



**ALL-IN 2026!**  
**10-Day Fast - Daily Prayer Focus**  
**Thursday Jan. 15 to Saturday Jan. 24**

From the time Jesus ascended to Heaven (Acts 1:9), until the outpouring of the Spirit (Acts 2:1-4), the disciples waited 10 days in the 'upper room'. Before His ascension, Jesus commanded them to "wait" for the Promise of the Father (Acts 1:4).

The upper room was a place of worship, prayer, fellowship, communion and consecration. Communion with God and communion with one-another. Thus, creating a sense of expectation and preparing the ground for Kingdom expansion. They were all-in.

Fasting is about humbling ourselves before the Lord and seeking His face (2 Chron. 7:14), by abstaining from food and any other elements that are toxic to our hearts. Whether fasting from 1 or 2 meals or adopting the Daniel fast (plant-based meals), the goal is to draw closer to God's Heart in consecration.

Therefore, one of the key objectives of this fast is to establish a deeper union with our Lord Jesus Christ through individual and community prayer (upper room experience). We fast, pray and break bread (communion) together, as we believe for a personal renewal and corporate outpouring of His Spirit.

**Daily meetings:** Join us as we gather every evening during these 10 days at PTC. These will be "upper room" gatherings for prayer, worship, & communion, with our hearts and eyes fixed on Jesus from Thursday from Jan. 15 to Saturday Jan. 24, in-person at PTC. Times will be 6:30pm – 8:00pm. Doors will open at 5:30pm for an opportunity to "wait" upon the Lord.

As you fast, we encourage you to spend time with the Lord for 1h each day of the 10 days (you can divide it in 30min or 15min increments throughout the day). Invite your family members and friends for some of these prayer times.

Please see below the daily prayer focus for each day.

We're going ALL-IN!

P. Jimmy Ntagabo

## Daily Prayer Focus

**Day 1 (Thursday Jan. 15):**

**All-in repenting, renouncing our idols and returning to the Lord Jesus Christ**

**Acts 2:38** “Then Peter said to them, “Repent, and let every one of you be baptized in the name of Jesus Christ for the remission of sins; and you shall receive the gift of the Holy Spirit.”

Wait. (Is. 40:31) For the Power of The Holy Spirit.

Wait. For His Fresh Outpouring in 2026.

Wait. Together with one another, as members of one Body.

A new year has begun. We have come again to the familiar place of our ALL-IN 10-day Fast; **this is our upper room** (Acts 1:13-14), **these are our days of expectation**. The spiritual doors of 2026 stand open before us. With His Rod and His Staff, our Good Shepherd will Discipline and Lead us (Ps. 23:2-4).

Come present yourself in the Sanctuary, as part of a Holy Convocation. Come and gather together, letting Faith build Faith, and Obedience inspire Obedience. Come and Submit. Come and Surrender. Come and Wait.

You matter. Your presence matters. Your spirit matters. There is a treasure within you, which reveals The Surpassing Greatness of The Power of God (2 Cor. 4:7). As you come, YAHWEH's Greatness will find expression in you and through you.

As we prepare to Wait on The LORD, let us pull down every high thing lifting itself up against The Knowledge of The Most High. Let us bring our flesh captive under the obedience of Christ (2 Cor. 10:4-5). Let us renounce our idols and return to YESHUAH; In Whom we have Redemption, the Forgiveness of sins (Col. 1:13-14)!

***I now rejoice, not that you were made sorrowful, but that you were made sorrowful to repentance. For you were made to have Godly sorrow, so that you might not suffer loss in anything through us. For Godly sorrow produces a repentance without regret, leading to salvation, but the sorrow of the world brings about death.***

**-2 Corinthians 7:9-10**

Today, ask The Holy Spirit to Produce Godly sorrow in you. Pray this prayer:

“Holy Spirit, Teach me to judge my own sin with clear eyes, deep conviction, honesty, and bravery. I won't merely feel discomfort, I won't rush to defend myself, I won't preserve appearances or my reputation.

I commit to no more excuses, no more delay, no more disobedience, lest I fall away, outside the reach of Renewal, and crucify Your Son, o God, over again, putting Him to open shame (Heb. 6:4-6). Keep me from stumbling (Jude 1:24-25), Abba Father. In YESHUAH'S NAME I pray, Amen.”

P. Foyo Juma

Worship & Prayer Leader

## Day 2 (Friday Jan. 16)

### All-in seeking a personal, spiritual awakening and fresh baptism of the Holy Spirit

**Ephesians 5:18** *“And do not be drunk with wine, in which is dissipation; but be filled with the Spirit”*

**Acts 1:8** *“But you shall receive power when the Holy Spirit has come upon you; and you shall be witnesses to Me in Jerusalem, and in all Judea and Samaria, and to the end of the earth.”*

Today, we are being invited to be filled with the Spirit. Wow, what an awesome privilege!

In the Bible, the Spirit is often associated with water. For instance, in John 7, Jesus says that rivers of living waters would flow out of those who believe in Him. Notice the word ‘flow’. Indeed, the Spirit in our lives is not meant to be stagnant. There is movement involved. It is meant to flow out of us and bring the Kingdom of God wherever we go.

I am reminded of Psalm 42:1, which says: “As a deer pants for the water brooks, so pants my soul for You, O God”. A water brook is a small, natural, freshwater stream, often found in wooded or hilly areas. The water brook is a stream of water. Again, there is movement. It’s fresh. Just like the deer, we should long for a fresh touch from the Lord daily. Notice that the fresh water from yesterday is already downstream. If the deer didn’t drink it, it’s gone. Notice also, that it takes some effort to find the stream. The deer has to seek it through the wooded and hilly areas. It’s the same for us, isn’t it? The good news is that if you seek Him, you will find Him! Doesn’t the Word in Luke 11:13 say that the Father will give the Holy Spirit to those who ask Him? Of course. So, let’s ask the Lord to fill us afresh – again and again!

Today, I encourage you to go after God. Ask Him to make you hungry and thirsty for the things of the Spirit. What is above. What is godly. What is holy. Why should we let a day pass by without getting filled by the Spirit? It’s our choice, isn’t it? We could ask for it only once a week, once a month or even once a year. But what about daily? Would it not make us more effective witnesses for His Kingdom wherever we go? Without a doubt.

### Be filled!

Peter Robertson  
Worship Ministry Director

### Day 3 (Saturday Jan. 17)

#### All-in surrendering/laying down our lives for the Lord Jesus Christ (dying to self)

**Matt. 16:24** *"Then Jesus said to His disciples, "If anyone desires to come after Me, let him deny himself, and take up his cross, and follow Me""*

**Romans 12:1** *"I beseech you therefore, brethren, by the mercies of God, that you present your bodies a living sacrifice, holy, acceptable to God, which is your reasonable service."*

Living sacrificially flows out of restoration with the Father's heart and obedience to Jesus Christ. Saying "Yes" to Jesus despite my flesh and emotions screaming "No", not to mention the enemy's lies coming at me, has been powerful in my journey of faith. There's nothing like fulfilling our God-given purpose! All things are possible with God and a willing heart! To get there, our wounded hearts need the Lord's healing and restoration. Healing is ongoing since none of us are immune to sin and wounding in this fallen world. The more we heal, the less we get in the way of the Lord's will (we die to our selfish ways more & more as we heal). **Are you willing to surrender your decisions to Jesus, even when it's uncomfortable, and not what you feel like doing?**

*We love Him because He first loved us* (1 John 4:19). Motivated by our love for God, we love others *as we love ourselves* (Matt. 22:37-40). Created in God's image, each of us has value and worth; so, it's important to care for ourselves, be healthy in order to care for others. However, we don't want our faith walk to get hijacked by our inward focus mentality – being unwilling to be disturbed from our routines. Boundaries are important but we mustn't harden our hearts. If we repeatedly ignore the Holy Spirit, it'll become increasingly difficult to hear His voice.

**Are you sensitive to the leading of Holy Spirit in your day-to-day life? Are you willing to lay down your agenda for the Lord's plans?**

This morning, an upset colleague reached out for prayer support, after a challenging drive to work and issues with people hurrying to get the best workstation at the office. This is an example of how hurry can lead to self-centredness. People drive dangerously without concern for others. This fast pace & self-centred way is not the Jesus way. I am reminded of John Mark Comer's book, [The Ruthless Elimination of Hurry](#) influenced by Dallas Willard who described **hurry as "the great enemy of spiritual life in our day"**. Let's slow down so we can hear God's voice and respond in obedience. **Is your life in such a hurry that you're unable to be sensitive to God's voice? Maybe it's time to slow down to live in complete surrender to Jesus.**

#### Reflection:

Listen to this song: [My Right Now by Stephen McWhirter](#).

**Ask the Lord**, what prevents you from living an authentic sacrificial life? What He reveals, He wants to heal. Ask for help to course correct. As the body of Christ, let us rediscover total surrender to our Lord Jesus Christ.

P. Ginger Ntagabo  
Women's Ministry

#### **Day 4 (Sunday Jan. 18)**

#### **All-in pursuing lost souls with the Gospel of Jesus Christ, and caring for the poor/marginalized (mission)**

**Luke 15:4** *“Suppose one of you has a hundred sheep and loses one of them. Doesn’t he leave the ninety-nine in the open country and go after the lost sheep until he finds it?”*

**Isaiah 61:1** *“The spirit of the Lord is upon me, because he has anointed me; he has sent me to bring good news to the poor, to heal the brokenhearted, to proclaim release to the captives and recovery of sight to the blind.”*

The gospel of Jesus Christ is central to Christianity, yet when it comes down to how it is expressed through the lives of His followers in today’s generation, there must be a renewed understanding and perspective.

When we think about the gospel, each person may have a different framework or approach, but sometimes, it is helpful for us to simplify it so we can focus on the essence of the gospel.

In one sense, Jesus is the gospel. Oxford scholar Alister McGrath once said, “at the heart of the Christian faith lies not so much a set of abstract ideas or beliefs but a person.” In other words, Christianity is less like following a rigid system or a method, and more like the art of following a person and expressing His heart. The gospel is the whole story of the promise of the Messiah, His birth, ministry, death, resurrection, and final role in judgment. I believe that this gospel needs to be expressed creatively and uniquely through each follower’s context, experience, and relationship with Christ.

Each of us, as His followers, has a mandate to express Jesus (the gospel) wherever we go. We are to carry out that mandate in the place where God has placed us—whether that is the marketplace, government, education, or family, to name a few.

God is calling us to answer the call regardless of our status or level of influence. There are people God has placed in our lives: family, friends, co-workers, managers, bosses, clients, students, employees, prisoners, the homeless, and the marginalized. All of them are the poor, the broken-hearted, and the captives who need Jesus. God has placed us in such a place so we can be the light and express His heart through both actions and words.

Are you ready to go all-in pursuing Jesus, whose desire is to pursue His lost children in partnership with you? Are you ready to serve your people whom God has placed in your life?

**Prayer:** *Jesus, You are the Messiah. You are the Gospel. We want to receive Your heart so we can express Your heart to the people You have placed in our lives. Anoint us. Draw us closer to You. Holy Spirit, give us fresh revelation of Your love for Your lost children. Amen.*

P. James Joh  
Young Adults Ministry

## Day 5 (Monday Jan. 19)

### All-in praying for our government leaders at every level, and the reformation of our nation

**1 Timothy 2:1-2** *“Therefore I exhort first of all that supplications, prayers, intercessions, and giving of thanks be made for all men, <sup>2</sup> for kings and all who are in authority, that we may lead a quiet and peaceable life in all godliness and reverence. <sup>3</sup> For this is good and acceptable in the sight of God our Savior”*

**Psalms 72:8** *“He shall have dominion also from sea to sea, and from the River to the ends of the earth.”*

We are now on Day 5 of our prayer and fasting journey—we’re almost halfway through! Today, let’s go deeper and lift up our government leaders in intercession. Remember, our prayers can move mountains, break chains, and influence decisions in ways only God can.

Psalms 72:8 reminds us that God’s dominion covers all the earth. Today, let’s pray for God’s Kingdom and His will to come over Canada. God has called us to intercede boldly for those in positions of authority. When we pray for our leaders, we partner with heaven to bring wisdom, integrity, and righteousness into the decisions that affect our families, communities, and nation.

Prayer Points for Government Leaders and Canada:

- 1. Wisdom and Discernment:** Pray that leaders seek God’s guidance above personal gain or political pressure, making decisions aligned with His will.
- 2. Integrity and Righteousness:** Pray for honesty, transparency, and justice in every leader’s actions and policies.
- 3. Peace and Unity:** Pray for collaboration and unity among leaders at federal, provincial, and local levels, ensuring decisions benefit all citizens.
- 4. Godly Vision for the Nation:** Pray that leaders pursue policies that honour God, promote justice, mercy, and righteousness, and bless the nation with growth, safety, and prosperity.
- 5. Influence for Good:** Pray for positive impact on families, education, healthcare, and the vulnerable, so that Canada shines as a nation honouring God in governance.
- 6. Faithful Leadership:** Pray that leaders are guided by the Holy Spirit, humility, and a servant’s heart, recognizing God’s hand in their leadership.

#### Prayer:

Heavenly Father, we lift our leaders before You. Grant them wisdom that comes from above, courage to make righteous decisions, and hearts that seek Your will. Protect them from deception, pride, and fear. Let Your kingdom come in our nation, and Your will be done in every sphere of influence. Strengthen us as we fast and pray, that our words and actions glorify Your name. In Jesus’ name, Amen.

Rachelle Robertson  
Worship Ministry Director

## Day 6 (Tuesday Jan. 20)

### All-in seeking and obeying the truth of God's Word

**John 14:15-16** *"If you love Me, keep My commandments. <sup>16</sup> And I will pray the Father, and He will give you another Helper, that He may abide with you forever"*

**2 Timothy 2:15** *"Be diligent to present yourself approved to God, a worker who does not need to be ashamed, rightly dividing the word of truth."*

Hey, Peace Tower Church! We're just over the halfway mark of our 10-day fast! Today, we're going to focus on going **all-in seeking and obeying the truth of God's Word.**

In **John 14:15-16**, Jesus gives us a real understanding of what will happen when we choose to obey His commandments. When we do, He gives us the gift of the Holy Spirit. He gives us His Spirit that will go with us everywhere we go - unlike Jesus' limited earthly body at that time. A keyword that I want us all to hold on to today is **ABIDE**. This Spirit is said to abide with us forever; and in the following chapter Jesus says "Abide in Me, and I in you" (John 15:4). What does this mean?

In biblical contexts, **abiding** is a crucial concept of discipleship. It's a lifelong journey of intentionally following and learning from Jesus Christ in order to become more like Him. It implies spiritual growth, obedience to His teachings, and helping others do the same. **To abide** is more than a passive meaning - it requires active engagement, it requires *obedience*.

**2 Timothy 2:15** states: *"Be diligent to present yourself approved to God, a worker who does not need to be ashamed, rightly dividing the word of truth."*

In Canada, we now have to come to terms with the fact that we no longer live in a Christian society. Therefore, since society has become more secular, coupled with the increase of social media, we need to be far more intentional in what we allow ourselves to hear.

Well, in a similar fashion, Timothy dealt with a lot of false teachings in his days, and Paul had to give him instructions on how to remain focused on God's truth. **Our eyes must be centered on Jesus.** As we abide in Him and in His Word, we look to Him for everything. In horse racing, have you noticed that each horse has blinders on the outside of their eyes? Do you know why that is? It's so that they may keep their focus on what's ahead of them and not who or what is beside them. *This is discernment.* Our focus must be on pleasing God and doing the work for His kingdom, looking forward to what He has in store for His people.

Therefore, during this 10-day fast, I want to encourage you to keep your eyes on Jesus in every part of your day; choosing to walk in obedience to His Word. Don't get distracted!

P. James Jackson  
Youth Ministry

## Day 7 (Wednesday Jan. 21)

### All-in going deeper in intimacy, worship, and adoration to our Lord Jesus Christ

**Matt. 6:6** *"But you, when you pray, go into your room, and when you have shut your door, pray to your Father who is in the secret place; and your Father who sees in secret will reward you openly"*

**Matt. 22:37** *"Jesus said to him, 'You shall love the Lord your God with all your heart, with all your soul, and with all your mind'"*

Intimacy with God begins with an invitation, not an obligation. Scripture tells us, *"Draw near to God, and He will draw near to you"* (James 4:8). This promise reminds us that closeness with the Lord is not reserved for the qualified - it is available to every heart that desires Him because God is not distant or disinterested; He longs for relationship with His children.

Sometimes we unconsciously believe things like:

"I'm not spiritual enough to be that close to God"

"Once I pray more, know more Scripture, or get my life together, then God will meet with me."

Or "Intimacy with God is for people who are more mature than me."

That's not how God works. Through Jesus, every believer has equal access to God's presence.

Intimacy with God is not a reward for spiritual performance - it's a relationship offered by grace. You don't earn closeness; you receive it. God doesn't invite you closer once you're perfect. He invites you closer so He can transform you.

To love God is more than believing in Him. It is choosing Him daily, choosing His presence over distraction, His voice over noise, and His will over our own. Jesus describes this kind of love as abiding: *"Remain in Me, and I will remain in you"* (John 15:4). Abiding means staying connected, rooted, and aware that our life flows from Him. Apart from Him, we are merely existing.

Intimacy is cultivated in the quiet moments. It grows when we sit with God without an agenda, when we open His Word not just to learn, but to encounter Him. Like Mary who sat at Jesus' feet, intimacy is choosing "the one thing needed" (Luke 10:42). In those moments, God shapes our hearts, heals our wounds, and realigns our desires.

Loving God also transforms how we live. When our affection is anchored in Him, obedience becomes a response of love rather than duty. We obey because we trust Him. We surrender because we know His heart is good. As we draw closer, His love begins to overflow through us - into our families, our work, and our daily interactions. Always remind yourself: to love God is to abide in Him, to rest in His love, respond to His voice, and let Him be our greatest delight.

P. Sonaz Kabuya

Community Engagement



## Day 8 (Thursday Jan. 22)

### All-in seeking and receiving healing of the soul and deliverance

**Isaiah 10:27** *"It shall come to pass in that day that his burden will be taken away from your shoulder, and his yoke from your neck, And the yoke will be destroyed because of the anointing oil."*

**Luke 13:16** *"So ought not this woman, being a daughter of Abraham, whom Satan has bound - think of it—for eighteen years, be loosed from this bond on the Sabbath?"*

As we continue in this season of prayer and fasting, today we come all-in, seeking healing of the soul and freedom through the presence of God with our hearts open and surrendered to Yeshua. Isaiah reminds us that burdens are lifted and yokes are destroyed by the anointing (Isaiah 10:27). What once weighed us down no longer has authority where God's Spirit is welcomed and at work. This deliverance reflects God's love and character; it is a promise of His strength, His power, and His freedom. It is the assurance that through Him, we are called to be part of His royal priesthood, standing no longer under the weight of the world, but under the grace of His authority.

Consider the woman in Luke 13. For 18 years, she lived bent over, her eyes fixed on the dust; unable to stand tall. The very picture of one trapped under a heavy yoke. But when the Anointed One spoke, that yoke was not merely loosened, it was destroyed. Just as a thick neck breaks a wooden collar, her identity as a "Daughter of Abraham" made the spirit of infirmity unable to hold her any longer. Today, that same anointing is present to straighten every area of our lives where we have been bent low. Jesus declares that this woman bound for 18 years ought to be loosed. Jesus declares that bondage, no matter how long it has lasted has no right to remain. What has weighed heavily on our souls; our burdens, wounds, traumas, or long-lasting struggles can be broken in His presence. Today we are reminded that deliverance is not only possible; it is part of God's heart for His people. Healing and deliverance are not distance promises; they are available now through Jesus.

As we seek Him together and individually, let us come with hunger, faith, and humility, allowing the Holy Spirit to gently heal wounded places and break every lingering chain. During this time, we draw near to the lover of our soul, allowing His love, presence, and power to work mightily in and through us.

#### Closing Prayer:

Lord Jesus, we come before You with open hearts and surrendered lives. We ask for Your healing touch to restore our souls and for Your anointing to break every yoke that remains. Shine Your light into every hidden place and bring freedom where there has been bondage. Renew us, strengthen us, and lead us into the fullness of life You have promised. We trust You completely and receive all that You desire to do in us today. Amen.

Kyla Lafreniere  
Administrative Assistant

## Day 9 (Friday Jan. 23)

### All-in pursuing unity, love, fellowship, and service to one-another

**John 13:35** *"By this all will know that you are My disciples, if you have love for one another."*

**1 Peter 3:8** *"Finally, all of you be of one mind, having compassion for one another; love as brothers, be tenderhearted, be courteous."*

This Christmas brought far more snow than usual. Each morning, as I looked out the window, it felt as though a storehouse had been opened over the earth. While a friend and I were talking about the weather, she made an observation that lingered with me: "The children have been praying for snow," she said. "They wanted a white Christmas."

I jokingly asked why God seemed so quick to answer their prayers - but then it dawned on us. All the children were praying for the same thing. They weren't asking for individual desires neither were they weighing the inconvenience of a snowstorm. They were united. They were of one mind.

In Peter's exhortation to the church, he calls believers to that same unity, to be of one mind, compassionate, loving, tenderhearted, and courteous. All values that feel distant in today's world. But what if the body of Christ truly embraced this call? What if our words and actions consistently reflected love? What if words of encouragement ran freely among us? How might our tender hearts transform neighbourhoods and communities? And most of all, what would happen if we were truly of one mind?

Perhaps the answer is simple: we would see snow - not literal snowfall, but a spiritual outpouring, a divine response from the heavens as we gladden the Father's heart. What joy it is to Him, to see His children as one! More than ever before, the storehouses of heaven would be opened over us, blessing every work of our hands, blessing us without measure.

**Prayer:** Dear Heavenly Father, thank You for the blood of Your Son that unites us as one, and for Your Holy Spirit - the Spirit of unity. Help your bride to be of one mind now, more than ever before, and to reflect Your love in every endeavor. Teach us to behold You, until we become like Christ, in love and compassion. To lay down our lives in service to one another, just as Christ, our perfect example, did for us.

In Jesus' name. Amen!

P. Barbara Bilal  
Children Ministry

## Day 10 (Saturday Jan. 24)

### All-in contending for a fresh outpouring of the Holy Spirit, a shift, an awakening

**Acts 2:1-3** “When the Day of Pentecost had fully come, they were all with one accord in one place. <sup>2</sup> And suddenly there came a sound from heaven, as of a rushing mighty wind, and it filled the whole house where they were sitting. <sup>3</sup> Then there appeared to them divided tongues, as of fire, and *one* sat upon each of them. <sup>4</sup> And they were all filled with the Holy Spirit and began to speak with other tongues, as the Spirit gave them utterance.”

A few days ago, I opened my Bible and landed on Psalm 68. As I began reading, interestingly, a worship song called “[The Dove](#)” by The Belonging Co. came to my mind. The song narrates the Holy Spirit’s activity from creation and expresses a deeper hunger for His presence. It also speaks about the Holy Spirit’s landing upon Jesus in the form of a dove, helping Him fulfill His redemptive mission.

As I continued reading, to my surprise v. 13 mentions ‘a dove’! The Psalmist declares that Israel “*will be like the wings of a dove covered with silver, and her feathers with yellow gold.*” Which refers to God’s glory, prosperity and righteousness upon Israel. And v. 16 speaks of “*the mountain which God desires to dwell in; Yes, the Lord will dwell in it forever.*” Referring to the Temple Mount in Jerusalem.

A connection began to take shape. From the dawn of time, the Lord’s desire has always been to dwell among His people. The Mountain of the Lord, the Temple, was a location where people could worship God and experience His presence. However, there was something deeper, a greater purpose at play that would culminate post Jesus Resurrection: The Indwelling of God in man by His Holy Spirit – His Spirit would not only abide in us forever (John 14:16), but He will also be the source of divine empowerment for God’s mission (Acts 1:8). The Lord found a way to dwell in us ‘forever’ (no longer limited to the Temple Mount). His Son made a way; His Spirit fulfilled it. Like ‘wings of a dove covered with silver and her feathers with yellow gold’, His glorious nature has found its way in the lives of those who are His through Jesus Christ.

We are invited to a transformational journey that takes us from simply living, to living on purpose for God’s glory, empowered by His Spirit for Kingdom expansion. The disciples Jesus called out in the beginning of His ministry were not the same after the baptism of the Holy Spirit on the Day of Pentecost. They were moved from who they were upon meeting Jesus, to who Jesus declared they would be: fishers of men (Matt. 4:19).

**Prayer:** Lord Jesus, today we choose to make a commitment to draw near to You, all of us in one accord, and contend for a fresh baptism of the Holy Spirit. Holy Spirit, we honour You and love you. Help us to identify and remove the barriers in our hearts preventing You from moving in us and through us. Holy Spirit, take the lead! In Jesus’ Name, Amen.

Samuel Perez  
Media Director