

a simple way to pray

Martin Luther

Stir and Guide your Heart

listen to God from His Word

The Skill of Meditation

fashion four strands of instruction, thanksgiving, confession, and petition

Spiritual “Riffing” on the Lord’s Prayer

paraphrase and personalize each petition using your own circumstances

Just Pray from the Heart

pray in grace, fear, and helplessness

p.s. The Preaching of the Holy Spirit

remember what he says and note it well- you will behold wondrous things



the Lord’s Prayer

Matthew 6:9-13

“Our Father in heaven,
hallowed be your name.
Your kingdom come,
your will be done,
on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our debts,
as we also have forgiven our
debtors.
And lead us not into temptation,
but deliver us from evil.”



ONE STORY: ALL OF SCRIPTURE POINTS US TO CHRIST



prayers for Bible reading

Open My Eyes to Wonder & Understanding
(Psalm 119:18; Ephesians 1:17-18)

Have Mercy on Me (Luke 18:38)

Make Me a Doer of Your Word (James 1:22)

Open My Eyes & Heart to Jesus (Luke 24:27, 44-45;
John 5:39)

Developed for One Story by Tim
Henderson and Tom Sperlich.
Order at www.crupress.com

CRU
AT WDW

NARRATIVE

What are some key observations?

Is there anything unusual, confusing, or surprising?

What is the main plot, argument, or idea?

In this passage: What character flaws or difficulties are presented?

In the human condition: What are the deeper issues of humanity that the tension in this story surfaces?

In this passage: How does God begin to address the tension?

In Christ: How does this narrative point to Christ's ultimate resolution?

How do I identify with the characters' struggles with sin and suffering?

In the last month, how have I embraced or resisted Christ's resolution?

How is the Spirit calling me to respond?

LAW

What are some key observations?

Is there anything unusual, confusing, or surprising?

What is the main plot, argument, or idea?

In this passage: What things does this law forbid or require?

In the human condition: What does this law reveal about our sinfulness before a holy God?

In this passage: What aspects of God's holy character does this law reveal?

In Christ: How does Christ display the holiness of God, obey this law, and endure its curse for us?

How do I experienced my disability to keep this law?

In the last month, how have I embraced or resisted Christ's fulfillment of this law and endurance of its curse on my behalf?

How ought Christ's fulfillment and endurance on my behalf provoke grateful obedience?

PRAISE

What are some key observations?

Is there anything unusual, confusing, or surprising?

What is the main plot, argument, or idea?

In this passage: What characteristics of God are praised or delighted in?

In the human condition: How do we often not feel this way about God?

In this passage: What shaped the poet to experience and express such delight in God?

In Christ: How does Jesus demonstrate his supreme delight in God above all things?

What substitutes or counterfeit am I prone to praise more than I praise God?

In the last month, what ways have I experienced or neglected the benefits of Christ's joyful, sacrificial delight in God above all things?

How is the Spirit calling me to respond?

LAMENT

What are some key observations?

Is there anything unusual, confusing, or surprising?

What is the main plot, argument, or idea?

In this passage: What complaints are given in this poem?

In the human condition: What do these complaints reveal about our painful experiences?

In this passage: What characteristics of God are the source of hope or frustration?

In Christ: How does Jesus vindicate our hope in God and enter into our frustration?

How does this complaint resonate with me?

In the last month, how have I embraced or resisted Christ's promised justice and entrance into my pain?

How is the Spirit calling me to respond?

PROPHECY

What are some key observations?

Is there anything unusual, confusing, or surprising?

What is the main plot, argument, or idea?

In this passage: What immediate guilt or grief does the prophet address?

In the human condition: What does this prophecy suggest about the guilt and grief that we share with all humanity?

In this passage: What warning or encouragement does God give in response to the immediate problem?

In Christ: How does Jesus ultimately fulfill the predictions or patterns of this prophecy?

How do I experience similar guilt or grief?

In the last month, how have I embraced or resisted Christ's fulfillment?

How is the Spirit calling me to respond?

EPISTLE

What are some key observations?

Is there anything unusual, confusing, or surprising?

What is the main plot, argument, or idea?

In this passage: What sin or suffering is the author addressing?

In the human condition: How do the roots of this exist in our lives?

In this passage: What beliefs or practices is the writer commending?

In Christ: What redemptive work of Christ is exalted in this passage?

How do I experience this sin or suffering?

In the last month, how have I allowed or disallowed Christ's redemptive work to transform my beliefs or practices regarding this issue?

How is the Spirit calling me to respond?