

This, then, is how you should pray:

"Our Father in heaven,
hallowed be Your Name,
Your kingdom come,
Your will be done,
on earth as it is in heaven.
Give us today our daily bread.
And forgive us our debts,
as we also have forgiven our debtors.
And lead us not into temptation,
but deliver us from the evil one."

In Matthew 6 Jesus is teaching the disciples how they should pray to God. He tells them not to pray like the religious of the day who loved the sound of their own voice. But that when they pray they should find a place where they can be alone with God. Some place quiet, private, even isolated from anything that could distract them, because God wants to hear their heart. And then Jesus tells the disciples to pray by calling God, "our Father." It was a reminder that God was as near as their dad. The love of God as our Father is unparalleled. He is better than the best dad. You need to know, He isn't angry or upset with you. God, our Father, loves you. God, our Father, is for you. He cares for you. He wants the best for you, has the best in mind for you, and wants to hear from you. He knows your name, and He has pursued through death and grave, making a way for you to know Him.

LOVE LIFE

Tell your dad, a dad, a man who helped raise you, has had influence in your life, or that you care for, how much he means to you. Call him. Let him hear the love in your voice. He deserves it.