

LETDOWN – 1 WHEN PEOPLE LET YOU DOWN

He was despised and rejected by men, a man of sorrows, and familiar with suffering. Like one from whom men hide their faces he was despised, and we esteemed him not. Isaiah 53:3

RESULTS OF RELATIONAL LETDOWNS:

- **HARD HEART.**
- **PRIDEFUL SPIRIT.**
- **JUSTIFIED SIN.**
- **REVENGEFUL ATTITUDE.**

GOD, HELP ME

1) TO LIVE WITH THICKER SKIN.

A man's wisdom gives him patience; it is to his glory to overlook an offense. Proverbs 19:11

Thicker Thoughts:

- **People will let you down, so stop hoping they won't.**
- **People can't meet your needs, so stop hoping they will.**

...When we are cursed, we bless; when we are persecuted, we endure it; when we are slandered, we answer kindly... 1 Corinthians 4:12-13

2) TO LOVE WITH A SOFTER HEART.

Jesus said, 'Father, forgive them, for they do not know what they are doing.' Luke 23:34

I will give you a new heart and put a new spirit in you; I will remove from you your heart of stone and give you a heart of flesh. Ezekiel 36:26

Discussion Thoughts:

- **Because of relational letdowns, are you living with a guarded heart, prideful spirit, revengeful attitude or justifying sin?**
- **Thin skin is generally a result of some insecurity. What does God need to do to help you live with thicker skin?**
- **A hard heart is generally a result of living with unresolved hurt. What relationship needs to be healed? How can God soften your heart?**