



THE CHIMES

The United Church of Los Alamos

United in our Faith Journeys



www.unitedchurchla.org

March 2018 - Vol. 55 No. 3



Holy Week

Holy Week Schedule

March 25 – March 31

Sunday, March 25th

Psalm Sunday

Join us for worship on Palm Sunday at 9:30 a.m.

Thursday, March 29th

Maundy Thursday

Maundy Thursday Worship Service with Communion

7:00 p.m. in Graves Hall

Friday, March 30th

Good Friday

There will NOT be a noon service at Trinity on the Hill

Sunday, April 1st

Easter Sunday!

Sunrise Service at Ashley Pond at 6:30 a.m.

Easter Breakfast in Graves Hall from 7:15-9:15 a.m.

Easter Worship Service with Communion at 9:30 a.m.



2018

33rd Annual Mission Trip to Puerto Peñasco, Sonora

March 24th to 31st.

Video of Sunday's sermons are now being posted on www.unitedchurchla.org and on our Facebook page!

Contacting the Church

If you have any questions or concerns, you may call the church office at **662-2971**, email us at ucoffice@unitedchurchla.org, or send us a message on Facebook. Office hours are Monday-Friday 8:30 a.m. – 12:30 p.m. & 1:30 – 4:30 p.m. You may also reach the pastors at the office number, email, or phone numbers below:

David Elton
979-219-8640 cell
david@unitedchurchla.org

Keith Lewis
505-412-9954 cell
gohorns_99@yahoo.com

Kara Windler
719-930-6563 cell
DCE@unitedchurchla.org

WE HAVE CHOICE.....CHOOSE LOVE...CHOOSE TO SEE OTHERS' HUMANITY

I am guilty of making assumptions about people, seeing the surface and forming a judgement. It's Ok to people-watch and guess about others as a form of entertainment at airports. However, when I judge a person from the outside, I rarely find the inside the same as my first impression. Ever since I took the White Privilege class with Kara, I am more aware of my skewed judgements and prejudices.

I recently went to a wonderful TOBYMAC DIG DEEP concert in Albuquerque. The theme of it was to look at all people as God's children, to reach out, to love one another....no matter what the color, race or gender. I came to listen to Danny Gokey's beautiful voice and message, yet came away with so much more from all the talent and attitudes.

While in line, I looked over at a stout African American woman who was a bit out of breath, walking in shoes not suited for the steep loose soil embankment. I formed an opinion. *Then I chose to see her as person*, joking with her about the line. We were all a bit late to get into the concert because very slow traffic. I learned she lived right there in Rio Rancho and had to feed her Mom before coming. That little bit of knowledge helped me to feel closer to her and her "skin suit" began to fade. She was an individual, not a classification, who was taking care of a loved one, like me. I admired her for it and appreciated her smile all the more.

The concert showcased very talented artists *proclaiming acceptance and love towards all others*. I saw Danny Gokey beyond his satiny voice because during American Idol he struggled to compete just after the loss of his young wife. Danny chooses to sing hope-filled verses from his pain and experience of God's love. Mandisa's powerful beautiful voice sang "*We all bleed the same*" and asked us to *stop fighting against each other and instead fight for one another*. She told of the trauma of almost dying and God saving her. I began to see her humanity and pray for her. Images of loving all shapes, sizes, races, ages, sexes and cultures filled the large stage and above, as TobyMac and others sang, played and danced to express God's love for all.

Jesus said, "A new command I give you:

Love one another. As I have loved you, so you must love one another.

By this all men will know that you are my disciples, if you love one another."

His was a **new kind of love**, that was **sacrificial** and that **loved individuals as he found them**. He noticed Zaccheas and called him down from a tree. He talked to a foreign woman at the well. He touched lepers and hung out with many people others judged unclean. **Jesus chose to see them uniquely for who they were and who they could become through Him.**

As Jesus loved others, Lord, please help us to choose to do likewise.

On behalf of all good imperfect relationships, Betty Smith

Easter Breakfast

Join the M&E Board for Easter Breakfast on Sunday, April 1st! Breakfast will be from 7:15am to 9:15am (Between the Sunrise Service and our 9:30am Worship Service).



Lunch Bunch Callers for March:

Beth Dermer, Ruth Lier, Marilyn Doolen,
Myrna Strong, Barbara Seeger, Claudia Hilko,
Pamela Massey, and Jean Wilson

MEXICO MISSION AUCTION

Sunday, March 4, 2018

Silent Auction 2 - 3 pm

Live Auction 3 pm



Housewares Jewelry Furniture Toys
Sports Equipment Fine Art
Gift Certificates for Dinners, Tours, Lessons

**The United Church of Los Alamos
2525 Canyon Road
Graves Hall**

Thank you for supporting Mexico Mission 2018!



As we approach Palm Sunday, we prepare to give to our once-a-year offering that funds people in need around the world: “One Great Hour of Sharing.” This special offering funds projects for people who suffer the effects of disaster, conflict, or severe economic hardship. Through our gift we can provide health, food, water, and education to address the concerns of residents, immigrants, and refugees in systematic ways that offer hope, help, and dignity. Today projects are underway in more than 100 countries in many parts of the world, including Africa, Europe, Asia, North America, the Middle East, Latin America, and the Caribbean.

A recent breakdown of how OGHS dollars were used is as follows:

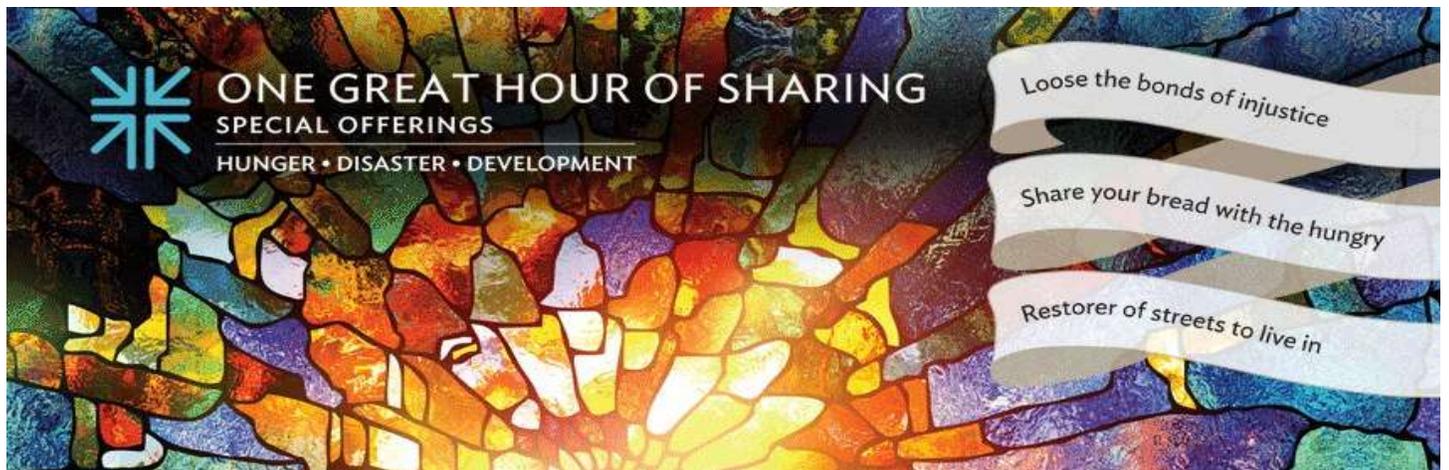
Development (health, education and Agriculture)	58%
Disaster	20%
Refugee	14%
Promotional resources	6.5%
Administration	1%
Education and Monitoring	.5%

In recent years the total receipts from churches worldwide have totaled more than \$20 million. Last year the United Church donated \$2365.

These contributions make a difference in the lives of real people. Leaders of impacted communities assist in identifying their specific needs. Priorities for short, medium and long-term solutions are then made for the purpose of improving the quality of life for individuals and the communities.

Your donation to “One Great Hour of Sharing” on Palm Sunday (March 25) helps the United Church of Los Alamos to continue to be part of an enduring legacy that ensures our church’s ability to provide assistance to critical global concerns. Money for One Great Hour of Sharing (OGHS) will be received every Sunday in March and on Palm Sunday. Note OGHS on the memo line of your check.

Jo Ann Howell, Mission Board Member



BODY & SOUL
Prayer of Simplicity in Practice

April 4 - May 23, 2018
Wednesdays 10:30am - 12:00 noon
Fellowship Hall

About the Class

This eight week class is based on scripture passages listed below. Each session will open with prayer followed by introductory remarks and simple instructions, followed by 30min exercise program designed for flexibility and freedom of motion, and 30min of meditation. The class will end with closing prayer. Participants are asked to wear comfortable clothing including warm socks, and to bring a floor matt or a blanket. For more information call Janina Greene at (505)412-9428.

Introduction: "For when two or more are gathered in my name, there am I in the midst of them. (Matt. 18:20)

Part I: "Do you not know that your body is the temple of the Holy Spirit within you which you have from God?" (Cor. 6:19)

Part II: "Be still and know that I am God." (Psalm #46:10)

About Janina Greene

Janina is a retired Physical Therapist with 32 years experience as a practitioner, lecturer and instructor. She is a graduate of University of California School of Medicine with a B.S. degree in Physical Therapy. Janina will lead the group in gentle, contemplative movement and listening prayer. She has led Body and Soul Classes over many years in California, Colorado and New Mexico. She is a past member of the United Church of Los Alamos and author of the book, *The Narrow Path, An Intimate Account of An Inner Journey*.

BODY & SOUL

Take a moment to center and to offer your body, emotions, mind and spirit to God.

Standing make circles with:

Head
Shoulders
Wrists
Add finger stretches
Upper torso
Lower torso
Hips
Ankles

Standing do:

Toe curls
Spinal drop

Lying on your back do:

Alternate knee to chest bends
Side twists
Pelvic tilt
Spinal roll
Spinal twist

Long sitting do:

Back leg stretches

Lying on your stomach do:

Pushups
Front leg stretches

On your fours do:

Alternate leg lifts

Sitting do:

Eye exercises
Breathing exercises

Repeat all exercises 4-8 times in both directions or on each body side as appropriate. Remember to synchronize motion with breathing as explained in class.

Spend some time being quiet as in listening, contemplating or meditating. Devote at least 20 min. to simply being still in the Holy Presence of God, remembering that in God we live and move and have our being.



Church World Service was born in 1946, in the aftermath of World War II. Seventeen denominations came together to form an agency “to do in partnership what none of us could hope to do as well alone.” CWS has worked for nearly seven decades with one goal: building a world where there is enough for all. We affirm the power of individuals and communities to take ownership of their future. We meet them right where they are, helping them create solutions they can maintain – and build on. That means a refugee family who is able to start a new life, or someone rebuilding after disaster finds safety with dignity. We believe that there is enough food, water and justice for everyone in our world. Our work to build alliances among faith groups, civil society, advocates and those in need, and provide programs and services that are impactful, and is as critical now as it ever has been. Some of our programs include:

Crop Hunger Walks (CROP Walk): In the 1940s more than 11 million pounds of food, clothing and medical supplies were provided to war torn Europe and Asia.

Friendship trains: The early CROP initiative captured the imagination of America’s heartland and soon “Friendship Trains” roared across the country picking up commodities such as corn, wheat, rice and beans to be shared around the world.

One Great Hour of Sharing: One Great Hour is a Christian effort to empower, provide water, supply food, and give relief from disasters. There are currently water projects in over 20 countries around the world. CWS not only provides immediate response but long term commitment by empowering men and women to provide for their families. The current collection for One Great Hour of Sharing as the church’s special service project will be the 25th of March, the last Sunday in March. Announcements will be made previously and the Sunday School children will be given the opportunity to participate in the effort.

Please take any and all opportunities to respond in kind with generous donations to Church World Service when future needs arise. Zena Thomas is our representative for Church World Services.

Save the date

Take a break from life...be renewed with other women and the excellent staff of Sonlight.



Women's Retreat

October 5, 6 and 7 (Columbus Day weekend)

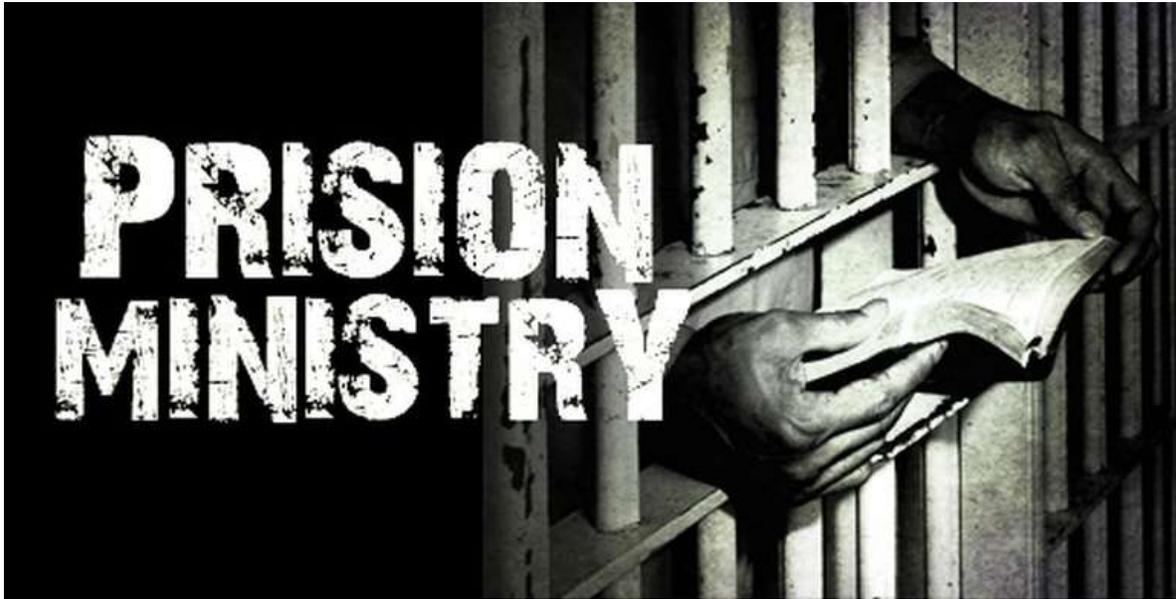
Fun, Faith, Friendship, amazing Food and Fantastic scenery for
ALL women



GRANDCAMP at Sonlight!

June 6-9, 2018

More info in the April Chimes!



The Missions Board would like to remind everyone that the following items are needed and being collected for Prison Ministries: Religious books, cards, calendars, Bibles, note books (not spiral-bound). A box will be available in Fellowship Hall to collect these items.

Janet Hall is the contact.



Monday Morning Women’s Book Study

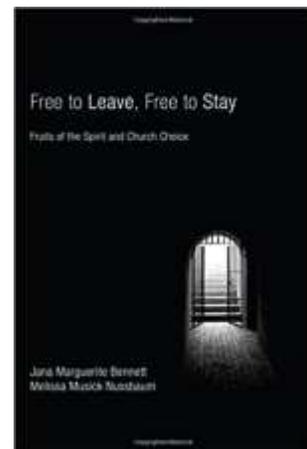
All women of the church and their friends are welcome to attend this group. The books for discussion are selected by the group.

The group is currently reading “Free to Leave, Free to Stay: Fruits of the Spirit and Church Choice” by Jana Marguerite Bennett.

Monday Mornings:

11:00 am – 12:30 pm

In the CE Lounge



Friday Morning Women's Bible Study

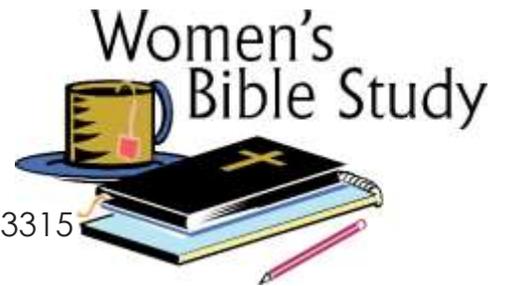
@White Rock Presbyterian Church, Fridays 10am – Noon

We are largely comprised of women of the United Church and are all welcome.

We spend time each week in study and, equally as important, in fellowship and prayer.

For more information, please contact:

Deb Worley 672-0699 or Dorothy Crawford 672-3315



Happy Birthday!



Corine Christman	03	Susan Watkins	13	Linda Hardie	27
Vicki Cobble	04	Alison Watkins	15	Michael Keeler	27
Nancy Bliss	06	Eric Bjorklund	16	Linda Breshears	29
Milan Gadd	07	Sam Baty	21	John Charles	29
Jeff Dermer	08	J.D. Johnson	21	Bernadette Lauritzen	29
Bob Nance	10	Ryan Worley	21	Roger Smith	30
Elise Ovaska	11	Georgia Strickfaden	26		
Jerry Grindstaff	12	Jeanne Butler	27		



PRAYERS



Please continue to hold these persons in your prayers during the month of March.

Jan Sander ~ Shonn Galassini ~ Bob Nance ~ Carol Sierk

Rebecca Easley ~ Ed Macmann ~ Lesley Olsher

Pamela Massey ~ Jay Dee Conrad ~ Sandra Tolmie

Sarah Hayes ~ Jeanne Butler ~ Jill Forman ~ Karen Rigg



Men's Koffee Klatch

All men of The United Church are invited to coffee, refreshments, and fellowship! There are no lesson plans, no required or suggested topics, no devotions, no leaders, but there is a lot of fun! Hosting duties are passed around within the group. The wit and wisdom shared cover all sorts of topics and the discussions have proven extremely interesting, informative, and supportive. We laugh a lot! See you there!

Thursdays: 9:30 – 11:30 am in the CE Building Lounge.



MARCH DAILY CALENDAR

SUNDAYS	8:00 am - Worship Service – Fragrance Free (Chapel) 9:00 am - Library Opens 9:15 am - Nursery Available (CE Building) 9:30 am - Worship Service (Sanctuary) 9:45 am – Children’s Worship 11:00 am – Sunday School (Sanctuary, CE & Craig) 3:00 pm – Praise Choir (Sanctuary) 7:00 pm – PAC 8 Taped Worship Service
MONDAYS	11:00 am – Women’s Book Study (Lounge)
TUESDAYS	10:00 am - Staff Meeting (Lounge) 12:00 pm - PAC 8 Taped Worship Service
WEDNESDAYS	8:30 am - 12:30 pm Thrift Shop Open 7:00 pm – Sanctuary Choir (Sanctuary)
THURSDAYS	9:30 am - Men’s Koffee Klatch (Lounge) 6:00 pm – Evening Lenten Service (United Methodist Church)
FRIDAYS	10:00 am - Women’s Friday Bible Study (WR Presbyterian Church)

Weekly Word

Weekly Word email: If you would like to receive the email David sends out each week about the upcoming Sunday, please email or call the church office and tell us to add you to the “Weekly Word” list.



Upcoming Events

- Mar 2** Dee Wilson Memorial Service
- Mar 4** Mexico Mission Auction
- Mar 4** LA Opera Guild Concert
- Mar 10** NMPAS Concert
- Mar 11** All Church Potluck
- Mar 11** Daylight Savings (Spring Ahead!)
- Mar 15** Sombrillo Worship
- Mar 16** Chimes input Due
- Mar 18** Mexico Mission Meeting
- Mar 21** Aspen Ridge Gathering
- Mar 24** Mexico Mission Trip Begins
- Mar 25** Palm Sunday
- Mar 29** Maundy Thursday
- Mar 30** Good Friday



THE MARCH 2018 CHIMES Newsletter

The United Church of Los Alamos

2525 Canyon Road

Los Alamos, NM 87544

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**February 27 –
March 1**