

Walk No. 2 – Fife Coastal Path, Elie

More precious than rubies: a walk at Ruby Bay

We hope that this new walk from the Micah Ministry group is inspiring and uplifting.

Walk No. 2 - Ruby Bay, Elie

Starting Point:

Post code: KY9 1BJ

Grid reference: NT496997

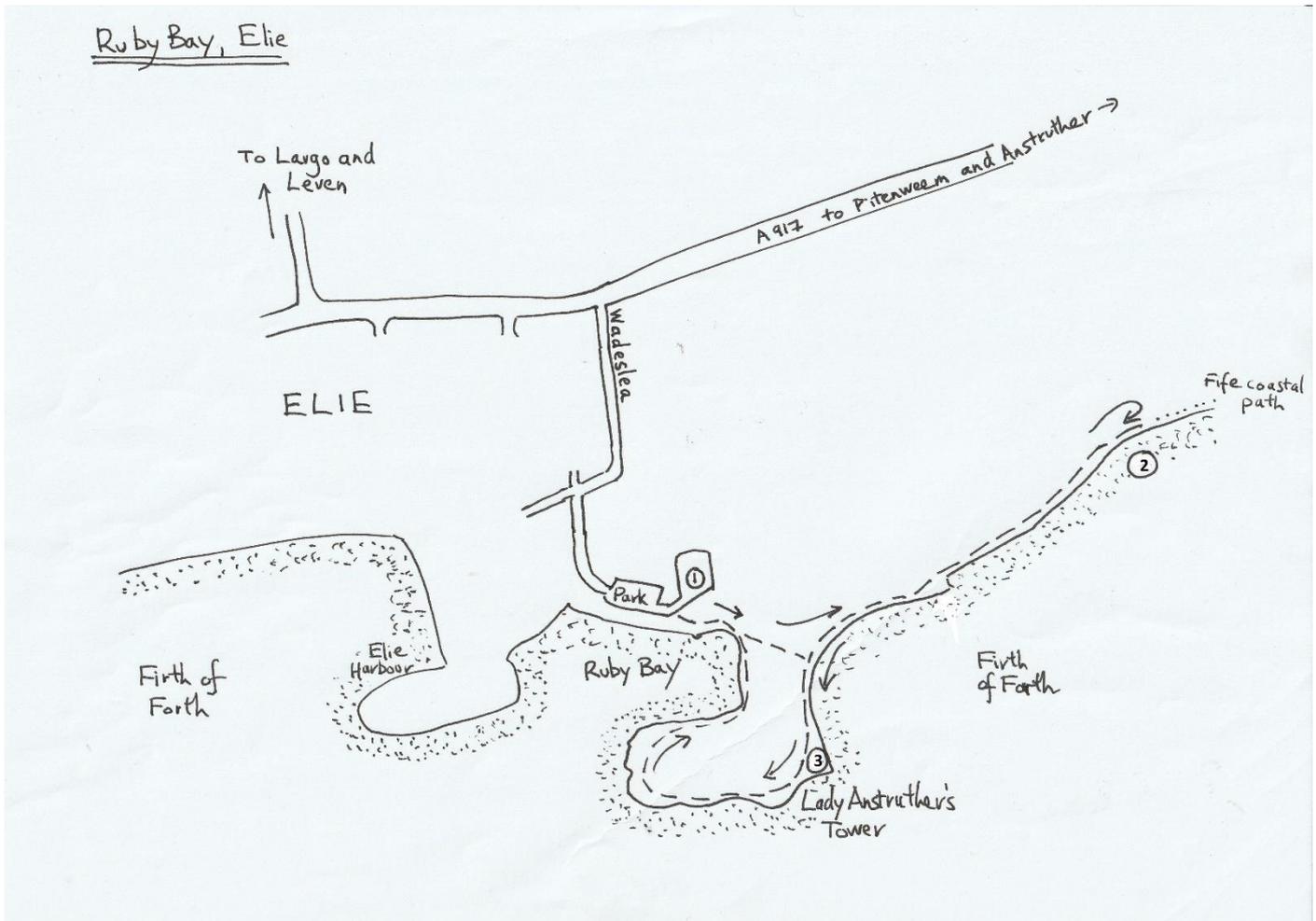
<https://what3words.com/massaging.tables.roke>

Stagecoach bus 95 and X60

Micah Ministry

The Micah ministry group is dedicated to helping St Andrews Baptist Church to live out the call given in Micah Ch 6v8 to act justly, to love mercy and to walk humbly with God. We aim to inform the church on issues related to social justice and creation care.

The map below encourages you to walk, and to seek the Lord as you walk.



The Fife coastal path to the east of Elie is one of my favourite walks. From the car park at Ruby Bay, (point 1 on the map) there is often a beautiful panorama across the Firth of Forth. In the foreground there is a rocky headland with a small lighthouse built overlooking Ruby Bay.



The Bible links wisdom with rubies, and here we are at Ruby Bay. Let's ask 'what does the bible say about wisdom and rubies?'. Proverbs 9 v10: 'The fear of the Lord is the beginning of wisdom' and Proverbs 3 v13-15: 'Blessed is the man who finds wisdom, the man who gains understanding for she (wisdom) is more profitable than silver and yields better returns than gold. She is more precious than rubies; nothing you desire can compare with her'. The bible reminds us that God's wisdom is much more precious and more beautiful than rubies or any other gem. Interestingly,

the 'Elie ruby' is fake news -the gems found here are red garnets, but God's wisdom is not fake news. Finding it is **very precious**. As you admire Ruby Bay, reflect on what is the basis for your

understanding of yourself and the world. Pray that the Holy Spirit will help you desire God's wisdom as a guide to your life.

Head east along the coast for a kilometer. On a sunny day when the sea is calm and shimmering it can seem as if there were a 1000 diamonds on the surface. Or it may be a stormy day with the shore lashed by wind and rain. Watch out for a great sill of rock on the beach (point 2 on the map).

Seeing it reminds me of the verse *'The Lord is my rock, my fortress and my deliverer' (Psalm 2 v18)*. Sometimes a crag like this is great to climb on, but more usually, the shelter it provides is from the east wind, allowing me to hide in its lea. Are there things in your life that cause you concern? Can you bring them to God as you shelter by this crag, asking Him for his presence to protect you in the storms of life? The bible hints that finding refuge with God is not just a security, it is also a beautiful thing in his eyes - *Isaiah 54 v 12: 'I will make your fortifications out of rubies'*. God's provision for us when we acknowledge Him as our only true source of refuge is so much better than we could ever imagine.



Head back, walking out to the remarkable stone folly known as Lady Anstruther's tower (point 3). In 1 Peter 4-5 we read *'As you come to him, the living stone - rejected by men but chosen by God and precious to him - you also, like living stones, are being built into a spiritual house to be a royal priesthood, offering spiritual sacrifices acceptable to God through Jesus Christ'*.

Look at the motley collection of stones that make up the façade of the tower. There are stones of different colours, sizes, shapes, types of rock, some weathered and some not. They are all needed to keep the tower together. See it as a picture of the people of faith. That faith is based on the wisdom which sent Jesus, the living stone. Pray that God's wisdom would reveal to you your role as a *living stone* in his spiritual house.



If you have enjoyed this walk, please tell us.

The Micah Ministry

c/o St Andrews Baptist Church.

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