgy for Holy Communion with a recitation of the Ten Commandments. In our tradition the Presider begins, "God spake these words and said", followed by each of the Ten Commandments, with the congregation replying, "Lord, have mercy upon us, and incline our hearts to keep this Law". As Protestant Christians we hear the Law, reminding us of the grace of the Gospel, and the promise of the Holy Spirit to follow Jesus. As the prophets promised: "I'll pour pure water over you and scrub you clean. I'll give you a new heart, put a new spirit in you. I'll remove the stone heart from your body and replace it with a heart that's God-willed, not self-willed. I'll put my Spirit in you and make it possible for you to do what I tell you and live by my commands", Ezekiel 36:26-27 (MSG).

We also return to the traditional language of Rite I, in the Book of Common Prayer, for Lent. It's not so much the traditional language that I so value about Rite I as it is its theology. Keeping close to the intention of the English Reformation, the Rite I liturgy of Holy Communion takes seriously both our sin, and, even more, God's grace in Jesus and in the pouring out of the Holy Spirit in our hearts. While the language is traditional, this Lent our focus is on "heart religion", what theologian Simeon Zahl calls Thomas Cranmer's "technology of the heart". As Ezekiel prophesied God saying to his people, "I will remove the heart of stone from their flesh and give them a heart of flesh". Again, this Lent we'll begin the week with liturgies from the Book of Common Prayer: by saying the Great Litany at 8:15am on Sunday mornings in the Church, and Compline on our YouTube Channel Sundays at 9pm. Also look for the Stations of the Cross to return on Lent IV through Holy Week!

With every blessing,

Rev. Dave+

An Episcopal Church in the Anglican Communion

THE WORD OF GOD

All stand.

OPENING HYMN

I Want Jesus To Walk With Me

I want Je - sus to walk with me;
I want Je - sus to walk with me;
All a - long my pil - grim jour - ney,
Lord I want Je - sus to walk with me.

Words: Traditional; Music: Negro Spiritual

Please turn in the Book of Common Prayer to p. #323.

OPENING ACCLAMATION

BCP p. 323

Leader Bless the Lord who forgiveth all our sins;

All His mercy endureth for ever.

COLLECT FOR PURITY

Leader Almighty God, unto whom all hearts are open...
...and worthily magnify thy holy Name; through Christ our Lord.

All Amen.

Please kneel as you are able.

THE DECALOGUE

BCP p. 317-318

Leader God spake these words, and said...

All ...and write all these thy laws in our hearts, we beseech thee.

KYRIE ELEISON

Hymnal S-96

Lord, have mercy. Lord, have mercy.
Christ, have mercy. Christ, have mercy.
Lord, have mercy. Lord, have mercy.
Lord, have mercy. Lord, have mercy.

All stand.

COLLECT OF THE DAY

BCP p. 167

Leader The Lord be with you.

All And with thy spirit.

Leader Let us pray.

O Almighty God, who alone canst order the unruly wills...
...and the Holy Spirit, one God, now and for ever.

All Amen.

All sit.

THE LESSONS

BCP p. 325

OLD TESTAMENT LESSON (Ezekiel 37:1-14)

Bible OT p. 806

Please turn in your pew Bible to OT p. # 806.

After the reading:

Reader The word of the Lord.

All Thanks be to God.

Psalm 130: Out Of The Deep I Call

1. Out of the deep I call to Thee, O Lord, to Thee.
 2. Out of the deep I cry, the woe - ful deep of sin,
 3. Out of the deep of fear and dread of com - ing shame;
 4. Lord, there is mer - cy now, as ev - er was, with Thee.

Be - fore Thy throne of grace I fall; be mer - ci - ful to me.
 of e - vil done in days gone by, of e - vil now with - in;
 all night till morn - ing watch is near I plead the pre - cious name.
 Be - fore Thy throne of grace I bow; be mer - ci - ful to me.

Words: Henry W. Baker, 1868
Music: William Daman, *The Psalms of David*, 1579

SOUTHWELL
SM

All stand.

THE HOLY GOSPEL (John 11:3-7, 17, 20-27, 33b-45) Bible NT p.104-105

Please turn in your pew Bible to NT p. # 104.

Reader The Holy Gospel of our Lord Jesus Christ according to ...

All Glory be to thee, O Lord.

After the reading:

Reader The Gospel of the Lord.

All Praise be to thee, O Christ.

All sit.

THE SERMON

the Rev. Jeckonia Okoth

All stand.

THE NICENE CREED

BCP p. 327-328

Please turn in the Book of Common Prayer, p. #327, as we profess our faith in the words of the Nicene Creed.

All I believe in one God
the Father Almighty,
maker of heaven and earth...
...and I look for the resurrection of the dead,
and the life of the world to come. Amen

Please kneel as you are able.

THE PRAYERS OF THE PEOPLE: FORM V

BCP p. 389-391

Leader In peace, let us pray to the Lord, saying, "Kyrie eleison"
For the holy Church of God, that it may be filled...
...we pray to you, O Lord.

Here and after every petition the People respond, "Kyrie eleison".

CONFESSION OF SIN

BCP p. 330-331

Leader Ye who do truly and earnestly repent you of your sins...

All **Almighty God,
Father of our Lord Jesus Christ...
...through Jesus Christ our Lord. Amen.**

All stand.

ABSOLUTION & COMFORTABLE WORDS

BCP p. 332

Leader Almighty God, our heavenly Father, who of his great mercy...

Leader Hear what comfortable words our Saviour Christ saith unto all who truly turn unto him...

THE PEACE

BCP p. 332

Leader The peace of the Lord be always with you.
Maw Ywa, ata ghu ta poe, oh taw thu da kay.

All **And with thy Spirit.
Maw oh taw, na thar da kay.**

Please take a moment to share the sign of peace with those around you.

All sit.

WELCOME AND ANNOUNCEMENTS

A greeting from our clergy to Messiah members and our guests; we'll also share news for the Messiah community.

THE HOLY COMMUNION

THE OFFERTORY

Leader Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God. *Ephesians 5:2*

The bread and wine are brought forward and the offering is received.

OFFERTORY HYMN

We Shall Rise Again

Festival Choir

Words & Music: Jeremy Young
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All stand as offering is brought forward.

Leader All things come of thee, O Lord.

All **And of thine own have we given thee.**

THE GREAT THANKSGIVING: EUCHARISTIC PRAYER II **BCP p. 340-343**

Please turn in the Book of Common Prayer to p. # 340.

Leader The Lord be with you.

All **And with thy spirit.**

Leader Lift up your hearts.

All **We lift them up unto the Lord.**

Leader Let us give thanks unto our Lord God.

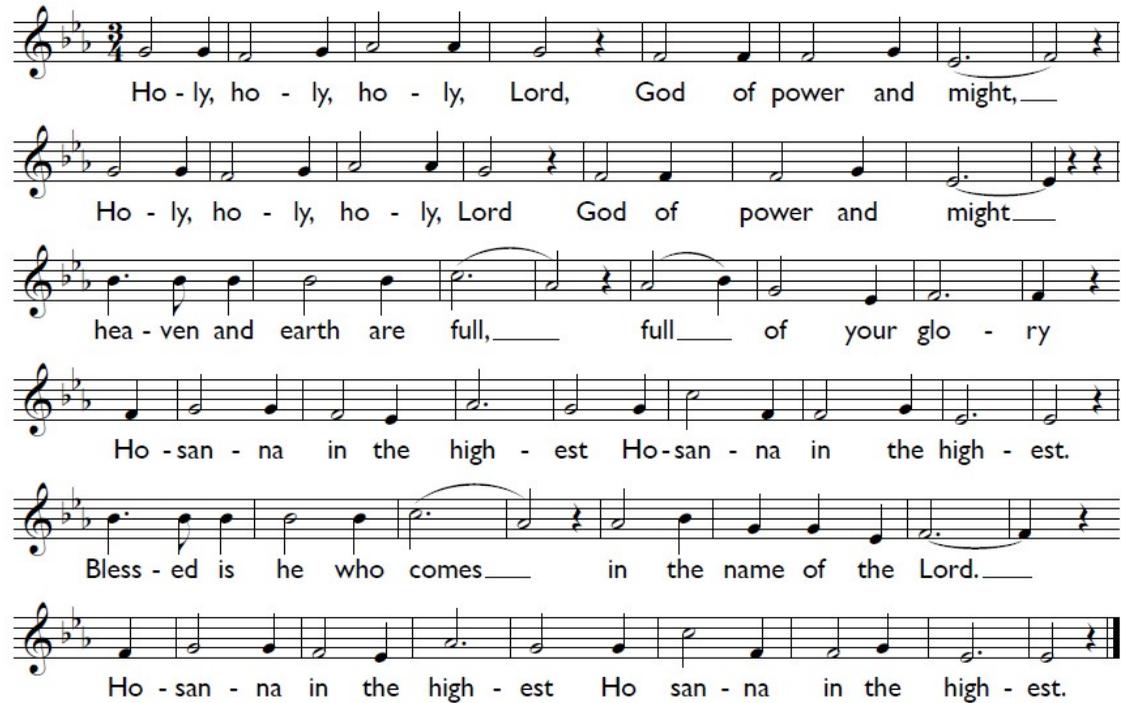
All **It is meet and right so to do.**

Please kneel as you are able.

Leader It is very meet, right, and our bounden duty...

...Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

SANCTUS



Ho - ly, ho - ly, ho - ly, Lord, God of power and might, —
Ho - ly, ho - ly, ho - ly, Lord God of power and might —
hea - ven and earth are full, — full — of your glo - ry
Ho - san - na in the high - est Ho - san - na in the high - est.
Bless - ed is he who comes — in the name of the Lord. —
Ho - san - na in the high - est Ho - san - na in the high - est.

Setting: From Deutsche Messe, Franz Peter Schubert (1797-1828); arr. Richard Proulx (b. 1937)

Leader All glory be to thee, O Lord our God, for thou didst create...
... By whom, and with whom, and in whom, in the unity of the Holy Ghost all honor and glory be unto thee, O Father Almighty, world without end. **AMEN.**

THE LORD'S PRAYER

Leader And now, as our Savior Christ hath taught us, we are bold to say:

THE LORD'S PRAYER (spoken with traditional language) **BCP p. 336**

THE BREAKING OF THE BREAD

BCP p. 337-338

Please turn in the Book of Common Prayer to p. #337.

COMMUNION FRACTION ANTHEM

Hymnal #S164

Jesus, Lamb of God

Jesus, Lamb of God: have mercy on us,
Jesus, bearer of our sins: have mercy on us,
Jesus, redeemer, redeemer of the world:
Give us your peace, give us your peace.

Leader Christ our Passover is sacrificed for us;
All Therefore let us keep the feast.

PRAYER OF HUMBLE ACCESS

BCP p. 337-338

Leader We do not presume to come to this thy Table ...
... That we may evermore dwell in him, and he in us. **Amen.**

Leader The Gifts of God for the People of God...

All are invited to kneel in prayer at the Communion. The ushers will release you, one pew at a time, to kneel at the Altar Rail to receive Holy Communion. All baptized believers in Jesus are welcome to receive the Eucharist. A special note to visitors: If you are accustomed to receiving Holy Communion in your home Church, no matter what its denomination, you are also welcome to receive Holy Communion. After receiving the bread, one is free to receive the chalice. If you would prefer to receive the bread only, simply cross your arms in front of you. And, if you would prefer to receive a blessing only, please also signify by crossing your arms. Thank you.

8:30 am service: Healing team members George Slanger and Joanne Slanger are available for prayer during communion.

11 am service: Healing team members Walter McManus and Anne McManus are available for prayer during communion, concurrent with Joanne Slanger & Jennifer Wilson available for prayer by calling 612-803-9020.

All sit or kneel.

COMMUNION MUSIC

Turn Your Eyes Upon Jesus

1. O soul, are you wea - ry and trou - bled? No light in the
 2. Through death in - to life ev - er - last - ing He passed, and we
 3. His word shall not fail you— He prom - ised; Be - lieve Him, and

dark - ness you see? There's light for a look at the Sav - iour, And
 fol - low Him there; O - ver us sin no more hath do - min - ion— For
 all will be well: Then go to a world that is dy - ing, His

life more a - bun - dant and free!
 more than con - quer - ors we are! Turn your eyes up - on Je - sus,
 per - fect sal - va - tion to tell!

Look full in His won - der - ful face, And the things of

earth will grow strange - ly dim In the light of His glo - ry and grace.

Words and Music: Helen Lemmel

His Glory And My Good

1. I have seen my Father's glory revealed in Jesus Christ
And the more that I behold Him the more He satisfies
When I gaze upon His beauty when I see Him as I should
Then my eyes are lifted upward
For His glory and my good
2. There is hope in every trial for I can trust the Lord
He will turn my heart towards Him and help me bear the thorn
So in faith I follow Jesus on the road not understood
For I know that He is working for His glory and my good

Chorus To our God be the glory to our God be praise
He a - lone the name above all names
I will boast ever only in the Lord my God
(1.) For I know His glory is my good (To Turn.)
(2.) For I know His glory is my good (To Instr.)

Turnaround

3. See the open arms of Jesus up - on the cross that day
What they understood as weakness de - serves my every praise
For the charge that was a - gainst me it was nailed into the wood
Yes I know that He has saved me
For His glory and my good (To Chorus 1)

Instrumental

4. Would I gladly be made nothing that Christ would be made more
Would I seek the only kingdom that far outweighs them all
I will stand before my Father where the faithful saints have stood
And with joy my heart shall praise Him for His glory and my good
And with joy my heart shall praise Him for His glory and my good

Chorus To our God be the glory to our God be praise
He alone the name above all names
I will boast ever only in the Lord my God
For I know His glory is my good
To our God be the glory to our God be praise
He alone the name above all names
I will boast ever only in the Lord my God
For I know His glory is my good
Yes I know His glory is my good

At Messiah we generally stand for the last Communion song, the Altar party will stand first.

I Will Rise

1. There's a peace I've come to know, though my heart and flesh may fail.
(2. There's a) day that's draw - ing near_ when this dark-ness breaks to light.

_ There's an an - chor for my soul - I can say, "It is_ well."
_ and the shad - ows dis - ap - pear, and my faith_ shall be_ my eyes.

Je - sus has o - ver - come, _ and the grave_ is o - ver - whelmed;

_ The vic - to - ry_ is won, _ He is ris - en from_ the dead.

And I_ will rise_ when He calls my name; no_ more sor - row, no

_ more pain. I will rise_ on ea - gles' wings; be - fore my God fall on

_ my knees, and rise. I will rise. 2. There's a

(rise.)_ And I hear the voice_ of man - y an - gels sing, "Wor-

- thy is_ the Lamb!" And I hear the cry_ of ev - ery long -

1. ing heart, "Wor - thy is the Lamb!" And I hear the voice
 2. ing heart. "Wor - thy is the Lamb!" "Wor - thy is the Lamb!" *D.S. al Fine*

Words and Music: Louie Giglio, Chris Tomlin, Matt Maher, Jesse Reeves; CCLI Song #5183450
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All kneel.

POST COMMUNION PRAYER

BCP p. 339

Please turn in the Book of Common Prayer to p. #339.

Leader Almighty and everliving God, we most heartily thank thee ...
 ...Holy Ghost, be honor and glory, world without end.

All Amen.

THE BLESSING

BCP p. 339

The Celebrant offers a blessing to the people in the name of God: Father, Son and Holy Spirit.

All stand.

CLOSING HYMN

We Sing The Praise Of Him Who Died

Hymnal #471

- | | | |
|---|--|---|
| ၁. သးဝံင်ယုန်ရှူးဒီးသံအသး၊
ဒီးသံအသးလာထုန်စုညါ၊
ဘန်ဒုန်ခွဲန်နရ်သကဘန်ဆန်၊
အဲန်ကုၤအိၤလာၤသ့ၤလၢၤသး။ | ၄. ထုန်စုညါမၤဆုန်ထီၣ်ပသး၊
ဒီးဟုန်ပသးအဂံၢ်အဘါ၊
ပတၢ်ကမိၤမုၢ်ထုန်စုညါ၊
တၢ်သံတၢ်မုၢ်တၢ်ဖျါလၢၤဘန်။ | ၃. ထုန်စုညါဖိၣ်ကွံၣ်တၢ်ဒဲးဘး၊
ထုန်စုညါမၤမုၢ်ထီၣ်ပသး၊
ဒုးသုန်စုသးစုပုၤဒိန်မး၊
ဒုးကဲထီၣ်ထံဟီၣ်လၢထံဘျါ။ |
| ၂. တၢ်ကွဲးအသးလာထုန်အလံၤ၊
ကစၢ်ယွၤမုၢ်တၢ်အဲၣ်တၢ်ကွဲး၊
ယုန်ရှူးဒီးသံမုၢ်လၢပယံ၊
ယုန်ရှူးအုန်ကုၤခိန်ကုၤပုၤလံ။ | ၅. ထုန်စုညါမၤမုၢ်ထီၣ်ပသး၊
ဒီးဒုးနဲၣ်ယွၤတၢ်အဲၣ်တၢ်ကွဲး၊
ပုၤဒဲးဘးဖိသန့ၤအသး၊
ဒီးမူခိန်ဖိပတြၢၤသးဝံင်။ | |



THE DISMISSAL

BCP p. 340

Please turn in the Book of Common Prayer to p. #340.

Leader Let us go forth into the world, rejoicing in the power of the Holy Spirit.

All Thanks be to God.

An Episcopal Church in the Anglican Communion