



Break Up the Ground: Hungering and Thirsting for God

Matthew 4:1-4

2026.03.01

Icebreaker: Share a high/low from the past couple of weeks

STUDY GUIDE

Read Matthew 4:1-11

Each person share about one of the following questions:

- What did you like about this passage?
- What didn't you like or made you uncomfortable about this passage?
- What didn't you understand about this passage?
- What does this passage teach us about Jesus?

Jesus resists Satan by telling him man doesn't live on bread alone. (Deut. 8:2-3)

- What does Jesus' response tell us about what it means to be truly human?
- How do physical needs or desires tend to shout louder than spiritual ones?
- How can something good (like food, rest, success) quietly take first place?

The message shared that a hunger and thirst for God is essential for revival.

- What do you do automatically when you're physically hungry or thirsty—and how does that compare to spiritual hunger?
- Why do you think it often takes crisis or pain for people to hunger for God?
- Have you ever realized after the fact that something else had been filling you instead of God?
- What might be crowding out our ability to feel hunger for Him?

Read Matthew 6:28-34.

- Are your efforts toward spiritual filling as intentional as your efforts toward physical filling? What does your schedule reveal? Your spending habits?
- Why do we believe we can seek first our desires and still be filled with God?
- How does Matthew 6:24 confront the way we often structure our lives?

What got your attention during the message/discussion this week?

- Why did it get your attention? (What made you mad, sad, glad or go hmm?)
- What might God be saying to you about this?
- What might God be saying to do/be about this?
- What ways do you need to step more fully into a true follower of Jesus?



