

Journey Groups @ Trinity

What are Community Groups?

J-Groups are groups of 3-6 men or women who meet regularly in order to actively help each other grow more like Jesus. What makes J-Groups different from other small groups is that they are:

- Personal. J-Groups are intended to be places where the discussion moves each week from learning about God to talking about you and your life.
- Leaders Lead. Every group has a leader who is intentional about helping people grow and has committed to grow themselves as a leader by meeting monthly with other leaders.
- All In. We ask people to commit to being a part of the group one year at a time.

You can find all the details our **Introduction to Journey Groups** available at trinityepc.org.

What is the value of being in a Journey Group?

Journey Groups provide an ideal environment for a season of significant growth in your life in two ways:

- First: Journey Groups help you by creating a particular place in your life that is completely focused on your growth in Christ. This isn't self-centered - it honors God.
- Second: Journey Groups give you the opportunity to be disciplined the way Jesus disciplined people, in the context of relationships.

How do I join a group?

We will help you find just the right group. The first step is to let us know you are ready to find group. From there we will ask you some basic questions about what you need and when you are available. Our last step is to get you in touch with the leaders of one or two groups that fit where you're at. The final decision is always yours.

How could I help start a Journey Group?

We would love to help you become a leader of a Journey Group. For most people the best preparation to lead a Journey Group is to be a part of a Journey group for at least a year (but not always). The first step is to talk with our Pastor of Discipleship and Community. He will help you:

- Decide whether the time is right to begin a group.
- Understand more about how Journey Groups work.
- Begin finding others who might be ready to help start strong.



Trinity Journey Groups

Contact Melisa Burnham (mburnham@trinityepc.org) to find out which groups are ready for new members.

Anderson

Meets: TBD
Stage of Life: Women
Neighborhood: TBD

Willis

Meets: TBD
Stage of Life: Women 20's & 30's
Neighborhood: Plymouth/Canton

Maxam

Meets: TBD
Stage of Life: Men 40's, 50's, 60's
Neighborhood: Canton

Aschenbach

Meets: Thursdays, evening
Stage of Life: Women 30's, 40's, 50's
Neighborhood: Plymouth/Canton

Durling

Meets: Tuesdays
Stage of Life: Ladies college/post college
Neighborhood: Plymouth

Schriemer

Meets: Thursdays, morning
Stage of Life: Women 40's & 50's
Neighborhood: Ann Arbor

Kilpatrick/Nowicki

Meets: Twice a month
Stage of Life: Women 30's & 40's
Neighborhood: Northville

McMillan

Meets: 1st/3rd Mondays, evening
Stage of Life: Women
Neighborhood: Canton

Quint

Meets: Thursdays, morning
Stage of Life: Women 30's & 40's
Neighborhood: Plymouth

Yarnell

Meets: Wednesdays, 12:30 p.m.
Stage of Life: Women
Neighborhood: Canton

Fuller

Meets: Wednesday (Roots)
Stage of Life: Women
Neighborhood: Trinity

Fuller

Meets: Fridays, 6:00 a.m.
Stage of Life: Men
Neighborhood: Plymouth

Garrett

Meets: Saturdays, morning
Stage of Life: Women 30's & 40's
Neighborhood: Plymouth

Gulledge

Meets: Varies by week
Stage of Life: Men
Neighborhood: Multiple locations

Willis

Meets: Wednesdays, 8:00 p.m.
Stage of Life: Men 40's & 50's
Neighborhood: Trinity

Yarnell

Meets: TBD
Stage of Life: Men 40's, 50's, & 60's
Neighborhood: Canton

Nowicki/Hagen

Meets: Mondays, 8:00 p.m.
Stage of Life: Women 40's
Neighborhood: Plymouth

Gustafson

Meets: Mondays, evening
Stage of Life: Men
Neighborhood: Canton

