



PARKSIDE CHRISTIAN CHURCH

LOVE GOD. LOVE PEOPLE. HELP OTHERS DO THE SAME.

In Crisis?

Crisis Hotline

513 281 2273

Provides prevention, assessment, and education programming to individuals of any age.

Call 911 if you are facing a dangerous situation.

Local Resources by County

- **Butler County:**
Mobile Crisis Team & Consultation
(844) 4CRISIS (1-844-427-4747)

24-hour Hotline: Need someone to talk to? Call the same Mobile Crisis Team phone number above. They are there to help!

- **Clermont County:**
Clermont County Crisis Hotline
(513) 528-SAVE (7283)
www.child-focus.org

This free and confidential hotline is available 24-7 and provides suicide prevention, crisis intervention, and referral information to Clermont County youth and adults.

- **Hamilton County:**
Talbert House Crisis Hotline
(513) 281-CARE (2273) OR text 'Talbert' to 839863
www.talberthouse.org

This 24-hour suicide and crisis hotline offers crisis intervention and information and referral services to individuals of any age.



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Mobile Crisis Team at University Hospital

(513) 584-5098

www.uhealth.com

To refer an adult or child, call (513) 584-5098. Mobile Crisis is available Monday through Friday from 8:30 a.m. to 12:00 a.m. on Saturday and Sunday from 12:00 p.m. to 8:30 p.m.

After hours, referrals can be made through Psychiatric Emergency Services (PES). Call (513) 584-8577. PES will page the Mobile Crisis Team if necessary.

Psychiatric Emergency Services (PES)

(513) 584-8577

www.uhealth.com

Provides round-the-clock care to patient in crisis with psychiatric emergencies, or for those experiencing suicidal and/or homicidal feelings.

Psychiatric Intake Response Center (PIRC) at Cincinnati Children's Hospital

(513) 636-4124

www.cincinnatichildrens.org

Located within Cincinnati Children's PIRC is the admission and evaluation center for all psychiatric services.

Hamilton County Mental Health Access Point (MHAP)

(513) 558-8888

www.mentalhealthaccesspoint.org

Mental Health Access Point (MHAP) exists as the front door to the Hamilton County public mental health system. MHAP, a division of Central Clinic, provides assessment, support, and connections for children and adults residing in Hamilton County who are in need of mental health services.



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Local Resources by County continued...

- **Warren County:**
Warren & Clinton Counties Crisis Hotline
(877) 695-NEED (6333)
www.mhrsonline.org

This 24-hour hotline offers support to residents of Warren and Clinton Counties for emergencies related to mental health and substance abuse.

Other Local Treatment Resources

- **Cincinnati Counseling Services Inc. ****
CincinnatiCounseling.org
5936 Glenway Ave. Cincinnati, OH 45238
(513) 922-1660
- **Community Behavioral Health***
CBH-Services.org
820 S Martin Luther King Blvd
(513) 887-8500
- **LifePoint Solutions***
LifePointSolutions.org
3740 Glenway Ave.
Cincinnati, OH 45205
(513) 354-8555

**Clinics or counselors that offer low-to-no cost counseling services or a sliding scale fee.*

***Counseling groups that may have counselors who offer reduced fees.*



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Support Groups

There are support groups and resources for individuals struggling with mental health.

- **Alcoholics Anonymous**

AA.org

AACincinnati.com

(513) 351-0422

- **Narcotics Anonymous**

NA.org

NACincinnati.com

(513) 820-2947

- **Al-Anon Family Groups**

Al-Anon.AlaTeen.org

CincinnatiAFG.ORG

- **American Foundation for Suicide Prevention**

AFSP.org

If you have lost a loved one to suicide, AFSP can help connect you to local bereavement support group in your area.

- **AFSP.org/SurvivingSuicideLoss**

Wrt1v/v/AFSPCincinnati

- **In The Rooms**

InTheRooms.com

Free worldwide directory of anonymous 12-step meetings for those seeking help or in recovery, as well as friends and family of people in recovery.



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National Resources

- **National Suicide Prevention Lifeline**
(800) 273-TALK (8255)
www.suicidepreventionlifeline.org

The National Suicide Prevention Lifeline is a free, 24-hour hotline available to anyone in suicidal crisis or emotional distress. Calls will be routed to the nearest crisis center to you.

- Call for yourself or someone you care about
- Free and confidential
- A network of over 150 centers nationwide
- Available 24/7

- **Crisis Text Line**
Text START to 741741
www.crisistextline.org

The Crisis Text Line is available 24/7 to help you with any kind of crisis. Visit www.crisistextline.org/faq to learn more about how the Crisis Text Link works.

- **Youth America Hotline**
(877) YOUTHLINE (968-8454)
www.youthline.us

The Youth America Hotline is a free peer-to-peer hotline network that links callers to community-based peer counseling hotlines.

- **Veterans Crisis Line**
(800) 273-8255 and Press 1
Text 838255
www.veteranscrisisline.net

The Veterans Crisis Line connects Veterans in crisis and their families and friends with qualified, caring Department of Veterans Affairs responders through a confidential toll-free hotline, online chat, or text.



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National Resources continued...

- **Suicide Prevention in College Resource Guide**

This online guide, created by Affordable Colleges Online, is designed to offer hope and help for college students, who are experiencing suicidal thoughts, as well as their friends and family.

www.affordablecollegesonline.org/college-resource-center/college-suicide-prevention

- **NAMI Information Helpline**

(800) 950-NAMI (6264)

www.nami.org

Trained volunteers provide information, referrals, and support to all who have questions about or are affected by serious mental illness. The NAMI Information Helpline is available Monday through Friday, 10 a.m. to 6 p.m. EST.

- **Rape, Abuse, & Incest National Network (RAINN)**

1-800-656-4673

24-hour Chat: online.rainn.org

24-hour Chat (Español): ohl.rainn.org/es/

The Trevor Project (LGBTQ)

1-866-488-7386

Treatment Referral Hotline

For Substance Abuse

1-800-662-4357



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Local Help

- **LifeWay Counseling Centers**
No reviews - Family Counselor
3+ Years in Business
8595 Beechmont Ave #303
(513) 769-4600
Closes at 8 p.m.
- **Ohio Christian Counseling Ministries**
No reviews - Marriage of Relationship Counselor
(513) 238-2607
Opens at 4 p.m.
Online Appointments
- **Lifeline Counseling LLC.**
Dr. Gary W. Jacobs
No reviews - Counselor
5+ Years in Business
Cincinnati, OH
(513) 402-2273
Closes at 8 p.m.
- **Compass Point Counseling Services**
Counselor
7+ Years in Business
Cincinnati, OH & Anderson Township
(513) 939-0300
Closes at 5 p.m.
Reviewed as: "A very professional counseling service."



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Local Help continued...

- **Integrative Counseling Solutions, LLC**
Mental Health Service
5+ Years in Business
Cincinnati, OH in Waycross South Office Center
(513) 770-1705
Closes at 6 p.m.
- **Clermont Mental Health**
No reviews - Counselor
3+ Years in Business
Cincinnati, OH
(513) 655-6911
Closes at 9 p.m.
- **Rosalind Smith Counseling**
No reviews - Mental Health Service
Cincinnati, OH in Waycross South Office
(513) 843-6003
Closes at 7 p.m.
#Christiantherapist #Christiancounseling
- **Addiction Recovery Center**
No reviews - Addiction Treatment
Cincinnati, OH
(513) 939-0300
- **St. Timothy's Episcopal Church**
Anglican Church
8101 Beechmont Ave. Cincinnati, OH 45230
Closes 1 p.m.
(513) 474-4445



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Local Help continued...

- **Christian Family Credit Union**
Credit Union
Milford, OH
(513) 528-1521
Closes at 5 p.m.

Any Local Emergency Room is a great resource in times of crisis.