

**Galilee Advocates for Mental Health  
May 30, 2017**

**Minutes**

**Present:** The Reverend Kate Bobbitt, Tommie Cubine, Kathy Wakefield

**Minutes:** Minutes of the April meeting were approved.

**Old Business / Review:**

**The Opioid Epidemic, May 2:** Feedback re: this program has been good. Dr. Kulberg's presentation provided a lot of excellent information. The Panel included Dr. Abigail Mansfield, Medical Director and Teresa Newman, Supervisor of the Pathways Center at Birdneck, MHSA substance abuse treatment program, Carolyn Weems, VB School Board and CIT Police Officer, Andrea Byrk. Their discussion of questions asked was excellent. There were 10 resource tables with representatives from each agency and materials handed out. Desserts were outstanding! Thanks to everyone who helped out before, during and after this event!

**Other GAMH Mental Health Month Activities:** Included a special prayer at all church services the first Sunday in May, distribution of Green Ribbons following these services, a Fresh Fruit Drive for Beach House and Beacon of Hope 5 K on the Boardwalk sponsored by I Need a Lighthouse.

**May Net:** Thanks to Bruce for an excellent article on Mental Health Month.

**June Net:** Thanks to Fr. Nigel for his article on "Combat Veteran Support" in the GAMH monthly column. Also to Rosser Bobbitt for photos from the Opioid program and to Matt for running them in the June Net.

**Connecting With Other Mental Health Ministries:** No further word from St. Andrews or Old Donation. The AARP Behavioral Health component and the AFSP were mentioned as groups to consider for connections.

**New Business:**

**July Summer Clothing Drive for Beach House:** Suggested by Susan Wynn who could not be at the meeting today. Those present agreed this a good idea. Rev. Kate will let Susan know and ask her to get with Matt for a video and an article in the July Net and other publicity.

**Net Articles for August and September, Subjects and writers needed:**  
Unless there are volunteers, we will not have articles in these editions.

**Mental Health Pod of VB City Jail:** The possibility of visiting was raised. Tommie has expressed interest in considering what faith communities could do to help people following release. Concern has been expressed re: the recidivism rate.

**Subjects for Future Programs / Guest Speakers:** Several suggestions were made without conclusions. Dr. Page Huff, Director of Christian Psychotherapy, John Koehler, Book Publisher and author of Bipolar by Koehler and other books.

**Future Meetings:** GAMH will not meet in the summer months. The next meeting will be in September and we will go with the first Tuesday for now. In the meanwhile we will check with others to try to arrive at time convenient for the most people.

**Next Meeting: September 5, 2017, 12:00 noon.**

Respectfully Submitted,  
Tommie Cubine  
Secretary