

SWIPE RIGHT

Week Four

Worth Fighting For

### **Core Message:**

Marriage is worth fighting for, and God's word gives us the tools to navigate through adversity when it comes.

#### Icebreaker:

What are some crazy stories or bad advice you've heard about marriage? Do you generally hear great things or horrible things?

#### **Scripture References:**

Proverbs 18:22 Exodus 17:9-13 Genesis 2:25-3:1 Song of Solomon 2:15 Matthew 10:16

We are believing that through the weeks of this series that God would help you to: regret proof your marriage bed and your death bed FROM THIS DAY FORWARD

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#### **Marriage Statistics:**

"Studies suggest that married people will have better sex, better health and wealth and will probably die happier than singles, with a lower likelihood of strokes, heart disease, and depression. Married people also respond better to stress and even heal more quickly."

#### **Divorce Statistics:**

50% of 1st time marriages end in divorce

- -Whether you're single, married, divorced, or even in the middle of a divorce, how can you from this day forward start fighting for all that God wants for you?
- -Have you ever experienced having "your nose rubbed in the carpet" for your past mistakes? Is this your first time hearing that God isn't the one doing that to you?
- -The devil has gotten us to hate on something (marriage) that he broke. Talk about some of the ways we can combat this mindset we see in society.
- -Pastor Levi said, "Marriage is SO much fun!" Who are some married couples that you know who really enjoy their marriage? What do they do to make it great?
- -Everything that God begins the devil opposes. What are some examples of seeing this in your own life?

## Let's learn from the strategy the Israelites employed against the fight. from Joshua we learn to...

### 1.) KEEP A COOL HEAD

Unity releases power and strength.

- -Are you more of a cheetah or a gazelle?
- -By the time you even realize you have a hot head, it's too late to cool off. What are some signs that your blood is getting hot and you need to cool your head?
- -What do you do to cool down/replenish yourself?
- -Conflict is inevitable; how do you handle moments of conflict in your life? Do you avoid confrontation or face it head on.
- -How do you actively pursue your relationships? Are you fighting for them or fighting in them? Is there consistency in your date nights/ friendship time?
- -We must fight FOR our marriages and not just fight IN them. Whether married or single, what are practical ways to fight for your marriage?
- -What are examples of things in our relationships that start small and can be easily justified aka "the little foxes"? How can we draw swords on those things?
- -Married couples can have the tendency to wake up one day when the kids are grown up and out of the house and realize that they no longer "know" their spouse. What are some ways you can keep a deep intimate proximity to your mate and keep the little foxes from creeping in?

# from Moses we learn to... 2.) BUILD YOUR LIFE ON THE ROCK

It takes strength to rise up in honor.

- -How can we keep our relationship with God hot?
- -What are places in which you've allowed faith to become a substitute for action? What steps do you need to take to put action to your faith?

- -How can you implement the "arms raised, swords drawn" lifestyle in your day to day life?
- -Who is the Aaron and Hur in your life? If you don't have them, how can you start pursuing to find them?
- -How should we, as a group, plant our lives and friendships on the rock?

### **Closing Activity:**

Close out group this week by praying for each other specifically in the fight for unity in each other's marriages, friendships, work life, and church life.

Also, encourage everyone to pray for those who God would want them to bring back with them for part 5 of Swipe Right or even who in our lives needs a copy of the Swipe Right book.