



# Breaking Ground: Standing Firm

1 Peter 5:8-11

2026.03.15

*Icebreaker: Share a high/low from the past couple of weeks*

## STUDY GUIDE

*Read 1 Peter 5*

*Each person share about one of the following questions:*

- What did you like about this passage?
- What didn't you like or made you uncomfortable about this passage?
- What didn't you understand about this passage?
- What does this passage teach us about Jesus?

*In 1 Peter 5:8-9, Peter tells us to "stay alert" and to be "sober-minded"*

- What does it mean to be alert and "sober-minded" when it comes to spiritual warfare?
- What are the ramifications if we overlook this step?

*The next step is to "Watch Out" (be vigilant). The message shared that any scenario can be used by the enemy for a spiritual attack.*

- What's the difference between being alert and being vigilant?
- Why do we tend to become spiritually passive during familiar or comfortable seasons?
- How can ordinary moments (anger, sadness, joy, temptation) become moments of spiritual testing?

*The third step is to "Stand Firm". Read 2 Corinthians 10:3-5*

- What does it mean to demolish strongholds (patterns of thinking) in our life?
- What examples can you see of how thoughts turn into pretensions (presuppositions), which turn into arguments, which turn into strongholds.
- Discuss the "Good News" that the Spirit empowers us to demolish the work of the enemy.

*What got your attention during the message/discussion this week?*

- Why did it get your attention? (What made you mad, sad, glad or go hmm?)
- What might God be saying to you about this?
- What might God be saying to do/be about this?
- What ways do you need to step more fully into a true follower of Jesus?



