THE GOSPEL Changes Everything

Getting More from the Message | November 18th, 2026
Original message: Learning to Rest 08/30/26

Review Outline: Luke 10:38-42

I. **Martha exemplifies how the _____ things in life can _____ us down.**
   - A. **She was _____ by her Busyness.**
   - B. **She was _____ by her Burdens.**
   - C. **She was _____ by her Beliefs.**

II. **Mary exemplifies the one thing _____ in life to _____ us up.**
   - A. **She was _____ in Humility before the Lord.**
   - B. **She was _____ to Hear the Lord's words.**
   - C. **She was _____ to always Have what she received.**

Review passages:

Matthew 6:25-33 31] Therefore take no thought, saying, What shall we eat? or, What shall we drink? or, Wherewithal shall we be clothed? [32] (For after all these things do the Gentiles seek:) for your heavenly Father knoweth that ye have need of all these things. [33] But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.

Mark 4:37-41 And there arose a great storm of wind, and the waves beat into the ship, so that it was now full. [38] And he was in the hinder part of the ship, asleep on a pillow: and they awake him, and say unto him, Master, carest thou not that we perish? [39] And he arose, and rebuked the wind, and said unto the sea, Peace, be still. And the wind ceased, and there was a great calm. [40] And he said unto them, Why are ye so fearful? how is it that ye have no faith? [41] And they feared exceedingly, and said one to another, What manner of man is this, that even the wind and the sea obey him?

Psalm 46:10-11 Be still, and know that I am God: I will be exalted among the heathen, I will be exalted in the earth. [11] The LORD of hosts is with us; the God of Jacob is our refuge. Selah.

Tonight's passages:

1 Corinthians 2:13-14 Which things also we speak, not in the words which man's wisdom teacheth, but which the Holy Ghost teacheth; comparing spiritual things with spiritual. [14] But the natural man receiveth not the things of the Spirit of God: for they are foolishness unto him: neither can he know them, because they are spiritually discerned.

Isaiah 28:9-10 Whom shall he teach knowledge? and whom shall he make to understand doctrine? them that are weaned from the milk, and drawn from the breasts. [10] For precept must be upon precept, precept upon precept; line upon line, line upon line; here a little, and there a little:

Group Discussion:

1. Take some time to share how God has challenged you this week through the devotional. Is there anything specific that has stood out to you? God around the group sharing something from your Hear/Heart/Heed section.

2. In our devotional time, we read about meditating. In your Bible app, search for Meditat* (exactly as shown here). This should give you 20 results showing all forms of the word meditate. Discuss what you find.
   _____
   _____

3. Look up Joshua 1:8 and select the verse. Choose Interlinear/Concordance and scroll down and select "H1897". Scroll down to "KJV Translation Count: 25x to see the various other English words used. Discuss what stands out here and in the verses listed below them.
   _____
   _____

4. Go back to the list of 25 English words and touch the word, "imagine" from the list. Is this word used in a positive or negative context? Go back and do the same with the word, "meditate". Is it positive or negative? What can we learn by comparing and contrasting the English words chosen in the passages?
   _____
   _____

5. Take the remaining time to pray about how each can get more from what God has already shown us.
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   _____
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