



## **MESSIAH EPISCOPAL CHURCH**

**First Sunday In Lent  
February 22nd, 2026 8:30 and 11 am  
Rite I Eucharist**

### **Worship Emphasis for Lent 2026.**

Our Lenten Theme is "Lord Have Mercy Upon Us & Incline our Hearts", which comes from the recitation of the Decalogue in the Prayer Book tradition. Archbishop Thomas Cranmer, the first Protestant Archbishop of Canterbury, like Luther and Calvin, began the liturgy for Holy Communion with a recitation of the Ten Commandments. In our tradition the Presider begins, "God spake these words and said", followed by each of the Ten Commandments, with the congregation replying, "Lord, have mercy upon us, and incline our hearts to keep this Law". As Protestant Christians we hear the Law, reminding us of the grace of the Gospel, and the promise of the Holy Spirit to follow Jesus. As the prophets promised: "I'll pour pure water over you and scrub you clean. I'll give you a new heart, put a new spirit in you. I'll remove the stone heart from your body and replace it with a heart that's God-willed, not self-willed. I'll put my Spirit in you and make it possible for you to do what I tell you and live by my commands", Ezekiel 36:26-27 (MSG).

We also return to the traditional language of Rite I, in the Book of Common Prayer, for Lent. It's not so much the traditional language that I so value about Rite I as it its theology. Keeping close to the intention of the English Reformation, the Rite I liturgy of Holy Communion takes seriously both our sin, and, even more, God's grace in Jesus and in the pouring out of the Holy Spirit in our hearts. While the language is traditional, this Lent our focus is on "heart religion", what theologian Simeon Zahl calls Thomas Cranmer's "technology of the heart". As Ezekiel prophesied God saying to his people, "I will remove the heart of stone from their flesh and give them a heart of flesh". Again, this Lent we'll begin the week with liturgies from the Book of Common Prayer: by saying the Great Litany at 8:15am on Sunday mornings in the Church, and Compline on our YouTube Channel Sundays at 9pm. Also look for the Stations of the Cross to return on Lent IV through Holy Week!

With every blessing,

Rev. Dave+

*An Episcopal Church in the Anglican Communion*

THE WORD OF GOD

Prelude

(Clergy process in silence) Please stand.

OPENING ACCLAMATION BCP p. 323

Please turn in the Book of Common Prayer to p. #323.

Leader Bless the Lord who forgiveth all our sins;  
**All His mercy endureth for ever.**

COLLECT FOR PURITY

Leader Almighty God, unto whom all hearts are open...  
...and worthily magnify thy holy Name; through Christ our Lord.  
**All Amen.**

Please kneel as you are able.

THE DECALOGUE BCP p. 317-318

Leader God spake these words, and said...  
**All ...and write all these thy laws in our hearts, we beseech thee.**

KYRIE ELEISON Hymnal S-96

Lord, have mercy. Lord, have mercy.  
Christ, have mercy. Christ, have mercy.  
Lord, have mercy. Lord, have mercy.  
Lord, have mercy. Lord, have mercy.

*All stand.*  
COLLECT OF THE DAY BCP p. 166

Leader The Lord be with you.  
**All And with thy spirit.**  
Leader Let us pray.  
Almighty God, whose blessed Son was led by the Spirit...  
...and the Holy Spirit, one God, now and for ever.  
**All Amen.**

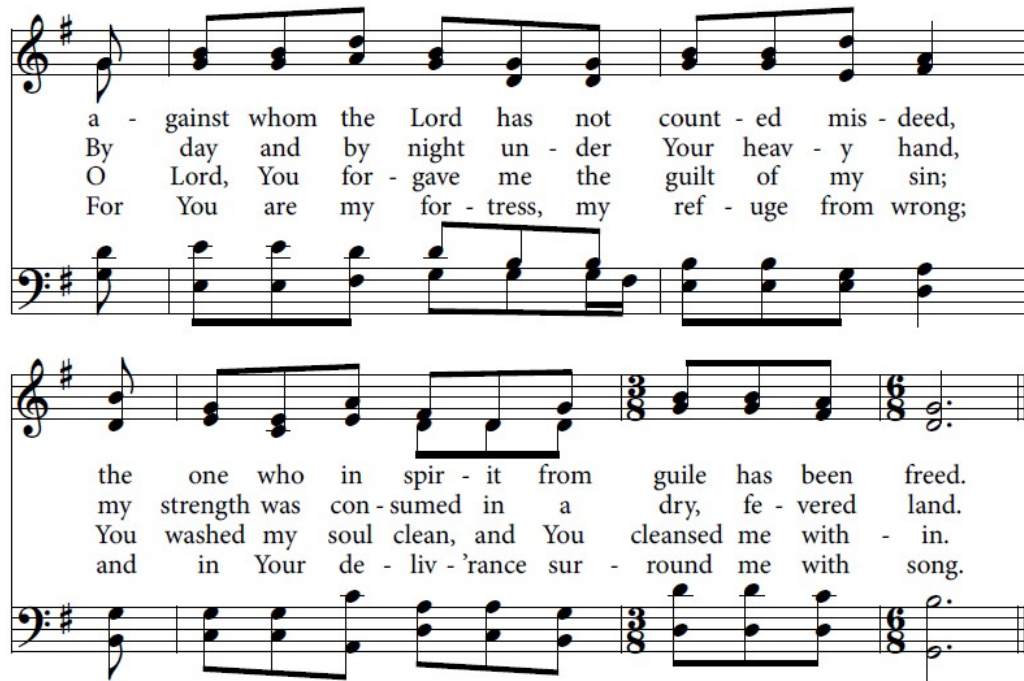
*All sit.*  
THE LESSONS BCP p. 325  
OLD TESTAMENT LESSON (Genesis 2:15-17; 3:1-7) Bible OT p. 2-3

Please turn in your pew Bible to OT p. # 2.  
After the reading:  
Reader The word of the Lord.  
**All Thanks be to God.**

*Psalm 32: How Blest Is The One*

1. How blest is the one whose of - fense is for - giv'n,  
2. When I kept my si - lence con - cern - ing my wrong,  
3. My sin I ac - knowl - edged, my crime I ad - dressed;  
4. Let god - ly ones pray while You, Lord, may be found;

whose sin has been cov - ered and par - doned with - in;  
my bod - y de - cayed as I moaned all day long.  
so I to the Lord my trans - gres - sion con - fessed.  
in floods of great wa - ters, they dwell on high ground.



a - gainst whom the Lord has not count - ed mis - deed,  
By day and by night un - der Your heav - y hand,  
O Lord, You for - gave me the guilt of my sin;  
For You are my for - tress, my ref - uge from wrong;

the one who in spir - it from guile has been freed.  
my strength was con - sumed in a dry, fe - vered land.  
You washed my soul clean, and You cleansed me with - in.  
and in Your de - liv - 'rance sur - round me with song.

5. So I shall instruct you and show you the way;  
My kind eye shall guide you lest you go astray.  
Do not be the mule by a bridle restrained;  
let wisdom and grace serve to make your way plain.
6. How deep in their sorrow the wicked are found.  
The one who is faithful, God's mercy surrounds.  
Be glad in the Lord, let the pure lift their voice;  
and let all the righteous with gladness rejoice!

Words: David P. Regier  
Music: Traditional Welsh melody  
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ST. DENIO  
11 11 11 11

*All stand.*

## THE HOLY GOSPEL

(Matthew 4:1-11)

Bible NT p.3

*Please turn in your pew Bible to NT p. # 3.*

*Reader* The Holy Gospel of our Lord Jesus Christ according to ...

**All Glory be to thee, O Lord.**

*After the reading:*

*Reader* The Gospel of the Lord.

**All Praise be to thee, O Christ.**

*All sit.*

## THE SERMON

the Rev. Dave Langille

*All stand.*

## THE NICENE CREED

**BCP p. 327-328**

*Please turn in the Book of Common Prayer, p. #327, as we profess our faith in the words of the Nicene Creed.*

**All I believe in one God  
the Father Almighty,  
maker of heaven and earth...  
...and I look for the resurrection of the dead,  
and the life of the world to come. Amen**

*Please kneel as you are able.*

## THE PRAYERS OF THE PEOPLE: FORM V

**BCP p. 389-391**

*Leader* In peace, let us pray to the Lord, saying, "Kyrie eleison"

For the holy Church of God, that it may be filled...

...we pray to you, O Lord.

*Here and after every petition the People respond, "Kyrie eleison".*

## CONFESSION OF SIN

**BCP p. 330-331**

**All Almighty God,  
Father of our Lord Jesus Christ...  
...through Jesus Christ our Lord. Amen.**

## ABSOLUTION & COMFORTABLE WORDS

**All Amen.**

## THE PEACE

**All**      **And with thy Spirit.**  
***Maw oh tau, na thar da kay.***

## WELCOME AND ANNOUNCEMENTS

*A greeting from our clergy to Messiah members and our guests; we'll also share news for the Messiah community.*

## THE HOLY COMMUNION

## THE OFFERTORY

*The bread and wine are brought forward and the offering is received.*

## OFFERTORY HYMN

*Lord Have Mercy (For What We Have Done)*

*Bridge* For hearts that are cold for seizing control  
For scorning our very Maker  
In thought word and deed we've failed You our King  
How deeply we need a Savior

Arrangement by Aaron Keyes, James Tealy, Matt Boswell, and Matt Papa  
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*All stand as offering is brought forward.*

*Leader* All things come of thee, O Lord.  
*All* And of thine own have we given thee.



THE GREAT THANKSGIVING: EUCHARISTIC PRAYER II    **BCP p. 340-343**

*Please turn in the Book of Common Prayer to p. # 340.*

*Leader* The Lord be with you.

**All**    **And with thy spirit.**

*Leader* Lift up your hearts.

**All**    **We lift them up unto the Lord.**

*Leader* Let us give thanks unto our Lord God.

**All**    **It is meet and right so to do.**

*Please kneel as you are able.*

*Leader* It is very meet, right, and our bounden duty...

...Therefore with Angels and Archangels, and with all the company of heaven,  
we laud and magnify thy glorious Name; evermore praising thee, and saying,

SANCTUS

Ho - ly, ho - ly, ho - ly, Lord, God of power and might, —  
Ho - ly, ho - ly, ho - ly, Lord God of power and might. —  
hea - ven and earth are full, — full — of your glo - ry  
Ho - san - na in the high - est Ho - san - na in the high - est.  
Bless - ed is he who comes — in the name of the Lord. —  
Ho - san - na in the high - est Ho - san - na in the high - est.

Setting: From Deutsche Messe, Franz Peter Schubert (1797-1828); arr. Richard Proulx (b. 1937)

*Leader* All glory be to thee, O Lord our God, for thou didst create...

... By whom, and with whom, and in whom, in the unity of the Holy Ghost all  
honor and glory be unto thee, O Father Almighty, world without end. **AMEN.**

THE LORD'S PRAYER

*Leader* And now, as our Savior Christ hath taught us, we are bold to say:

THE LORD'S PRAYER                      (spoken with traditional language )

**BCP p. 336**

THE BREAKING OF THE BREAD

**BCP p. 337-338**

*Please turn in the Book of Common Prayer to p. #337.*

COMMUNION FRACTION ANTHEM

Hymnal #S164

*Jesus, Lamb of God*

Jesus, Lamb of God: have mercy on us,

Jesus, bearer of our sins: have mercy on us,

Jesus, redeemer, redeemer of the world:

Give us your peace, give us your peace.

*Leader* Christ our Passover is sacrificed for us;

**All**    **Therefore let us keep the feast.**

PRAYER OF HUMBLE ACCESS

**BCP p. 337-338**

*Leader* We do not presume to come to this thy Table ...

... That we may evermore dwell in him, and he in us. **Amen.**

*Leader* The Gifts of God for the People of God...

All are invited to kneel in prayer at the Communion. The ushers will release you, one pew at a time, to kneel at the Altar Rail to receive Holy Communion. All baptized believers in Jesus are welcome to receive the Eucharist. A special note to visitors: If you are accustomed to receiving Holy Communion in your home Church, no matter what its denomination, you are also welcome to receive Holy Communion. After receiving the bread, one is free to receive the chalice. If you would prefer to receive the bread only, simply cross your arms in front of you. And, if you would prefer to receive a blessing only, please also signify by crossing your arms. Thank you.

8:30 am service: Healing team members Deb Baird and Dick Guiton are available for prayer during communion.  
11 am service: Healing team members Walter McManus and Anne McManus are available for prayer during communion, concurrent with Joanne Slinger & Jennifer Wilson available for prayer by calling 612-803-9020.

All sit or kneel.

COMMUNION MUSIC

*From The Dust*

From the dust we came, to the dust we sha - ll re -  
From the dust we came, to the dust we sha - ll re

5  
- turn. From the dust we came, to the dust we sha - ll re -  
turn. From the dust we came, to the dust we sha - ll re

9  
- turn. God e - ver - las - ting, age un to age the  
turn. God e ver las ting, we are cut down like

13  
same. We are a mo ment then like a breath we  
17 grass. Seeds in the mor ning, and by the night we

fade.  
pass. O Lord have mer - cy.

*We Will Run To You*

Verse 1  
1. Cre-ate in me a clean heart,  
5 for I have turned my face from You.

Verse 2  
9 Teach us of Your ways, oh God, oh God.  
2. Your love and mer - cy build us, shape us.

13 for we have turned a - way from You,  
Break us and re - cre - ate us now,

Chorus  
17 Lord, have me-rcy. We will run to you, we will run to you;  
21 Turn - ing from our sin we re - turn to You.  
23 Fa-ther heal your world, make all things new, make all things new.

2. D.S. (Repeat Chorus) 1. To Verse 2 3. To Bridge Bridge 1, 2.  
26 Oh, bring us back to You. Oh You.

## Come As You Are

1. Come out of sad-ness from wher-ever you've been. Come bro-ken-heart-ed let  
res-cue be-gin. Come find your mer-cy, O sin-ner, come kneel;  
Earth has no sor-row that Heaven can't heal, Earth has no sor-row that  
Heaven can't heal. Lay down your bur - dens, lay down your shame.  
All who are bro - ken, lift up your face. O wan-der-er  
come home, you're not too far So lay down your  
hurt, lay down your heart, come as you are.

Bridge  
Come as you are. Fall in His arms. Come as you are.

Coda  
1. To Verse 2  
2. To Bridge

2. There's hope for the hopeless and all those who've strayed:  
Come sit at the table, come taste the grace.  
There's rest for the weary, rest that endures.  
Earth has no sorrow that Heaven can't cure. (To Chorus & Bridge)

3. There's joy for the morning. O sinner, be still.  
Earth has no sorrow that Heaven can't heal.  
Earth has no sorrow that Heaven can't heal. (To Chorus & Coda)

CCLI Song # 7017790 Ben Glover | David Crowder | Matt Maher © 2014 9t One Songs, Ariose Music, sixsteps Music, worshipitogether.com songs (Admin. by EMI Christian Music Pub.) Sony/ATV Tree Publishing (Admin. by Sony/ATV Music Pub.)  
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All kneel.

## POST COMMUNION PRAYER

BCP p. 339

Please turn in the Book of Common Prayer to p. #339.

Leader Almighty and everliving God, we most heartily thank thee ...  
...Holy Ghost, be honor and glory, world without end.

All Amen.

## THE BLESSING

BCP p. 339

The Celebrant offers a blessing to the people in the name of God: Father, Son and Holy Spirit.

All stand.

## CLOSING HYMN

### A Mighty Fortress Is Our God

Hymnal #688

Please turn in the hymnal to our closing Hymn, Hymn #688. A Mighty Fortress Is Our God

၁. တိန် ချ် တ နာ် မှီ ဝဲ ပ ယှာ၊ လီၤ စီၤ ဟး ဂီၤ တ သု ဘဉ်၊  
၂. ပ မှီ နှိ လီၤ ပ သး ဒဉ် ဝဲ၊ ပ ကျး စး တာ် က လိ လီၤ၊  
၃. လာ တာ် နါ အာ တိန် နိဉ် မှီ ပုၤ၊ ဘဉ် ဆဉ်၊ ပ ပျံၤ တ သု ဘဉ်၊

တာ် နး တာ် ဖျိဉ် လုဉ် ဘာ ဘဉ် ဆဉ်၊ အ ဝဲ မှီ ပုၤ မၤ စၢၤ တာ်၊  
ပုၤ လာ အ ကြး တ ဂၢ အိဉ် ဝဲ၊ မှီ ပုၤ လာ ယှာ ယု ထာ အီၤ၊  
အ ဂီၤ ဒ် အံၤ ယှာ အာဉ် လီၤ ဝဲ၊ လာ သါ က ဒုး မၤ နါ ပုၤ၊

ဒုဉ် ဒါ လီၤ လံၤ မၤ ဒံး၊ ဒ် သီး က မၤ လီၤ ဃံၤ၊ မၤ လာ တာ်  
အ ဝဲ မၤ စၢၤ ပ တာ်၊ အ ဝဲ မ တာ် မ တာ်၊ န မှီ သံ  
စူး ကွံဉ် နှိ ကု ထံ ကီၤ၊ ပ သး သ မူ စုၤ ကီး၊ သး အုး အ

လီ တာ် ပုၤ၊ ဒီး တုၤ အ လာဉ်၊ သး ဟု၊ ဘဉ် ဆဉ် မၤ ဝဲ တ နါ ဘဉ်၊  
ကွာ် အ မံၤ၊ မှီ သး နိဉ် ယုဉ် ရူး ခရံဉ်၊ တ မၤ နါ အိဉ် တ သု ဘဉ်၊  
လီၤ တ အိဉ်၊ ပ ဘျး လာ ခံ က ဒိဉ်၊ ယှာ ဘီ မှီ အိဉ် လီၤ စီၤ လီၤ၊

## THE DISMISSAL

BCP p. 340

*Please turn in the Book of Common Prayer to p. #340.*

*Leader* Let us go forth into the world, rejoicing in the power of the Holy Spirit.

**All     Thanks be to God.**



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