



5 Day Devotional

This five-day devotional will be taking a deeper dive into [the sermon from this weekend](#). It will explore the theme of carrying the compassion of Jesus into our daily lives, emphasizing rest, recognizing the needs around us, and acting upon them.

Day 1

Mark 6:30-32

30 The apostles gathered around Jesus and reported to him all that they had done and taught. 31 He said to them, “Come away by yourselves to a remote place and rest for a while.” For many people were coming and going, and they did not even have time to eat.

32 So they went away in the boat by themselves to a remote place,

As we start this devotional, we focus on the importance of finding rest in Jesus. In the busyness of life, it can be easy to be overwhelmed by obligations and stress. However, Jesus shows us that we must take time to recharge in order to be effective in serving others. Just as the disciples returned to Jesus, relaying all they had done, He beckoned them to come away and rest. This is not simply a retreat from our duties but a vital necessity to reconnect with the source of our strength.

Finding rest in Him refuels our spirits and gives us the compassion we need to serve others. It is a reminder that ministry is not just about what we do but about who we are in Christ. When we rest in His presence, we can approach the needs of those around us with a heart full of empathy and understanding.

- How can you incorporate moments of rest in your daily routine?
- What distractions do you need to eliminate to create space for God?
- How does resting in Jesus change your perspective on your responsibilities?
- Pray for a deeper sense of peace and rest in your life.
- Ask God to reveal areas where you may need to set aside time for Him.

Notes:

Day 2

Mark 6:34

34 When he went ashore, he saw a large crowd and had compassion on them, because they were like sheep without a shepherd. Then he began to teach them many things.

Continuing our journey, we reflect on the compassion of Jesus. The scriptures reveal that He looked at the crowd and felt compassion for them as they were like sheep without a shepherd. This illustrates how God views the world around us: a sea of needs and lost individuals waiting for guidance and love. Jesus has entrusted us with the role of shepherding, to be His hands and feet in addressing the needs around us.

Our challenge is to cultivate a heart that sees people through the lens of compassion. We can often be quick to categorize or judge, but genuine compassion calls us to respond with love and action. How can we allow ourselves to feel the weight of others' burdens and take action to help lighten their load?

- Who in your life needs compassion right now?
- What practical steps can you take to show love to those in need?
- How does practicing compassion change your view on difficult situations?

- Pray for a heart that breaks for what breaks God's heart.
- Seek opportunities to reach out to those who are hurting or lost.

Notes:

Day 3

Mark 6:37

37 "You give them something to eat," he responded.

They said to him, “Should we go and buy two hundred denarii[a] worth of bread and give them something to eat?”

Today, we confront the need to take action. Jesus poses a question to His disciples, challenging them to provide for the multitude. In moments of great need, our instinct may be to focus on our limitations or the enormity of the task at hand. However, Jesus invites us to reflect on what we do have rather than what we lack. His command to 'give them something to eat' is a call to engage actively and creatively with the resources He has provided us.

The miracle of feeding the multitude began with the surrender of five loaves and two fish. In our own lives, what is in our hands that we can offer to God? Whether it be our time, talents, or treasure, when we surrender these to Jesus, He can multiply them for His purposes and glory. Today, let us reflect on our resources and consider how we can use them to meet the needs of others.

- What resources do you currently have that can be used for God’s glory?
- How can you be more proactive in your faith and service to others?
- What fears hold you back from acting on the needs around you?

- Pray about the ways God can use your gifts in service.
- Ask for courage to step out and meet the needs of those around you.

Notes:

Day 4

Mark 6:41-42

41 He took the five loaves and the two fish, and looking up to heaven, he blessed and broke the loaves. He kept giving them to his disciples to set before the people. He also divided the two fish among them all. 42 Everyone ate and was satisfied.

As we move to day four, we explore the theme of divine provision. When the disciples presented the meager offerings of bread and fish to Jesus, He blessed them before they were distributed. This act of blessing signifies that when we present what we have to God, He acts on our behalf, providing for us and through us. The miracle of abundant provision is a testament to God’s faithfulness, showing that He is capable of exceeding our expectations.

In our lives, we often doubt that our small offerings can make a difference. Yet, Jesus’ action teaches us that it’s not about the amount we possess but the heart behind our giving. As we live

our lives, let us trust in His capability to multiply our efforts, knowing that He can turn our small contributions into impacts beyond comprehension.

- How have you seen God provide for you or others in times of need?
- What small offering can you bring to God this week?
- In what ways can you remind yourself of God's faithfulness?
- Pray for faith to trust in God's provision in your life.
- Consider how to bless others through your own thankfulness for what you have received.

Notes:

Day 5

Mark 6:43-44

41 He took the five loaves and the two fish, and looking up to heaven, he blessed and broke the loaves. He kept giving them to his disciples to set before the people. He also divided the two fish among them all. 42 Everyone ate and was satisfied.

On our final day, we reflect on the results of obedience and compassionate action. After feeding the multitude, the disciples gathered twelve baskets of leftovers, illustrating that God's blessings exceed our needs. This serves as a powerful reminder that when we respond to Jesus' call to serve, we are not only blessing others but also receiving blessings ourselves. The abundance they collected symbolizes the fullness of God's provision and grace.

As we conclude this devotional, let us remember that carrying the compassion of Jesus comes with the promise of His presence and provision. Each act of compassion, however small, has the potential to make a difference. We are called to bring our hands forward, surrender what we have, and trust in God's mission to love and reach the world around us.

- What blessings have you received from serving others?
- How can you embody the compassion of Jesus in your community?
- What steps will you take moving forward to ensure you continue to share His love?
- Pray and ask God for strength to continue sharing His compassion.
- Reflect on your personal call to serve as a disciple in your daily life.

Notes:
