

2025 FPC Women's NaCoMe Retreat

Dates November 14-16, 2025

Deadline to Register: October 28

2025 FPC Women's NaCoMe Retreat Pricing

Full Weekend	Workshop, 5 meals, 2 nights' lodging, Afternoon activities			\$200
Friday/Saturday	Workshop, 3 meals, 1 night lodging, Afternoon Activities			\$100
Saturday/Sunday	Workshop, 3 meals, Afternoon Activities, 1 night lodging			\$100
Saturday Only	Workshop, Sat Lunch, Afternoon Activities			\$50

Payment link: <https://secure.myvanco.com/L-Z8V1/campaign/C-14CKA>. \$25 deposit is required by October 28 to secure your spot.

Speaker Bio Shannon Horn Truss is a Spiritual Director trained by Dovehouse Ministries and has a BA in Fine Arts from Vanderbilt University. Shannon began her own spiritual direction journey in 2010 and has been in individual or group direction ever since. Her direction is Ignatian in nature, which quite simply means she looks for God in All Things and encourages others to do the same.

During her first few years of receiving spiritual direction, Shannon would turn off her radio as she drove to monthly direction and ask herself, "Where have I seen God this month?" Now it is her great joy to hear others answer this very question. She believes once you begin to look for God, you will find not only God, but yourself. Shannon has been married to Jason Truss for twenty-nine years and is mother to Anna, Bekah, Kate and Wench. Retreat Summary Join us for a time of community and quiet this November. Over the course of Saturday, we will be guided through three prayer times by Spiritual Director Shannon Truss. Our time will focus on the generosity and love of God as seen in scripture, poetry and art. Prayer materials will be provided and there will be

introductory sessions for each prayer time. We invite you to come ready to receive from our God who longs to generously give to you.