

RECAP

talk it
over

KEY SCRIPTURE

Genesis 2.25

Adam and his wife were both naked, and they felt no shame.

Genesis 3.10

[Adam] answered, "I heard you in the garden, and I was afraid because I was naked; so I hid."

LOOK

Week 1: What's Creating the Space in Your Life

When you read Gen 2.25 and Gen 3.1-12 what comes to mind? Why did sin create a space between God and man?

Week 2: Twisted Identity

How has your past shaped your self-esteem, image, and worth?

How much do you allow what others say about you determine what you believe about yourself? Why?

Week 3: C.A.L.M.

Ps 37:8 says, ... don't fret it only causes harm. Why is it easier to live in anxiety in God's assurance?

Anxiety steals our breath, it robs us of our sleep, and impacts our overall well-being. What else does anxiety steal from you? Name it.

Week 4: Shame

Where do you run to hide when you want to cover your shame? Is it a place, a person, or a habit and addiction?

How do you typically deal with your shame?

Week 5

Are you leveraging your life- gifts, resources, energy, talents- to influence culture for the kingdom?

Or are you allowing culture to influence how you leverage your life?

Are you playing the victim card? Are the bad events of your life always the result of someone else's doing?

Or can you see and acknowledge where you were wrong?