

# talk it *over*

## it's a new day

### Key Scripture

Psalm 23

### Key Points

*Takeaway- In order to sit at the table, we have to travel through the valley.*

### GROW-

1 Samuel 17.34-35 // Jer 33.13 // Eze 34.11-16 // John 10.1-18

### LIVE-

**The LORD is my Shepherd, I lack nothing.  
He makes me lie down in green pastures.  
He leads me beside quiet waters,  
He refreshes my soul.  
He guides me along the path for His Name's sake.  
Even though I walk through the darkest valley,  
I will fear no evil,  
for You are with me;  
Your rod and Your staff, they comfort me.**

**You prepare a table before me  
in the presence of my enemies.  
You anoint my head with oil;  
my cup overflows.  
Surely Your goodness  
and love will follow me  
all the days of my life,  
and I will dwell in the House of the LORD  
forever.**

In the ancient world covenants were often secured with a meal around a table. The moment was viewed as an outward expression of a new or renewed friendship, and an opportunity to set the relationship in its rightful place. The scene in verse 5 is an image of the intimacy between the psalmist and God. God has invited him to the table, and to invite another to the table was to put aside any hurt, enmity, or hostility—meaning God has forgiven his sin, and has accepted the man as he is. God is no longer at odds with him, but is treating the man as an honored guest. He has prepared the table and done so in the presence of those who intend to do him harm. But at the table there is safety, there is security, and assurance. It is a place to enjoy community and communion with God, as He celebrates what He has done. Which means for us, the table is more than a gathering place to eat. The table can be a place where relationships are restored. Lives are changed. Stories are told. Memories are made. And love is shared. It's a holy place where we put aside our differences, and gather to thank Jesus for Who He is and all He has done.

### LOOK-

Do you know you have been invited to the mercy seat at the table of grace?  
Do you see yourself as God's chosen and special guest?

### LOVE-

Jesus' scarred hands are your invitation to the table of grace. You have a seat. You have His attention, and He is waiting to welcome you as His honored guest. And the beautiful thing is all we have to do is receive it. There's no performance we can put on, no achievement we can attain, no amount of begging or bargaining that will further the invitation Jesus has already made possible through the Cross. Believe. Receive. And take your seat at the table.