

**COASTAL
CHURCH**

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**seven day
prayer guide**

**20
26**

Welcome to Your Family Prayer Journey

This prayer guide is designed for families to pray together, drawing closer to God and each other. Each day includes a morning and evening devotional with Scripture, reflection questions, and a focus point for prayer.

How to Use This Guide:

- Gather as a family for **morning and evening** prayer time
- Read the Scripture together and discuss what it means to your family
- Take turns answering the reflection question
- Use the focus point to **guide** your prayer time together
- Encourage everyone to pray aloud, even if it's just a few words
- Make it a special time—**turn off distractions** and focus on God together

Gratitude & Praise

Morning: Praise the Lord

Psalm 100:1-2 (NLT)

"Shout with joy to the Lord, all the earth! Worship the Lord with gladness. Come before him, singing with joy."

Family Question:

Start your day by thanking God for His blessings. What are three things you're grateful for today?

Evening: Reflect on Joy

Philippians 4:4 (NLT)

"Always be full of joy in the Lord. I say it again—rejoice!"

Family Question:

How did you see God's goodness in your day today?

Prayer Focus for the day:

GRATITUDE - Cultivate a grateful heart and recognize God's blessings in every moment.

Strength & Trust

Morning: Find Your Strength

Psalm 27:1 (NLT)

"The Lord is my light and my salvation—so why should I be afraid? The Lord is my fortress, protecting me from danger, so why should I tremble?"

Family Question:

What fears or challenges are you facing?
How can trusting God help you today?

Evening: Rest in His Care

1 Peter 5:7 (NLT)

"Give all your worries and cares to God, for he cares about you."

Family Question:

What did you learn about trusting God today?

Prayer Focus for the day:

STRENGTH - Trust in God's power and allow Him to be your refuge and strength.

Love & Compassion

Morning: Love One Another

John 13:34-35 (NLT)

"So now I am giving you a new commandment: Love each other. Just as I have loved you, you should love each other. Your love for one another will prove to the world that you are my disciples."

Family Question:

Who can you show more love and compassion to today?

How will you do it?

Evening: Practice Kindness

1 John 4:7-8 (NLT)

"Dear friends, let us love one another, for love comes from God. Anyone who loves is a child of God and knows God. But anyone who does not love does not know God, for God is love."

Family Question:

Describe a moment when you felt or showed God's love today.

Prayer Focus for the day:

LOVE - Extend God's love to others through kindness, patience, and compassion.

Wisdom & Guidance

Morning: Ask for Wisdom

Proverbs 3:5-6 (NLT)

"Trust in the Lord with all your heart; do not depend on your own understanding. Seek his will in all you do, and he will show you which path to take."

Family Question:

What decision do you need wisdom for today?

Ask God to guide you.

Evening: Listen to God's Voice

Psalms 119:105 (NLT)

"Your word is a lamp to guide my feet and a light for my path."

Family Question:

How did God's word guide your choices today?

Prayer Focus for the day:

WISDOM - Seek God's guidance through Scripture and allow His word to light your path.

Forgiveness & Healing

Morning: Let Go & Forgive

Colossians 3:13 (NLT)

"Make allowance for each other's faults, and forgive anyone who offends you. Remember, the Lord forgave you, so you must forgive others."

Family Question:

Is there someone you need to forgive?

Ask God to help you release hurt and bitterness.

Evening: Receive God's Forgiveness

1 John 1:9 (NLT)

"But if we confess our sins to him, he is faithful and just to forgive us our sins and to cleanse us from all wickedness."

Family Question:

What areas do you need God's healing and forgiveness in?

Prayer Focus for the day:

FORGIVENESS - Release hurt and embrace God's healing grace for yourself and others.

Peace & Rest

Morning: Seek God's Peace

Philippians 4:6-7 (NLT)

"Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. Then you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and your minds as you live in Christ Jesus."

Family Question:

What worries can you give to God today?
How can you experience His peace?

Evening: Rest in the Lord

Matthew 11:28 (NLT)

"Then Jesus said, "Come to me, all of you who are weary and carry heavy burdens, and I will give you rest.""

Family Question:

How did you experience God's peace this week?

Prayer Focus for the day:

PEACE - Release anxieties and rest in God's promise of peace that surpasses understanding.

Hope & Faith

Morning: Celebrate God's Love

Romans 8:28 (NLT)

"And we know that God causes everything to work together for the good of those who love God and are called according to his purpose for them."

Family Question:

How has God worked for your good this week?

Share this with your family.

Evening: Look to the Future with Hope

Hebrews 11:1 (NLT)

"Faith is the confidence that what we hope for will actually happen; it gives us assurance about things we cannot see."

Family Question:

What are you hopeful about for the coming week?

Prayer Focus for the day:

HOPE - Trust in God's plans and face the future with faith, knowing He is always with you.



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