

THE VICTIM MENTALITY

talk it
over

KEY SCRIPTURE

Genesis 2.25

Adam and his wife were both naked, and they felt no shame.

Genesis 3.10

[Adam] answered, "I heard you in the garden, and I was afraid because I was naked; so I hid."

GROW

Mark 2.4 // Revelation 5.6

Many of us want to escape the victim mentality, but we do so limping and gasping for air. It's heartbreaking what some of you have faced. But it's even more devastating when the trauma you went through continues to be your lead story for the next 30 years. Jesus bought your freedom and breaks the chains of the enemy who whispers, life will always be this way, you are stuck in the victim state. And while you might not ever be completely free from some of the pain from your past, the Cross of Christ says there is hope, and you do not have to allow your hurt to dictate your heart for God and for people. There's only one victim in the story of God, and His Name is Jesus. His hands, feet, and side bare the scars to prove it. And that's a tough sell to a generation of victims.

LOOK

What are you speaking into your life? Into the lives of your family and friends? Into your future?

Do you believe you can change your victim state-of-mind?

If so, how?

If not, why not?

Are you playing the victim card? Are the bad events of your life always the result of someone else's doing?

Or

Can you see and acknowledge where you were wrong?