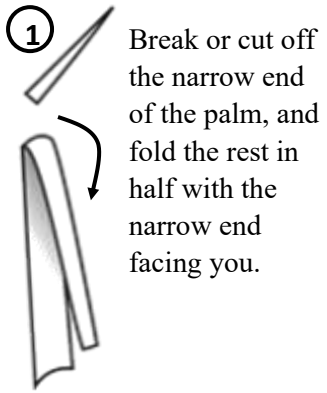
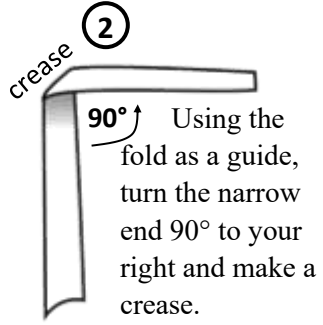


How to fold a

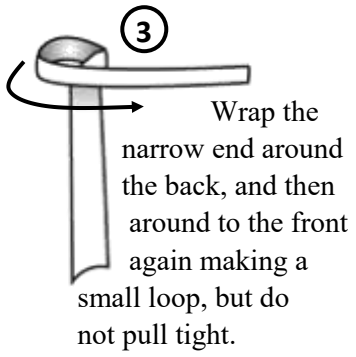
Palm Cross



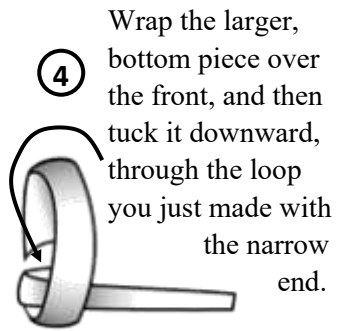
① Break or cut off the narrow end of the palm, and fold the rest in half with the narrow end facing you.



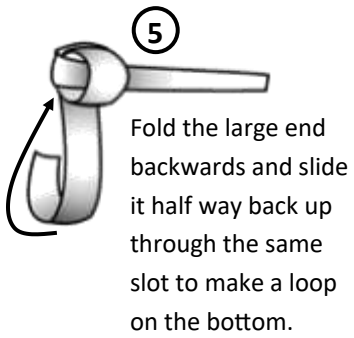
② Using the fold as a guide, turn the narrow end 90° to your right and make a crease.



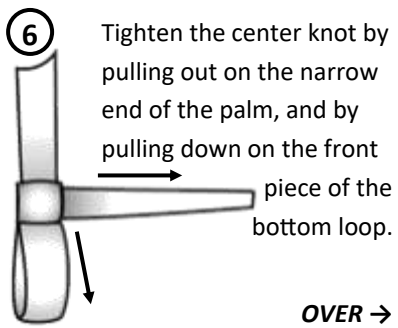
③ Wrap the narrow end around the back, and then around to the front again making a small loop, but do not pull tight.



④ Wrap the larger, bottom piece over the front, and then tuck it downward, through the loop you just made with the narrow end.

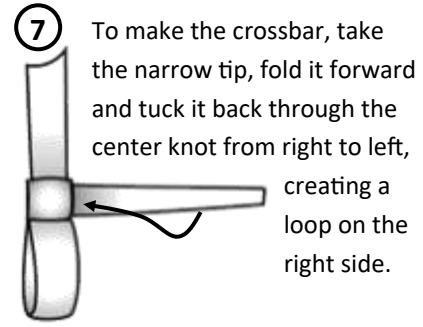


⑤ Fold the large end backwards and slide it half way back up through the same slot to make a loop on the bottom.

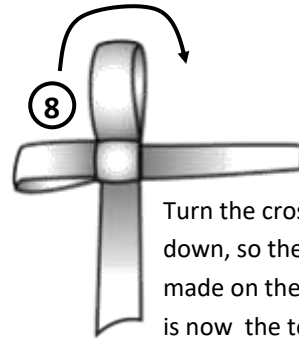


⑥ Tighten the center knot by pulling out on the narrow end of the palm, and by pulling down on the front piece of the bottom loop.

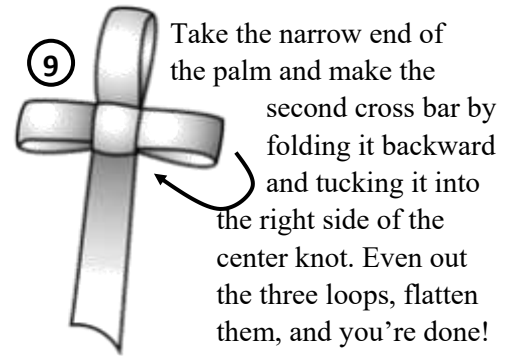
OVER →



⑦ To make the crossbar, take the narrow tip, fold it forward and tuck it back through the center knot from right to left, creating a loop on the right side.



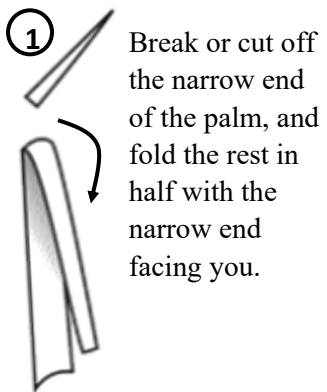
⑧ Turn the cross upside down, so the loop you made on the bottom is now the top of the cross.



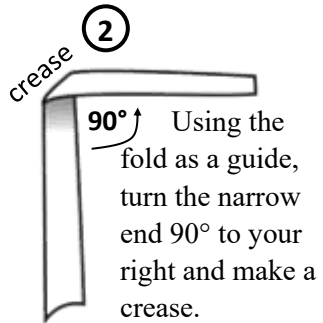
⑨ Take the narrow end of the palm and make the second cross bar by folding it backward and tucking it into the right side of the center knot. Even out the three loops, flatten them, and you're done!

How to fold a

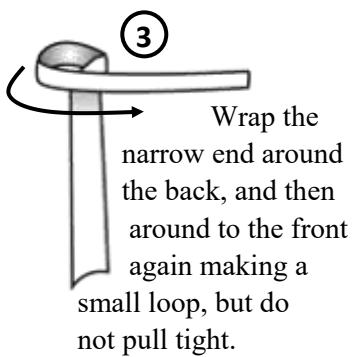
Palm Cross



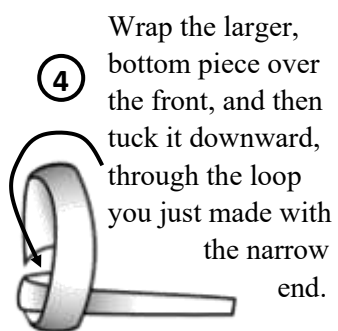
① Break or cut off the narrow end of the palm, and fold the rest in half with the narrow end facing you.



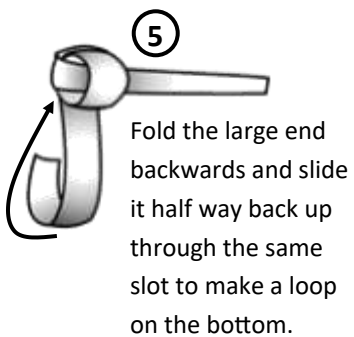
② Using the fold as a guide, turn the narrow end 90° to your right and make a crease.



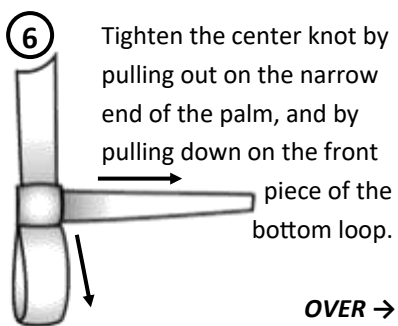
③ Wrap the narrow end around the back, and then around to the front again making a small loop, but do not pull tight.



④ Wrap the larger, bottom piece over the front, and then tuck it downward, through the loop you just made with the narrow end.

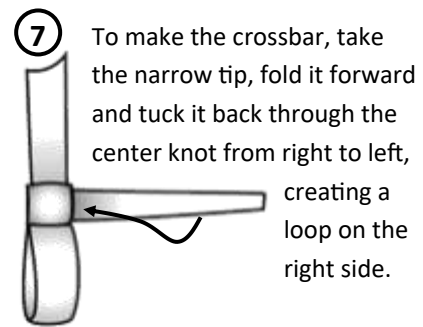


⑤ Fold the large end backwards and slide it half way back up through the same slot to make a loop on the bottom.

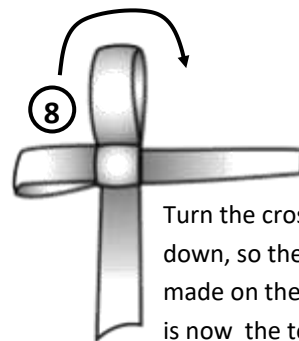


⑥ Tighten the center knot by pulling out on the narrow end of the palm, and by pulling down on the front piece of the bottom loop.

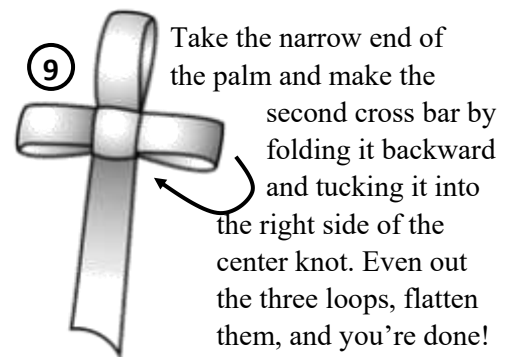
OVER →



⑦ To make the crossbar, take the narrow tip, fold it forward and tuck it back through the center knot from right to left, creating a loop on the right side.



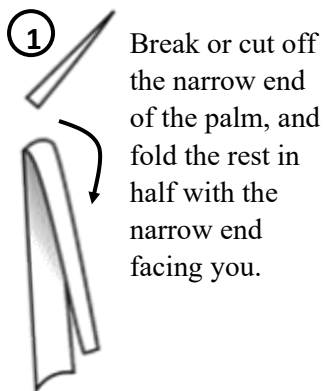
⑧ Turn the cross upside down, so the loop you made on the bottom is now the top of the cross.



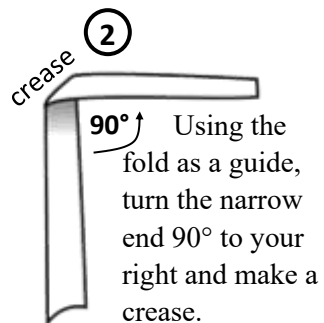
⑨ Take the narrow end of the palm and make the second cross bar by folding it backward and tucking it into the right side of the center knot. Even out the three loops, flatten them, and you're done!

How to fold a

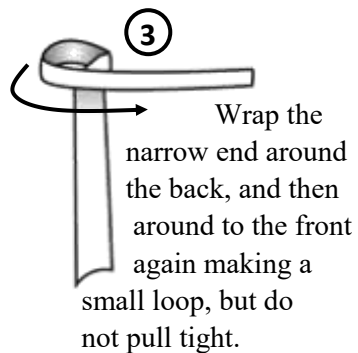
Palm Cross



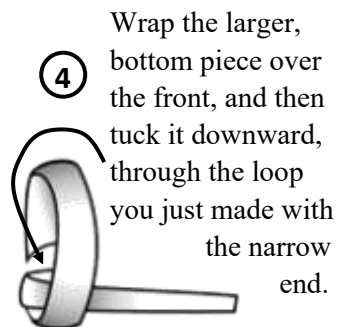
① Break or cut off the narrow end of the palm, and fold the rest in half with the narrow end facing you.



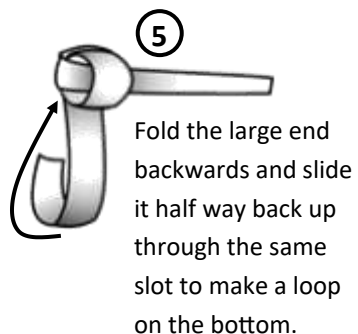
② Using the fold as a guide, turn the narrow end 90° to your right and make a crease.



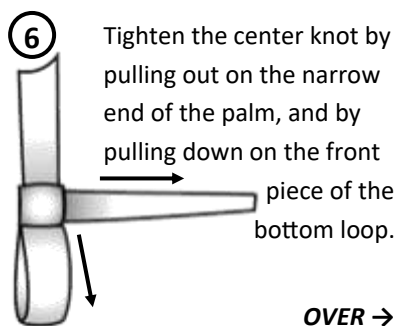
③ Wrap the narrow end around the back, and then around to the front again making a small loop, but do not pull tight.



④ Wrap the larger, bottom piece over the front, and then tuck it downward, through the loop you just made with the narrow end.

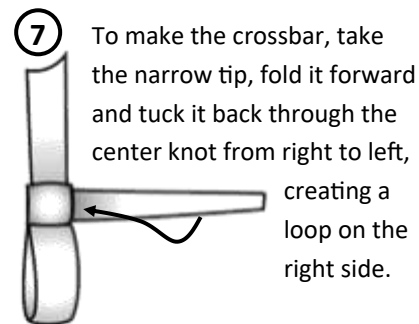


⑤ Fold the large end backwards and slide it half way back up through the same slot to make a loop on the bottom.

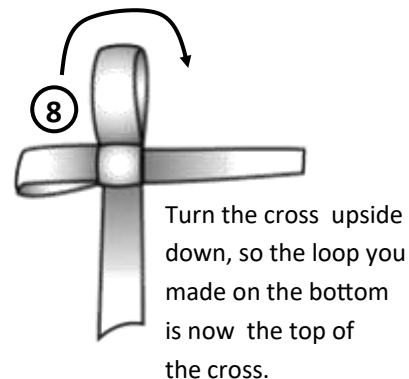


⑥ Tighten the center knot by pulling out on the narrow end of the palm, and by pulling down on the front piece of the bottom loop.

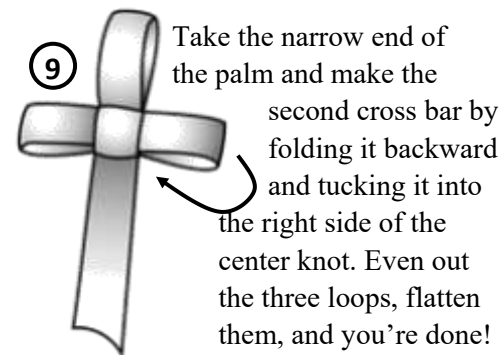
OVER →



⑦ To make the crossbar, take the narrow tip, fold it forward and tuck it back through the center knot from right to left, creating a loop on the right side.



⑧ Turn the cross upside down, so the loop you made on the bottom is now the top of the cross.



⑨ Take the narrow end of the palm and make the second cross bar by folding it backward and tucking it into the right side of the center knot. Even out the three loops, flatten them, and you're done!