



**MESSIAH EPISCOPAL CHURCH**

**First Sunday In Lent**  
**February 22nd, 2026 8:30 and 11 am**  
**Rite I Eucharist**

### **Worship Emphasis for Lent 2026.**

Our Lenten Theme is "Lord Have Mercy Upon Us & Incline our Hearts", which comes from the recitation of the Decalogue in the Prayer Book tradition. Archbishop Thomas Cranmer, the first Protestant Archbishop of Canterbury, like Luther and Calvin, began the liturgy for Holy Communion with a recitation of the Ten Commandments. In our tradition the Presider begins, "God spake these words and said", followed by each of the Ten Commandments, with the congregation replying, "Lord, have mercy upon us, and incline our hearts to keep this Law". As Protestant Christians we hear the Law, reminding us of the grace of the Gospel, and the promise of the Holy Spirit to follow Jesus. As the prophets promised: "I'll pour pure water over you and scrub you clean. I'll give you a new heart, put a new spirit in you. I'll remove the stone heart from your body and replace it with a heart that's God-willed, not self-willed. I'll put my Spirit in you and make it possible for you to do what I tell you and live by my commands", Ezekiel 36:26-27 (MSG).

We also return to the traditional language of Rite I, in the Book of Common Prayer, for Lent. It's not so much the traditional language that I so value about Rite I as it is its theology. Keeping close to the intention of the English Reformation, the Rite I liturgy of Holy Communion takes seriously both our sin, and, even more, God's grace in Jesus and in the pouring out of the Holy Spirit in our hearts. While the language is traditional, this Lent our focus is on "heart religion", what theologian Simeon Zahl calls Thomas Cranmer's "technology of the heart". As Ezekiel prophesied God saying to his people, "I will remove the heart of stone from their flesh and give them a heart of flesh". Again, this Lent we'll begin the week with liturgies from the Book of Common Prayer: by saying the Great Litany at 8:15am on Sunday mornings in the Church, and Compline on our YouTube Channel Sundays at 9pm. Also look for the Stations of the Cross to return on Lent IV through Holy Week!

With every blessing,

Rev. Dave+

*An Episcopal Church in the Anglican Communion*

# THE WORD OF GOD

Prelude

(Clergy process in silence) Please stand.

## OPENING ACCLAMATION

BCP p. 323

Please turn in the Book of Common Prayer to p. #323.

Leader Bless the Lord who forgiveth all our sins;

**All His mercy endureth for ever.**

## COLLECT FOR PURITY

Leader Almighty God, unto whom all hearts are open...  
...and worthily magnify thy holy Name; through Christ our Lord.

**All Amen.**

Please kneel as you are able.

## THE DECALOGUE

BCP p. 317-318

Leader God spake these words, and said...

**All ...and write all these thy laws in our hearts, we beseech thee.**

## KYRIE ELEISON

Hymnal S-96

Lord, have mercy. Lord, have mercy.  
Christ, have mercy. Christ, have mercy.  
Lord, have mercy. Lord, have mercy.  
Lord, have mercy. Lord, have mercy.

*All stand.*

## COLLECT OF THE DAY

BCP p. 166

Leader The Lord be with you.

**All And with thy spirit.**

Leader Let us pray.

Almighty God, whose blessed Son was led by the Spirit...  
...and the Holy Spirit, one God, now and for ever.

**All Amen.**

*All sit.*

## THE LESSONS

### OLD TESTAMENT LESSON

(Genesis 2:15-17; 3:1-7)

BCP p. 325

Bible OT p. 2-3

Please turn in your pew Bible to OT p. # 2.

After the reading:

Reader The word of the Lord.

**All Thanks be to God.**

## Psalm 32: How Blest Is The One

1. How blest is the one whose of - fense is for - giv'n,  
2. When I kept my si - lence con - cern - ing my wrong,  
3. My sin I ac - knowl-edged, my crime I ad - dressed;  
4. Let god - ly ones pray while You, Lord, may be found;

whose sin has been cov - ered and par - doned with - in;  
my bod - y de - cayed as I moaned all day long.  
so I to the Lord my trans - gres - sion con - fessed.  
in floods of great wa - ters, they dwell on high ground.

a - gainst whom the Lord has not count - ed mis - deed,  
 By day and by night un - der Your heav - y hand,  
 O Lord, You for - gave me the guilt of my sin;  
 For You are my for - tress, my ref - uge from wrong;

the one who in spir - it from guile has been freed.  
 my strength was con - sumed in a dry, fe - vered land.  
 You washed my soul clean, and You cleansed me with - in.  
 and in Your de - liv - 'rance sur - round me with song.

5. So I shall instruct you and show you the way;  
 My kind eye shall guide you lest you go astray.  
 Do not be the mule by a bridle restrained;  
 let wisdom and grace serve to make your way plain.

6. How deep in their sorrow the wicked are found.  
 The one who is faithful, God's mercy surrounds.  
 Be glad in the Lord, let the pure lift their voice;  
 and let all the righteous with gladness rejoice!

Words: David P. Regier  
 Music: Traditional Welsh melody  
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ST. DENIO  
 11 11 11 11

All stand.

### THE HOLY GOSPEL

(Matthew 4:1-11)

Bible NT p.3

*Please turn in your pew Bible to NT p. # 3.*

Reader The Holy Gospel of our Lord Jesus Christ according to ...

**All Glory be to thee, O Lord.**

After the reading:

Reader The Gospel of the Lord.

**All Praise be to thee, O Christ.**

All sit.

### THE SERMON

the Rev. Dave Langille

All stand.

### THE NICENE CREED

**BCP p. 327-328**

*Please turn in the Book of Common Prayer, p. #327, as we profess our faith in the words of the Nicene Creed.*

**All I believe in one God  
 the Father Almighty,  
 maker of heaven and earth...  
 ...and I look for the resurrection of the dead,  
 and the life of the world to come. Amen**

*Please kneel as you are able.*

### THE PRAYERS OF THE PEOPLE: FORM V

**BCP p. 389-391**

Leader In peace, let us pray to the Lord, saying, "Kyrie eleison"  
 For the holy Church of God, that it may be filled...  
 ...we pray to you, O Lord.

*Here and after every petition the People respond, "Kyrie eleison".*

### CONFESSON OF SIN

**BCP p. 330-331**

Leader Ye who do truly and earnestly repent you of your sins...

**All Almighty God,  
Father of our Lord Jesus Christ...  
...through Jesus Christ our Lord. Amen.**

*All stand.*

### ABSOLUTION & COMFORTABLE WORDS

BCP p. 332

Leader Almighty God, our heavenly Father, who of his great mercy...

**All Amen.**

Leader Hear what comfortable words our Saviour Christ saith unto all who truly turn unto him...

### THE PEACE

BCP p. 332

Leader The peace of the Lord be always with you.

*Maw Ywa, ata ghu ta poe, oh taw thu da kay.*

**All And with thy Spirit.**

*Maw oh taw, na thar da kay.*

*Please take a moment to share the sign of peace with those around you.*

*All sit.*

### WELCOME AND ANNOUNCEMENTS

*A greeting from our clergy to Messiah members and our guests; we'll also share news for the Messiah community.*

## THE HOLY COMMUNION

### THE OFFERTORY

Leader Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God. *Ephesians 5:2*

*The bread and wine are brought forward and the offering is received.*

### OFFERTORY HYMN

#### *Lord Have Mercy (For What We Have Done)*

1. For what we have done and left undone  
We fall on Your countless mercies  
For sins that are known and those unknown  
We call on Your name so holy  
For envy and pride for closing our eyes  
For scorning our very neighbor  
In thought word and deed we've failed You our King  
How deeply we need a Savior

Chorus Lord have mercy Christ have mercy  
Lord have mercy on us  
Lord have mercy Christ have mercy  
Lord have mercy on us

2. For what You have done Your life of love  
You perfectly lived we praise You  
Though tempted and tried You fixed Your eyes  
You finished the work God gave You  
And there on the tree A King among thieves  
You bled for a world's betrayal  
You loved to the end Our merciful friend  
How pure and forever faithful

Bridge For hearts that are cold for seizing control  
For scorning our very Maker  
In thought word and deed we've failed You our King  
How deeply we need a Savior

Arrangement by Aaron Keyes, James Tealy, Matt Boswell, and Matt Papa  
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Songs (Admin. by Music Services, Inc.), and Remaining portion is unaffiliated

*All stand as offering is brought forward.*

Leader All things come of thee, O Lord.

**All And of thine own have we given thee.**

## THE GREAT THANKSGIVING: EUCHARISTIC PRAYER II BCP p. 340-343

*Please turn in the Book of Common Prayer to p. # 340.*

Leader The Lord be with you.

**All And with thy spirit.**

Leader Lift up your hearts.

**All We lift them up unto the Lord.**

Leader Let us give thanks unto our Lord God.

**All It is meet and right so to do.**

*Please kneel as you are able.*

Leader It is very meet, right, and our bounden duty...

...Therefore with Angels and Archangels, and with all the company of heaven,  
we laud and magnify thy glorious Name; evermore praising thee, and saying,

### SANCTUS

Ho - ly, ho - ly, ho - ly, Lord, God of power and might,--  
Ho - ly, ho - ly, ho - ly, Lord God of power and might--  
heav - en and earth are full,-- full of your glo - ry  
Ho - san - na in the high - est Ho - san - na in the high - est.  
Bless - ed is he who comes in the name of the Lord.  
Ho - san - na in the high - est Ho - san - na in the high - est.

Setting: From Deutsche Messe, Franz Peter Schubert (1797-1828); arr. Richard Proulx (b. 1937)

Leader All glory be to thee, O Lord our God, for thou didst create...  
... By whom, and with whom, and in whom, in the unity of the Holy Ghost all  
honor and glory be unto thee, O Father Almighty, world without end. **AMEN.**

### THE LORD'S PRAYER

Leader And now, as our Savior Christ hath taught us, we are bold to say:

**THE LORD'S PRAYER** (spoken with traditional language)

**BCP p. 336**

### THE BREAKING OF THE BREAD

**BCP p. 337-338**

*Please turn in the Book of Common Prayer to p. #337.*

### COMMUNION FRACTION ANTHEM

Hymnal #S164

*Jesus, Lamb of God*

Jesus, Lamb of God: have mercy on us,  
Jesus, bearer of our sins: have mercy on us,  
Jesus, redeemer, redeemer of the world:  
Give us your peace, give us your peace.

Leader Christ our Passover is sacrificed for us;

**All Therefore let us keep the feast.**

### PRAYER OF HUMBLE ACCESS

**BCP p. 337-338**

Leader We do not presume to come to this thy Table ...

... That we may evermore dwell in him, and he in us. **Amen.**

Leader The Gifts of God for the People of God...

All are invited to kneel in prayer at the Communion. The ushers will release you, one pew at a time, to kneel at the Altar Rail to receive Holy Communion. All baptized believers in Jesus are welcome to receive the Eucharist. A special note to visitors: If you are accustomed to receiving Holy Communion in your home Church, no matter what its denomination, you are also welcome to receive Holy Communion. After receiving the bread, one is free to receive the chalice. If you would prefer to receive the bread only, simply cross your arms in front of you. And, if you would prefer to receive a blessing only, please also signify by crossing your arms. Thank you.

8:30 am service: Healing team members Deb Baird and Dick Guiton are available for prayer during communion.

11 am service: Healing team members Walter McManus and Anne McManus are available for prayer during communion, concurrent with Joanne Slanger & Jennifer Wilson available for prayer by calling 612-803-9020.

All sit or kneel.

## COMMUNION MUSIC

### From The Dust

From the dust we came, to the dust we sha - ll re -  
From the dust we came, to the dust we sha - ll re

5  
- turn. From the dust we came, to the dust we sha - ll re -  
turn. From the dust we came, to the dust we sha - ll re

9  
- turn. God e - ver - las - ting. age un to age the  
turn. God e - ver las - ting. we are cut down like

13  
same. We are a mo - ment then like a breath we  
grass. Seeds in the mor - ning. and by the night we

17  
17  
fade. O Lord have mer - cy.

pass.

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### We Will Run To You

Verse 1  
1. Cre - ate in me a clean heart,  
for I have turned my face from You.

5  
Verse 2  
9  
Teach us of Your ways, oh God, oh God.  
2. Your love and mer - cy build us, shape us.

13  
for we have turned a - way from You,  
Break us and re - cre - ate us now,

17  
Lord, have me - ry. We will run to you, we will run to you;

21  
Turn - ing from our sin we re - turn to You.

23  
Fa - ther heal your world, make all things new, make all things new.

26  
2. D.S. (Repeat Chorus) 1. To Verse 2  
3. To Bridge  
Bridge  
1. 2.  
Oh, bring us back to You. Oh You.

Words and Music: Lisa Gungor; © 2009 worshiptogether.com Songs (ASCAP) (adm. at EMICMGPublishing.com)  
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## Come As You Are

1. Come out of sad-ness from wher-ev-er you've been. Come bro-ken-heart-ed let  
res-cue be-gin. Come find your mer-cy, O sin-ner, come kneel;  
Earth has no sor-row that Heav-en can't heal, Earth has no sor-row that  
Heav-en can't heal. Lay down your bur-dens, lay down your shame.  
All who are bro-ken, lift up your face. O wan-derer  
come home, you're not too far So lay down your  
hurt, lay down your heart, come as you are. 1. To Verse 2  
2. To Bridge  
Bridge  
Come as you are. Fall in His arms. Come as you are.

2. There's hope for the hopeless and all those who've strayed:  
Come sit at the table, come taste the grace.  
There's rest for the weary, rest that endures.  
Earth has no sorrow that Heaven can't cure. (To Chorus & Bridge)

3. There's joy for the morning. O sinner, be still.  
Earth has no sorrow that Heaven can't heal.  
Earth has no sorrow that Heaven can't heal. (To Chorus & Coda)

CCLI Song # 7017790 Ben Glover | David Crowder | Matt Maher © 2014 9t One Songs, Ariose Music, sixsteps Music, worshiptogether.com songs (Admin. by EMI Christian Music Pub.) Sony/ATV Tree Publishing (Admin. by Sony/ATV Music Pub.)  
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All kneel.

## POST COMMUNION PRAYER

*Please turn in the Book of Common Prayer to p. #339.*

Leader Almighty and everliving God, we most heartily thank thee ...  
...Holy Ghost, be honor and glory, world without end.

**All Amen.**

**BCP p. 339**

## THE BLESSING

**BCP p. 339**

*The Celebrant offers a blessing to the people in the name of God: Father, Son and Holy Spirit.*

*All stand.*

## CLOSING HYMN

### A Mighty Fortress Is Our God

**Hymnal #688**

*Please turn in the hymnal to our closing Hymn, Hymn #688. A Mighty Fortress Is Our God*

၁. တို့ ခုံ တ နို မှု ဲ ပ ယွေ, လီ နီ ာ: ဂို တ သူ ဘု,  
၂. ဗ မှု နို လီ ဗ သူ: အု ဲ, ပ ကျေ: စာ: တု က လီ လီ,  
၃. လာ တု နဲ အ ဟို နို နို မှု ပုံ, ဘု ဘု, ပ ပျေ တ သူ ဘု,

တု နဲ: တု ဖို လုံ ဘာ ဘု, အ ဲ မှု ပု မာ စာ တု,  
ပု လာ အ ကြာ: တ ဂ အို ဲ, မှု ပု လာ ယွေ ပု စာ အို,  
အ ဂို ဒီ အု ယွေ အား လီ ဲ, လာ သီ က ဒု: မာ နှာ ပု ပု,

ဂုံ ဒါ လီ လီ မာ ဒဲ: ဒီ သီ: က မာ လီ ယံ, မာ လာ တု  
အ ဲ မာ စာ ပ တု, အ ဲ မ တာ မ တာ, ဒဲ မှု သဲ  
ဒဲ: ကွဲ နို က ထ ကို, ပ သူ: သ မူ မှု နို ကို, သူ: အု: အ

လီ တု ဗု, ဒီ: တု အ လား, သ ဟု ဘု မာ ဲ တ နှာ ဘု.  
ကျို အ မဲ့, မှု သူ: မို ယုံ ရှု: ခရို, တ မ နှာ အို တ သူ ဘု.  
လို က အို, ပ ဘူ: လာ ခ က မို, ယွေ ဘီ မှု အို လီ စီ လီ.

## THE DISMISSAL

BCP p. 340

*Please turn in the Book of Common Prayer to p. #340.*

*Leader* Let us go forth into the world, rejoicing in the power of the Holy Spirit.

**All      Thanks be to God.**



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