

Breakthrough: Breakthrough Flows from Our Identity

Romans 7:15–25 and Romans 8:1–17

2026.10.18

Read Romans 7:15-25: Each person share about one of the following questions

- What did you like about this passage?
- What didn't you like or made you uncomfortable about this passage?
- What didn't you understand about this passage?
- What does this passage teach us about Jesus?

Paul admits, "I don't really understand myself" (Romans 7:15).

- Why can it be so difficult to change something about yourself, even when we genuinely want to?
- Think about an area of brokenness you have tried to overcome through willpower, discipline, or simply trying harder. What have you learned about the limits of your own ability to change?

Paul reaches a turning point when he asks, "Who will free me from this life that is dominated by sin and death?"

- Why is admitting powerlessness so difficult for us? How can we distinguish between taking responsibility for our choices and believing we have the power to overcome sin entirely on our own?
- How does Paul's movement from "What a miserable person I am" to "Thank God! The answer is in Jesus Christ our Lord" impact the way you think about your own struggles?

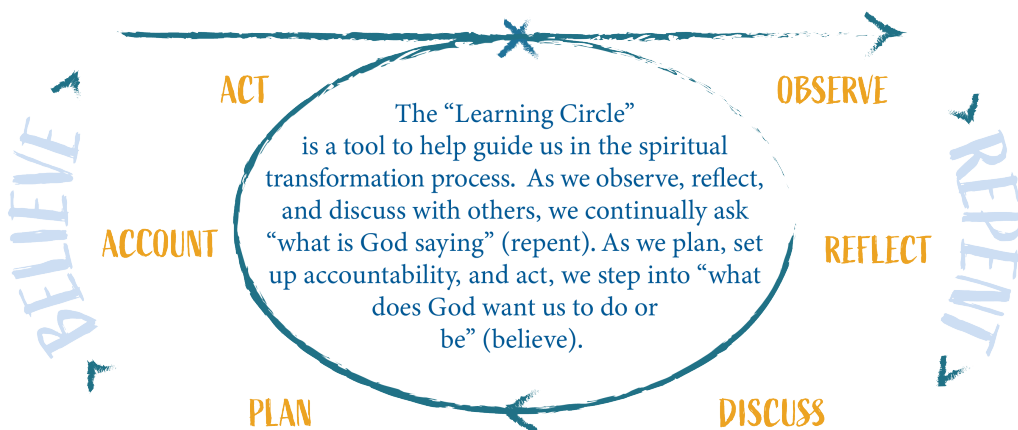
Read Romans 8:1-17. Remember, in the original writings there were no chapter or verse markings...this section flows directly from Romans 7

- Consider this statement: "Who we believe we are determines what we do."
- Where might your current behavior reveal a gap between what God says about you and what you actually believe?

What got your attention during the message/discussion this week?

- Why did it get your attention? (Did something make you mad, sad, glad or go hmm?)
- What might God be saying to you about this?
- What might God be saying to do/be about this?
- What ways do you need to step more fully into a true follower of Jesus?

Before you leave, go around and name someone in your life who needs Christ. Spend some time praying for them and for one another.



Message Notes

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Prayer Prompts

- Ask God where you have brokenness in your life that He wants you to give to Him.
- Talk to God about turning from who you are in sin to who He says you are in freedom.
- Ask God where He wants you to step into your new identity.
- Thank God for His continuous love and mercy in freeing us from sin and death through Jesus.