



We are collecting personal care items for distribution by our friends at Helping Hands.

## What to Donate:

**New, unopened hygiene:**  
toothbrushes,  
toothpaste, mouthwash,  
deodorant, and lotions.

**Soaps:** Laundry soap  
(bottles and pods),  
dish soap, bar soap,  
body wash, shampoo

**Hair care:** hair ties, combs,  
brushes, ethnic hair products

**Travel sized items** for  
unhoused individuals

**Feminine hygiene products,**  
especially tampons

**Disposable Razors**  
and shaving creams

**Toilet paper**

**Plastic baggies** for breaking  
multi-pack items into  
smaller amounts

**Drop off donations at the front of our worship space!**



**First Lutheran  
Hunger & Hope Ministry**  
discover more : **together**

*"Since there will never cease  
to be some in need on the earth,  
I therefore command you,  
open your hand to the poor and  
needy neighbor in your land."*

— Deut. 15:11