

Breakthrough: Praying for Breakthrough for Us and Others

Read Psalm 40 2026.11.01

Read Psalm 40: Each person share about one of the following questions

- What did you like about this passage?
- What didn't you like or made you uncomfortable about this passage?
- What didn't you understand about this passage?
- What does this passage teach us about Jesus?

Reflection on Psalm 40:1-5

- What stands out to you about the way David describes God's work in his life? Why do you think God sometimes allows us to wait for Him rather than immediately removing our struggles?
- Where have you experienced God bringing freedom, healing, or a new beginning in your life? How did that experience affect your trust in Him?
- Share some praises about God's work of breakthrough in your life.

Reflection on Psalm 40:6-8

- David says he takes joy in doing God's will. What is the connection between surrendering to God and experiencing the freedom He wants for us?
- Take some time to pray through prayer of surrender to God

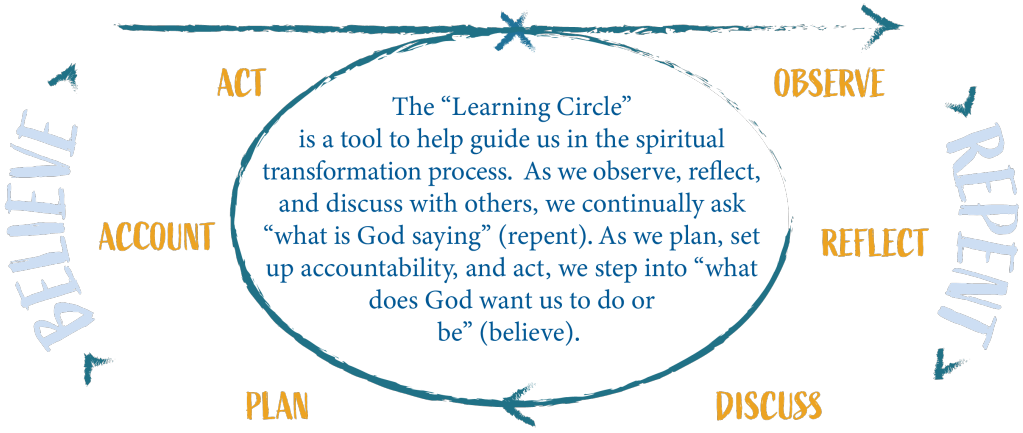
Reflection on Psalm 40:9-10

- Psalm 40 says that when others see what God has done, they will put their trust in Him. Why is sharing what God has done to bring breakthrough in our lives an important part of our witness?
- When you think about the people in your life, who might need breakthrough? (physical, inner, spiritual breakthrough and healing)
- Take some time to pray for these people -- asking God for their breakthrough and boldness for us to be a witness.

What got your attention during the message/discussion this week?

- Why did it get your attention? (Did something made you mad, sad, glad or go hmm?)
- What might God be saying to you about this?
- What might God be saying to do/be about this?
- What ways do you need to step more fully into a true follower of Jesus?

Before you leave, go around and name someone in your life who needs Christ.
Spend some time praying for them and for one another.



Message Notes

Prayer Prompts

- Ask God for a fresh in-dwelling of the Holy Spirit.
- Spend a few moments listening for God's voice and leaning into His Word.
- Confess to God anything that distracts you from Him.
- Ask God to break every stronghold the enemy has erected against Peoples Church.
- Praise God for His endless mercy and love for His people.