

AS FOR THE REST OF YOU, DEAR BROTHERS AND SISTERS, NEVER GET TIRED OF DOING GOOD. 2 THESSALONIANS 3:13 (NLT)

Bottom Line: When you know what God says, you can stand for what's right.

When it comes to conviction, it's not always easy to keep doing the right thing. Sometimes it just seems easier to give up. Second Thessalonians 3:13 says, "Brothers and sisters, never get tired of doing good."

Guess what? God *knows* it's hard to stand up for what's right. He knows we will get tired. But this verse reminds us to never give up. Even when it's hard, even when we're tired. And one big way to keep us motivated to do the right thing is knowing what God says.

The Bible is *full* of examples of people who kept doing the right thing, even when it was hard. One example was Daniel. Daniel refused to eat the food from the King's table because he knew it went against God's law. And though he could have been in big trouble, Daniel chose to do what he knew was right according to God's Word. In the end, the leaders over him recognized that nothing would keep Daniel from following the one true God. Daniel was able to do what was right because he knew what God had said.

The same is true for us. Even when you're the only one, even when it's hard, even when you're tired—you need to keep doing the *right* thing. When we know what God's Word says, we can have the conviction and the courage to stand up for what's right.

CONVERSATION STARTERS

(K-2nd Grade)

- What makes it hard to do the right thing sometimes?
- How did Daniel do the right thing?

(3rd-6th Grade)

- Why would it have been easier for Daniel not to say anything and just eat the food he was given? Why didn't he do that?
- How do you know what's right and what's wrong?

(7th Grade and up)

- What are some positive results of persevering in doing the right thing?
- Have you ever had to stand up to someone in power over your convictions?

GOING DEEPER

This week, spend time reading Daniel 1:1-21. Discuss the story with your child. How do you think Daniel and his friends felt about being taken from their homeland and forced to live in Babylon? Why do you think they decided to take a stand about what food they would eat? What were the results of them standing up for their convictions?