

**MIGHTY MEN**  
**2025-2026**

**“Mental Health and the Bible”**

**Text: *Blame It On The Brain* (Second Edition) by Ed Welch**

<b>September</b>	3 (Wed.)	Acknowledgment, Introduction & Chapter 1
	10 (Wed.)	Chapters 2-3
	17 (Wed.)	Chapters 4-5
	24 (Wed.)	Chapters 6-7
<b>October</b>	1 (Wed.)	Chapters 8-9
	8 (Wed.)	<b>No Class (ACBC Conference / Fall Break)</b>
	15 (Wed.)	Chapter 10 and Final Thoughts

**Text: *The Christian Counselor’s Medical Desk Reference* (Second Edition) edited by Charles Hodges**

<b>October</b>	22 (Wed.)	Dedication, Introduction, Chapters 1-2
	29 (Wed.)	Chapters 3-4
<b>November</b>	5 (Wed.)	<b>No Class (SOS Board Meeting)</b>
	12 (Wed.)	Chapters 5-6
	19 (Wed.)	<b>No Class (Refuge: Counseling Retreat with ACBC)</b>
	26 (Wed.)	<b>No Class (Thanksgiving Break)</b>
<b>December</b>	3 (Wed.)	Chapters 7-8
	10 (Wed.)	Chapters 9-10
	17 (Wed.)	Chapters 11-12
	24 (Wed.)	<b>No Class (Christmas Break)</b>

	31 (Wed.)	<b>No Class (New Year's Eve)</b>
<b>January</b>	7 (Wed.)	<b>No Class (New Year's First Week)</b>
	14 (Wed.)	Chapters 13-14
	21 (Wed.)	Chapters 15-16
	28 (Wed.)	Chapters 17-18
<b>February</b>	4 (Wed.)	Chapters 19-20
	11 (Wed.)	Chapters 21-22

**Text: *Lies My Therapist Told Me* by Greg Gifford**

<b>February</b>	18 (Wed.)	Forward, Introduction, Chapter 1
	25 (Wed.)	Chapters 2-3
<b>March</b>	4 (Wed.)	<b>No Class (Shepherds Conference)</b>
	11 (Wed.)	Chapters 4-5
	18 (Wed.)	Chapters 6-7
	25 (Wed.)	Chapters 8-9
<b>April</b>	1 (Wed.)	Chapters 10-11
	8 (Wed.)	<b>No Class (Spring Break)</b>
	15 (Wed.)	Chapters 12-13
	22 (Wed.)	Conclusion and Appendices
	29 (Wed.)	Wrap it up (Special Lecture)
<b>May</b>	6 (Wed.)	Wrap it up (Special Lecture)